OBJECTIVES AND/OR GOALS:
Unit 1 Upper at the Arkansas State Hospital concentrates on sex offender specific treatment. The rotation provides for observation of multiple treatment modalities and provides the opportunity to:

1. Enhance interviewing skills;
2. Encounter and diagnose major psychiatric disorders such as depression, post traumatic stress disorder, conduct disorder, etc.;
3. Gain a greater understanding of the treatment of the disruptive behavior disorders and the treatment of sex offenders;
4. Gain exposure to group and family therapy;
5. Gain experience in working actively as a member of a multidisciplinary treatment team.

SPECIFIC DUTIES OF SENIOR STUDENTS:
1. Interview prospective patients as a member of an evaluation team.
2. Interview new admissions as a part of the psychiatric evaluation.
3. Participate in biweekly Treatment Team meetings.
4. Observe and participate in group therapy as well as family therapy.
5. Attend case conferences with residents and unit staff.
6. Attend didactic seminars with Child and Adolescent Psychiatry residents one afternoon per week.

On the first day of this rotation, students should report to the Arkansas State Hospital, Unit 1 upper at 8:30 a.m.

HOURS PER WEEK:
Conference: 8  Ward: 25  Lab:  Library: 4  O.R.:
Clinic:  Lecture: 3  Reading: Other:  Total: 40
OBJECTIVES AND/OR GOALS:
Recognize societal pressures on mothers that have substance abuse problems - e.g. financial, legal, and parenting.

Recognize common signs of abuse in women and children

Become acquainted with an alternative model of treatment - residential with children

Learn leadership of support groups and cognitive/behavioral oriented groups.

SPECIFIC DUTIES OF SENIOR STUDENTS:
Attend at least two groups per week - one supportive and one behavioral.

Participate in initial evaluations to diagnose psychiatric problems and screen for abuse.

Interview women specifically to inquire how social factors influence their illness.

Participate in planning and treatment in interdisciplinary treatment team weekly.

Prior to the first day of the rotation, students should call Ms. Crone for instructions on reporting in.

HOURS PER WEEK:

| Conference: | 0 | Ward: | 0 | Lab: | 0 | Library: | 2 |
| Clinic: 30 | Lecture: 2 | Reading: 6 | Other: 0 |
| O.R.: 0 | Total: 40 |
OBJECTIVES AND/OR GOALS:
The Arkansas State Hospital is the inpatient site for the treatment of the most ill and indigent psychiatric patient in the state.

As an acting intern, the student will experience the following:

1. Enhance interviewing skills.
2. Encounter and diagnose major psychiatric disorders (schizophrenia, affective disorders, severe personality disorders, organic mental disorders).
4. Gain exposure to various treatment approaches on an inpatient setting.
5. Increase confidence as a primary physician.

SPECIFIC DUTIES OF SENIOR STUDENTS:
1. Will admit and work-up 2-3 new patients per week under direct supervision of attending physician
2. Will follow the patient through course of hospitalization, formulating treatment plan, implementing treatment modalities, and helping create aftercare plans in a multidisciplinary setting
3. Will attend morning report and case conferences with residents and unit staff
4. Will attend didactic seminars one afternoon per week with psychiatry residents.

On the first day of this rotation, students should report to the Arkansas State Hospital, Unit 3N at 8:30 a.m.

HOURS PER WEEK:

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COURSE: Dx and Tx of Adolescent Psych Pts.  
DIRECTOR: Veronica Williams, M.D.  
PHONE: (501) 686-9495  
MAIL SLOT: 703  
LOCATION: Arkansas State Hospital  

DURATION: 4 weeks  
MAX STUDENTS: 1  
MIN STUDENTS:  
AVAILABLE: All Blocks  
COURSE#: UPSAI

OBJECTIVES AND/OR GOALS:
Unit 1 Lower of the ASH is a 16 bed acute and residential inpatient adolescent psychiatry unit. Average census is 8 to 10 patients. As an acting intern, the student will work with the treatment team with the supervision of a PGY4 child and adolescent psychiatry resident and attending physician. This experience will provide an excellent opportunity to develop skills as an in-patient psychiatric provider.

Specifically, the student will experience the following:
1. Enhance interviewing skills.
2. Encounter and diagnose major psychiatric disorders (affective disorders, disruptive behavioral disorders, substance abuse disorders, ADHD, and organic mental disorders).
4. Gain exposure to treatment approaches on an in-patient setting, including individual, group, and family psychotherapy.
5. Increase confidence as a primary physician.

