

# OUTLOOK

J O N E S   E Y E   I N S T I T U T E

Volume 4, Issue 3 March, 2008

## Jones Eye Institute Hosts CE Event for Ophthalmic Allied Health Personnel



Jones Eye Institute hosted the Joint Commission on Allied Health Personnel in Ophthalmology (JCAHPO) and the Association of Technical Personnel in Ophthalmology (ATPO) Continuing Education Program for Ophthalmic Allied Health Personnel on Friday, February 29, 2008, and Saturday, March 1, 2008. Aaron Shukla, PhD, COMT, founding program director for the

UAMS Ophthalmic Medical Technology Program and current program director for the Ophthalmic Technician Program at the College of St. Catherine in St. Paul, Minnesota, conducted an afternoon course on Friday to prepare candidates interested in pursuing the COT certification.

The all day continuing education event on Saturday featured morning lectures and afternoon workshops. Several JEI faculty provided lectures including: Michael Wiggins, MD, Joseph Chacko, MD, Bhairavi Kharod, MD, and Christopher Westfall, MD. Ms. Lori Williams, COMT, Ophthalmic Medical Program Director for Old Dominion University in Norfolk, Virginia, also presented during the morning session.

The afternoon session featured workshops on miscellaneous diagnostic tests, sterile procedure preparation, ocular imaging, and the introduction to retinoscopy and refractometry. The workshop instructors included: Karin Aletter, Joy Banks, Megan Brown, Shawn Brown, Susan Brummett, Angi Covert, Brenda Duhamel, Kim Glaze, Christina Grist, Leora Hansberry, Suzanne Hansen, Jennifer Lee (from Monroe, LA), Mary Rinke, Sondra Ruple, Stephanie Sanford, Aaron Shukla (from St. Paul, MN), Steve Staples, Pam Whitlock, and Lori Williams (from Norfolk, VA).



Approximately 70 people attended the event including ophthalmic personnel from Arkansas (Fayetteville, Harrison, Malvern, and Little Rock), Missouri, and Louisiana. Event volunteers included: Ymelda Aldridge, Anna Latta, and the OMT students (Melvin Burks, Kimberly Carman, Megan Downs, Casey Sheppard, Brandon Tillman, Katie Wilson, and Dana Wolford).



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**UAMS**

 **HARVEY & BERNICE JONES EYE INSTITUTE**  
UNIVERSITY OF ARKANSAS FOR MEDICAL SCIENCES

## Pam Whitlock receives VITAL LINK of the Year award

“Pam is trustworthy, reliable, creative, dependable, and fun and in general one of the finest people I have worked with in 30 years of this business.”-Judy Sims

Pam Whitlock was selected as the VITAL LINK of the Year for all of Outpatient Services. The Vital Link program was put in to effect in April 2007 in order to recognize an employee who is outstanding in all aspects of their job. The winners are judged on certain qualifications such as; a person who is always willing to go the extra mile, a role model and mentor for others, shows initiative, is a team player, is a good listener, problem solver, has a great sense of humor, has integrity and all the other qualities of a “true leader”. Pam was selected by a committee comprised of representatives from other clinics.

On February 26th a breakfast reception was held in Pam's honor for being the very first Vital Link winner and for also receiving the Vital Link of the year award. Pam said she felt humbled and honored and that it would not be possible without the team at JEI and she was one small part.



Jones Eye Clinic had two other people selected this year as the Vital Link of the Month – they were Deanna Ely, and Kathryn Eisele.



OCTOBER 2007

“When she is absent she is greatly missed. She is a very important Vital Link at JEI and we want her to know how much she is appreciated.”-Anne Luther, Stephanie Sanford and Rhonda Robertson



JUNE 2007

“I am nominating Deanna Ely due to her care values, excellent leadership skills as well as her above and beyond performance.”-Angie Brown

## March is Workplace Eye Health and Safety Awareness Month

Good vision is priceless! Luckily, 90 % of all workplace eye injuries are preventable with the use of proper safety eyewear. Yet, the Bureau of Labor Statistics reports that workplace eye injuries cost over \$467 million a year. With indirect costs, such as legal fees, judgements and training new workers, the estimated total is more than \$934 million each year. Nearly one million Americans have already lost some degree of sight due to an eye injury. With more than 700,000 work-related eye injuries happening each year.

“Whether you’re on a job site or working behind a desk, it is so important to protect one of your most valuable assets—your vision,” said Daniel D. Garrett, senior vice president of Prevent Blindness America.

Most eye injuries occur in manufacturing, production and construction industries.

The following are the top 15 categories contributing to the most eye injuries.

### PRODUCT CATEGORY

1. Welding Equipment (not specified)	15,338
2. Tools (not specified)	9,374
3. Adhesives	5,733
4. Bleaches (non-cosmetic)	5,642
5. Power Tools (combined, including portable)	5,580
6. House Structures, Repair or Construction	4,476
7. Manual Tools (hammers, screwdrivers, sanders, etc.)	4,442
8. Lawn Mowers, Not Specified	4,388
9. Paints, Varnishes, Shellacs and Removers	3,434
10. Chemicals (misc. and otherwise not classified)	3,350
11. Lawn Trimmers or Edgers	3,183
12. Saws, Not Specified	2,727
13. Flooring, Wood Paneling and Particleboard	2,642
14. Nails, Screws, Tacks or Bolts	2,519
15. Gasoline and Gasoline Cans	1,914

Those that work with computers for long periods of time may also notice changes in their vision. Computer screens give off little or no harmful radiation, but workers who use them every day may feel their eyes are sore, irritated or fatigued. Prevent Blindness America offers these tips to help create a more comfortable workspace:

Place your computer screen 20 to 26” away from your eyes and a little below eye level to ease neck strain and to help keep your eyes from drying out.

Change the lighting to lower glare and harsh reflections.

Take breaks to stretch, stand up and rest your eyes to reduce eye and muscle fatigue.

Try to remember to blink often and keep eye drops at your desk to keep eyes lubricated.

If you notice any changes in your vision, see your eye doctor right away to make sure your eyes are healthy.



### References:

2003 Workplace-Related Eye Injuries. (2008). Retrieved March 14, 2008 from [http://www.preventblindness.org/resources/factsheets/Workplace\\_Injuries\\_FS11\\_2003.PDF](http://www.preventblindness.org/resources/factsheets/Workplace_Injuries_FS11_2003.PDF)

10 Ways To Prevent Occupational Eye Injuries. (2008). Retrieved March 14, 2008 from [http://www.preventblindness.org/resources/factsheets/Preventing\\_Workplace\\_Injuries\\_MK33.PDF](http://www.preventblindness.org/resources/factsheets/Preventing_Workplace_Injuries_MK33.PDF)

## Announcements

■ Nalini S. Bora, Ph.D., Purushottam Jha Ph.D., and Puran S. Bora, Ph.D. were published recently in Springer for their journal, "Seminars in Immunopathology".

■ Two other recently published articles that Michael Wiggins, M.D. and Richard Harper, M.D. collaborated on are listed below:

Wiggins MN, Harper RA, Landes RD, O'Sullivan P. Effects of Repeated Oral Examinations on Ophthalmology Residents Accepted for publication: Br J Ophthalmol. Dec 28, 2007.

Wiggins MN, Harper RA. Implementing a structured oral examination into a residency program: Getting started. Ophthalmic Surg Lasers Imaging 2008 Jan/Feb;39:40-48.

■ On April 10<sup>th</sup> Jones Eye Institute grand rounds will host guest speaker, CHRIS HACKLER, Ph.D. and he will present "THE POSSIBLE INFLUENCE OF INDUSTRY ON A PHYSICIAN'S CLINICAL JUDGMENT. Dr. Hackler joined the faculty of the UAMS College of Medicine in 1982 as the first director of the new Division of Medical Humanities.

■ Karen Call ran the ½ marathon in Little Rock Marathon with a time of 1:48:52. She came in 2<sup>nd</sup> in her age group. She is going to New York on April 6 to run a full marathon for woman 40 and over only. Congratulations Karen and best of luck in New York!



Bhairavi Kharod, M.D. presented to a small group of Andover Retirement Center residents last month on the different eye diseases effecting the aging population.

## Kevin B. Cranmer, M.D. visiting guest speaker from Windham Eye Group



Kevin B. Cranmer, M.D. will be the guest speaker at Jones Eye Institute grand rounds on April 24th. Dr. Cranmer is trained in the latest technologies in LASIK, PRK and other refractive procedures, and is the practices primary refractive surgeon at the Windham Eye Group located in Willimantic, Connecticut. He is certified on the VISX Star S4, the latest-generation surgical laser for corrective nearsighted, farsighted and astigmatic eyes. He performs procedures using advanced wavefront guidance to provide the clearest post-surgical vision currently possible. Dr. Cranmer also has interests in comprehensive ophthalmology, including cataract, glaucoma, ocuoplastics, and other areas of medical and surgical eye care.

Dr. Cranmer graduated from Harvard Medical School, and completed an internship in internal medicine at Albert Einstein Medical Center in Philadelphia. He received his residency training at Wills Eye Hospital, rated as one of the top three eye hospitals in the United States by US News and World Report. He is a member of the American Academy of Ophthalmology and the American Medical Association.

Prior to his medical training, Dr. Cranmer completed his undergraduate education at Dartmouth College, where he received an A.B. cum Laude, with high honors in engineering, and was designated a Presidential Scholar. He has served as an officer in the US Army, and was decorated for his services in Bosnia-Herzegovina, and for his work on the Rwanda relief mission. Dr. Cranmer grew up in Connecticut, and is married with two daughters.