SPECIFIC DUTIES OF SENIOR STUDENTS:
1. Admit and work-up 2-3 new patients per week under direct supervision of psychiatric resident and attending physician.
2. Follow the patient through course of hospitalization, formulating treatment plan, implementing treatment modalities, and helping create aftercare plans in a multidisciplinary setting.
3. Attend morning report and treatment team meetings with resident and unit staff.
4. Attend didactic seminars one afternoon per week with psychiatric residents.

On the first day of this rotation, students should report to the Arkansas State Hospital, Unit 1 upper at 8:30 a.m.

HOURS PER WEEK:
- Conference: 8  
- Ward: 24  
- Lab:  
- Library: 4  
- Clinic:  
- Lecture: 4  
- Reading:  
- Other:  
- Total: 40

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OBJECTIVES AND/OR GOALS:
1. Improve interviewing and examination skills
2. Develop an understanding of several brain-behavior relationships
3. Improve management skills, especially psychopharmacology.
4. Become familiar with the evaluation and acute treatment of the emergent psychiatric patient.

SPECIFIC DUTIES OF SENIOR STUDENTS:
1. Interpretation of laboratory studies with supervision
2. By the completion of the elective, the student will be observed doing a complete neuropsychiatric evaluation in an acute setting.

The telephone number for this rotation is 257-1000 Ext 55060

On the first day of the rotation, please report to the Little Rock VA, room 1D140, near the ER, at 8:00 a.m.

HOURS PER WEEK:

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Clinic: Lecture: Reading: Other: Total:
OBJECTIVES AND/OR GOALS:

The ASH Forensic unit is the inpatient site for the treatment of individuals found incompetent to stand trial or not guilty of a crime by mental disease or defect. It is also the location of pre-trial assessments of these and other legal issues.

During the elective, the student will experience the following:
1. Encounter and diagnose major psychiatric disorders in a population of mentally disordered offenders.
2. Learn the legal criteria for Competency to Stand Trial and Legal Insanity and learn how to apply these concepts to pre-trial patients.
3. Learn about the interface between Psychiatry and the Criminal Justice System, especially the role of the psychiatrist in court and the preparation of psycholegal court reports.
4. Learn skills for testifying in court.
5. Learn how to recognize malingered symptoms of mental illness.
7. Observation of psychiatrists testifying in civil and criminal courts.
8. An opportunity to observe closed, secured facilities, including the Arkansas State Hospital Forensic Unit, the Arkansas Partnership Program, and the Pulaski County Jail.

SPECIFIC DUTIES OF SENIOR STUDENTS:

1. Will participate in the assessment of outpatient and inpatient forensic patients under the direct supervision of the attending. This assessment will include the review of medical and criminal records, contacting witnesses and family members for collateral information, and the administration of specialized psychiatric assessments to assess for malingering, incompetence, and criminal responsibility.

2. Will review forensic reports that address pertinent psychiatric and legal issues.

3. The student will be required to observe physicians in court and formulate strengths and weaknesses in observed testimony.

On the first day of this rotation, students should report to the Arkansas State Hospital Forensic Unit at 9 a.m.

HOURS PER WEEK:

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Page 262
**OBJECTIVES AND/OR GOALS:**

Students electing this course will develop an appreciation of the subtle and complex ways cerebral disease effects the individual, his family, and society. The students will be provided reading material regarding historical biography and specific illnesses.

**SPECIFIC DUTIES OF SENIOR STUDENTS:**

Students will be expected to read the materials and formulate discussions and explanations integrating the historical events and underlying brain diseases of several famous and infamous persons.

Students taking this course will receive two credit hours.

**HOURS PER WEEK:**

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COURSE: Mental Health Services Research
DIRECTOR: Rick Owen, M.D.
PHONE: (501) 257-1710
MAIL SLOT: 554
LOCATION: Univ. of Ar. for Medical Sciences
DURATION: 4 weeks
MAX STUDENTS: 1
MIN STUDENTS:
AVAILABLE: All Blocks
COURSE#: UPSAD

OBJECTIVES AND/OR GOALS:
The goals of the medical student elective in mental health services research are to learn the basic assumptions, methodology, and techniques for evaluating the effectiveness, organizing, and financing of mental health care for the seriously mentally ill.