Reference:

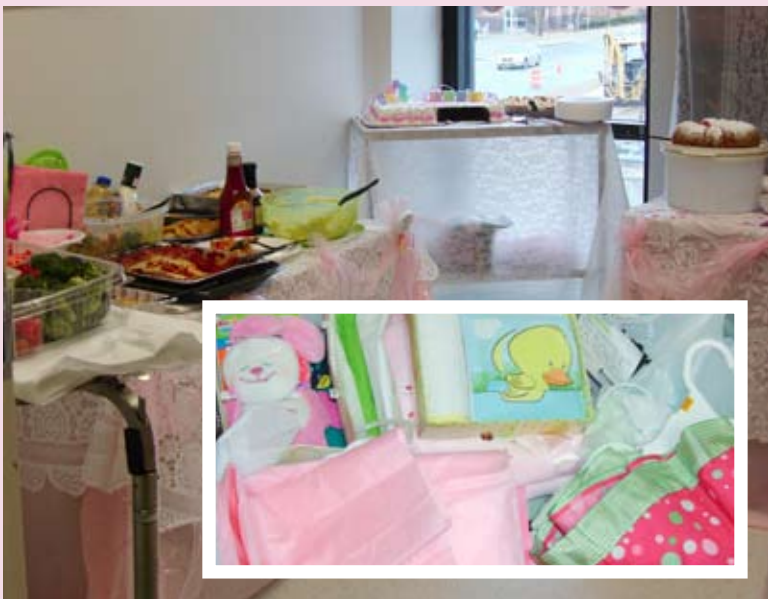
Retrieved on March 14, 2008 <http://www.windhameyegroup.com/Dr.%20K.html>



John Shock, M.D. was surprised with a birthday celebration with an American Idol theme. Posters and magnets were displayed with Dr. Shock's picture and a quote from Simon on American Idol. 'Jones Eyedol' cookies were created as well with the American Idol colors.

# SURPRISE!

A surprise baby shower and celebration for chief resident, Jennifer Anderson, M.D. was held on February 20th on the first floor of Jones Eye in the Resident Library. Dr. Anderson received lots of gifts for her new baby girl.



Jones Eye Institute night at Dickey Stephens Park to see the Arkansas Travelers Baseball game will be Friday night May 2, 2008.

Gates open at 6:10 PM and food is served until 7:40. Cost is \$12.50 for a ticket and all-you-can-eat hot dog bar (maximum of 60 people). Other tickets are available. Please RSVP & give money by April 15, 2008 to Karen Call.

## ALL EYES ON YOU – ANNA LATTA



### **What music or books are you currently enjoying?**

The Appeal by John Grisham and my favorite singer of all time is Elvis

### **Who has most influenced your life?**

My husband, Oliver Latta and my grandmother, Gola Mae Holland Francis have been the most influence in my life. Mama Francis, as everyone called her, was a very strong woman who had eight daughters and one son, and twenty one grandkids. She taught love and respect for everyone and that family is very important.

### **What inspires you?**

The beauty of nature such as babbling brooks, waterfalls, spring flowers and fall colors.

### **Tell us about your family.**

On January 29th my husband Oliver and I celebrated our 42nd anniversary. We never had children, however we do have a Sheltie named "Kody" that is like a child to us. I have a sister that lives in Florida.

### **What do you generally enjoy most when you are away from work?**

Travel and photography.

### **Choose three dinner guests from any period of time. Who would they be?**

Since I never knew my father's family until I was an adult, I think I would like to have my grandparents, Henry and Anna Tschanen Frey, and my maternal great grandmother, Annie Firestone Francis. Since I did not get to know them and I like Genealogy, I would enjoy learning more about both sides of my family.

### **Where would you go on a dream vacation?**

A trip to Australia would be my dream vacation. I also hope to someday take a trip to Alaska. I would like to take an Alaska cruise with time to also take a train trip in Alaska to see more of its natural beauty.

### **What do most people not know about you?**

My cousin, Jan and I will be taking a hot air balloon flight on June 6th.

I watch NASCAR races on TV



## Calendar of Events, Birthdays and Anniversaries

### Birthdays

March 11 – Dr. Amar Safar  
 March 13 – Pam Whitlock  
 March 14 – Dr. John Shock  
 March 17 – Dr. Gissur Petursson  
 March 17 – Angie Eubanks  
 March 18 – Ruby Varela  
 March 20 – Dr. Inci Dersu  
 April 2 – Dr. Sankaranarayanan Kaliappan  
 April 12 – Barbara Wright

April 14 – Dr. Anissa Buckner

April 16 – Anna Latta

### Anniversaries

March 7 – Susan Zimmerman, 9 years  
 March 8 – Shirley Hankins, 15 years  
 April 15 – Donna Adams, 7 years  
 April 24 – Doris Nounamo, 3 years



On Monday, March 3rd Shannon Hughen wed Stephen Giger at a small ceremony in Sonoma County, California. Her new name will be Shannon Hughen Giger.

# April

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