Goals are:
1. Increased awareness of the needs of the seriously mentally ill and the need to attempt and evaluate new and innovative psychiatric treatments for those persons.
2. Knowledge and experience in evaluating the outcome of psychiatric treatment for the seriously mentally ill.
3. Increased knowledge of experimental design and research method.

SPECIFIC DUTIES OF SENIOR STUDENTS:
The student will achieve these objectives by working on ongoing research conducted by the course director or by other faculty.

Specific duties include:
1. Read selected literature on mental health care for persons with schizophrenia and other serious mental illnesses.
2. Understand the hypotheses and experimental design used in the investigators research.
3. Participate in research opportunities, including project meetings, data analysis, report writing, and research conferences.

On the first day of this rotation, students should go to the NLR VA (Ft. Roots) Building 58, room 204 at 8:00 a.m., or otherwise as arranged with the course director.

HOURS PER WEEK:

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OBJECTIVES AND/OR GOALS:
To provide a fourth year medical student a comprehensive overview of outpatient psychiatry as practiced in a large, multidisciplinary outpatient clinic. The student will appreciate the special talents contributed by a variety of mental health disciplines including psychiatry, psychology, pharmacy, social work, and nursing. The student will participate in the evaluation of new referrals and develop an understanding of treatment techniques including individual and group psychotherapies, psychopharmacology and behavioral techniques. Instruction in the role of psychological testing will be available.

SPECIFIC DUTIES OF SENIOR STUDENTS:
1. The student will work closely with a senior psychiatrist in the evaluation of new patients and their subsequent treatment.
2. Under close supervision, the student will be allowed to personally develop and carry out treatment plans for a limited number of patients.
3. The student will participate in a multidisciplinary team treatment clinic once weekly.

This elective is considered an Acting Internship.

On the first day of the rotation, students should report to the NLR VA hospital (Ft. Roots), Building 170 IL

HOURS PER WEEK:

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Page 285
OBJECTIVES AND/OR GOALS:
1. Familiarize the student with approaches in the evaluation of psychiatric disorders in geriatric patients.
2. Familiarize the student with acute and chronic psychiatric syndromes in the elderly.
3. Learn about the use of psychotropic agents, focusing on key issues in geriatric psychopharmacology.

SPECIFIC DUTIES OF SENIOR STUDENTS:
1. Evaluation of geriatric patients, to include history, physical exam and mental status examination.
2. Attend daily ward rounds.
3. Read assigned literature on geriatric psychiatry and psychopharmacology.
4. Attend weekly conferences, and weekly supervision and lectures.
5. Actively participate in the treatment of geriatric patients with psychiatric disorders.

On the first day of class, students should report to NLR VA (Fort Roots), Ward 1H

HOURS PER WEEK:
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Total: 40
OBJECTIVES AND/OR GOALS:
1. Develop skills in the management of acute psychiatric inpatients.
2. Further refine interviewing skills.
3. Gain more familiarity with all aspects of treatment, especially the psychopharmacological treatment of mental illness.
4. Acquire more familiarity with the differential diagnoses of mental illness.
5. Develop further skills in formulating a psychiatric case.

SPECIFIC DUTIES OF SENIOR STUDENTS:
1. The student will perform admission psychiatric evaluation and work-up of newly admitted patients, at a rate of approximately 4 per week, under direct supervision of staff physician.
2. The student will present and discuss the case with the attending physician.
3. The student will implement a treatment program, including aspects of biological, psychological, and social components, and will carry this through until time of discharge.
4. The student will attend morning rounds and case conferences with third-year students and psychiatry residents.
5. The student will attend didactic lectures for the first-year residents one afternoon per week.

First Day information - go to NLR VA (Ft. Roots) Building 170, Ward 3K

HOURS PER WEEK:

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OBJECTIVES AND/OR GOALS:
1. To learn about the various psychiatric syndromes that most commonly present in a medical setting.
2. To learn about the various psychiatric treatment modalities utilized in a medical setting.
3. To gain knowledge of the consultation process and learn ways to communicate effectively with other professional staff.
4. To become familiar with psychological and social factors that contribute in somatic illness.

SPECIFIC DUTIES OF SENIOR STUDENTS:
1. Evaluation of new consultations on medical/surgical/neurology wards (approx. 3-5/wk)
2. Attending rounds daily.
3. Follow-up of consultations and conferring with staff, family members daily.
4. Attend conferences/lectures as scheduled (UAMS Psychiatry Grand Rounds, C/L Conference, Psychiatry Resident Didactics)
5. Selective readings from attending.

The telephone number for this course is 501-257-1000 Extension 65060

On the first day, students should go to the Little Rock V, 7A107 at 8:30 a.m.

HOURS PER WEEK:

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OBJECTIVES AND/OR GOALS:

A fourth year medical student rotating on this elective functions as an acting intern on the General Hospital Psychiatry service. This rotation gives an important glimpse of the complex overlap between medical illnesses and emotional or psychiatric symptoms. Medical students are given the opportunity to tailor the rotation to meet their professional developmental needs depending on their chosen field of medicine. For example, students who will enter Ob/Gyn are preferentially assigned to work with patients with issues related to that field, etc. Students will be encouraged to pursue their intellectual curiosity within their area of interest.

1. Understand the manner in which psychiatric illness can present in the general medical setting.
2. Understand the psychological impact of illness on patients and be able to identify their coping skills and resources.
3. Recognize patterns of behavior of "challenging" patients and learn strategies to work with them.
4. Improve interviewing skills.
5. Increase understanding of neuropsychiatric illnesses.
6. Be familiar with treatment modalities appropriate for medically ill patients.
7. Understand the consultation process and the techniques, responsibilities, and limitations of the consultant role.

SPECIFIC DUTIES OF SENIOR STUDENTS:

1. Initial evaluation of assigned patients, writing up evaluation and presenting on rounds.
2. Daily care of assigned patients writing progress note(s) and presenting progress on daily rounds.
3. Attend educational conferences.
4. Expand knowledge base through reading textbooks and exploring the literature in areas of interest.
5. Give a short presentation on C-L topic of interest

Please call 688-6636 for details on where to report the first day of this rotation.

HOURS PER WEEK:

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<th>Conference: 2</th>
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OBJECTIVES AND/OR GOALS:
1. To learn about the different ways that substance abuse presents, especially when combined with mental illness.
2. To learn about the different treatment modalities utilized for substance abuse rehabilitation at the VA and in the community.
3. To become familiar with biological, psychosocial, and social factors that contribute to and maintain substance abuse in the severely mentally ill.

Recent studies have emphasized that substance abuse often occurs with mental illness. Moreover, substance abuse often causes or exacerbates certain psychiatric syndromes, and worsens the prognosis. The student will rotate on a dual diagnosis ward that offers milieu, group, and outpatient therapy, as well as new pharmacological interventions. The student will also have the opportunity to rotate at substance abuse programs around the city, including programs that offer methadone treatment, 12 step, support for cocaine abusing mothers, etc.

Telephone number is 257-1000 Ext 52740

SPECIFIC DUTIES OF SENIOR STUDENTS:
1. Do consultations on other wards, which will include a substance abuse and mental status exam, to determine which patients are eligible for the program.
2. Participate in group therapy.
3. Follow selected patients and participate in the treatment program.
4. Visit at least twice off-site programs and meet with the patients and staff.
5. Attend conferences and at least one AA, NA, or CA meeting.

Phone number = (501) 257-3478

On the first day of this rotation, go to NLR VA (Fort Roots), Building 170, 2H-108

HOURS PER WEEK:

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OBJECTIVES AND/OR GOALS:
1. To learn about the various substance abuse syndromes that most commonly present.
2. To learn about the various treatment modalities utilized for substance abuse detoxification and rehabilitation.
3. To become familiar with psychological and social factors that contribute to substance abuse.

SPECIFIC DUTIES OF SENIOR STUDENTS:
1. Follow at least one alcoholic patient and one cocaine-abusing patient from detoxification through rehabilitation.
2. Evaluate 1-2 psychiatric consultations per week on the detox and rehab wards.
3. Attend team meetings on rehab wards 5 times per week.
4. Attend screenings to determine appropriate placement of detoxified patients 2 times per week.
5. Participate in at least 2 rehab groups per week.
6. Attend at least 1 AA meeting.
7. Attend conferences as scheduled.

On the first day of class, students should report to the NLR VA (Ft. Roots) Bldg 170 3L125

HOURS PER WEEK:

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