



**THE UNIVERSITY OF THE WEST INDIES
DIABETES OUTREACH PROGRAMME (UDOP)**

THE CARIBBEAN FOOD AND NUTRITION INSTITUTE (CFNI)

**&
THE UWI SCHOOL OF NURSING, MONA
(UWISON)**

in Celebration of the 40th Anniversary of UWISON, Mona

present

The 12th Annual International Conference

Theme:

The Diabetes Management Team

March 2-5, 2006

at

Sunset Jamaica Grande, Ocho Rios

PROGRAMME

Thursday, March 2, 2006

7:30 a.m. - 11:00 a.m. Registration

Sponsor: Blue Cross of Jamaica

OPENING CEREMONY

Chair: *The Hon. Errol Morrison, OJ MD, PhD, FACP, FRCP, FRSM (UK)*
Director, UDOP, UWI, Mona

11:05 a.m. - 11:15 a.m. Welcome & Opening Remarks *Hermi Hewitt, OD, RN, PhD*
Head
UWISON, Mona

11:15 a.m. - 11:30 a.m. Keynote Address &
Opening of Conference *Fitzroy Henry, PhD*
Director, CFNI, Jamaica

11:30 a.m. - 11:45 a.m. Dance Performance *Cuban Dancers*

First Scientific Session

Sponsor: GlaxoSmithKline

The Sir Alister McIntyre Distinguished Award

11:45 a.m. - 11:55 p.m. Citation and Presentation of Plaque *Archibald McDonald, DM, FRCS(Ed), FACS*
Dean
Faculty of Medical Sciences, UWI, Mona

Presentation of Plaque *Sir Alister McIntyre*

11:55 a.m. - 12:25 p.m. Sir Alister McIntyre
Distinguished Lecture *Jean Yan, RN, PhD*
Nurse Scientist, WHO
Geneva, Switzerland
*“Improving care of patients
with Diabetes through reform in
Health Workforce Training”*

12:25 p.m. - 12:30 p.m. Vote of Thanks *Steve Weaver, RN, PhD*
UWISON, Mona

12:30 p.m. - 2:00 p.m. **LUNCH**

Second Scientific Session

Sponsor: PAHO

Chair: *Dalip Ragoobirsingh, PhD, FRSH*
PAHO, Washington

QUALITY OF CARE

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|-----------------------|---|---|
| 2:00 p.m. - 2:20 p.m. | The Importance of Patient Education
In the Management of Diabetes Mellitus | <i>Charles M. Clark, MD</i>
Indiana University School of Medicine
Indianapolis, IN, USA |
| 2:20 p.m. – 2:40 p.m. | The Untapped Potential: The Role of the
Community in Diabetes Prevention & Control | <i>Patricia Thompson-Reid, MAT, MPH</i>
Centers for Disease Control & Prevention
Atlanta, USA |
| 2:40 p.m. – 3:00 p.m. | A Diabetes Education Curriculum
for the Caribbean | <i>Dalip Ragoobirsingh, PhD, FRSH</i>
PAHO, Washington |
| 3:00 p.m. - 3:30 p.m. | COFFEE | |

Third Scientific Session

Sponsors: Novo Nordisk

Chair: *Soren E Skovlund, MD*
DAWN Programme
Novo Nordisk, Denmark

ROUNDTABLE I: DIABETES: ATTITUDES, WISHES AND NEEDS

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| 3:30 p.m. – 3:55 p.m. | The health economics of Diabetes care | <i>Ballayram, PhD</i>
CFNI, Jamaica |
| 3:55 p.m. – 4:20 p.m. | DAWN Study | <i>Soren E Skovlund, MD</i>
DAWN Programme
Novo Nordisk, Denmark |
| 4:20 p.m. - 4:45 p.m. | Panel Discussion with the Nursing team
and diabetic patients | <i>Isolyn Bell-Rose, FNP, RN, BA</i>
<i>Melody Whitehorne, RN</i>
<i>Andrea Hunt, RN, BSc, BSN, MS, CDE</i> |

REPORT ON JUDGING OF POSTERS - *The Most Hon. Denise Eldemire-Shearer*
Head
Dept. of Community Health & Psychiatry
UWI, Mona

Fourth Scientific Session**Sponsor: Diabetes Care and Education Practice Group of the American Dietetic Association**Chair: *Suzanne Laws*
*MS, RD, LD, FADA, BC-ADM, CDE***EDUCATION: THE KEY TO SUCCESS**

5:00 p.m. - 5:45 p.m.	Lifestyle Coaching Using the Diabetes Prevention Program (DPP) Model	<i>Sandy Gillespie, MMSc, RD, LD, CDE</i> Diabetes Resource Center Piedmont Hospital, Atlanta, GA
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Fifth Scientific Session**Sponsor: Merck S.A.**Chair: *Phillip Henry, MBBS*
General Practitioner, Jamaica**DIABETES COMPLICATION**

6:00 p.m. - 7:00 p.m.	Early diagnosis & treatment of Diabetic Nephropathy	<i>Curtis Yeates, BSc, MBBS, FRCP</i> Cornwall Regional Hospital, Jamaica
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7:00 p.m. - 8:00 p.m.	<i>WELCOME LYME</i>	
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Friday, March 3, 2006**Sixth Scientific Session****Sponsor: Eli Lilly**Chair: *Marilyn Duff, RN, PhD*
UWISON, Mona, Jamaica**WHAT'S NEW? WHAT'S EXCITING?**

9:00 a.m. - 9:30 a.m.	The Growing Importance of Diabetes Care	<i>Jose Antonio Niño, MD</i> Medical Advisor, Eli Lilly
9:30 a.m. - 10:00 a.m.	What is new and exciting?	<i>Michael Boyne, MD, FRCPC</i> Tropical Medicine Research Institute UWI, Mona, Kingston 7
10:00 a.m. - 10:30 a.m.	Pioglitazone: Breaking new frontiers	<i>Karen Phillips, MBBS</i> Tropical Medicine Research Institute UWI, Mona
10:30 a.m. - 11:00 a.m.	COFFEE	

Seventh Scientific Session**Sponsor: Bayer HealthCare**Chair: *Ellen Bailey, RN, MEd*
UWISON, UWI, Mona**THE GOOD NEWS!**

11:00 a.m. - 11:30 a.m.	The prevention of Type 2 diabetes	<i>Jean-Louis Chiasson, MD</i> University of Montreal, Canada
11:30 a.m. - 12:00 p.m.	Obesity and Insulin Resistance- Precursors to Type II Diabetes Mellitus- and their Management	<i>Rosemarie Wright-Pascoe</i> MBBS, MRCP (UK), MACP Dept. of Medicine, UWI, Mona, Jamaica
12:00 p.m. – 12:30 p.m.	A Multidisciplinary Team Approach: A Success?	<i>Carlisle Goddard, MBBS, MSc, DM</i> Rosewood Medical Centre Barbados
12:30 p.m. - 2:00 p.m.	LUNCH	

Eighth Scientific Session**Sponsor: Regional Nursing Body**Chair: *Mitchell Clarke, RN, MA*
Chairman
Regional Nursing Body, Jamaica**ROUNDTABLE II:
CHANGING ROLES OF THE NURSE IN
DIABETES MANAGEMENT**

2:00 p.m. - 2:30 p.m.	Primary Care - Nurses Role in Diabetes prevention: A Wellness Promotion Approach	<i>Isolyn Bell-Rose, FNP, RN, BA</i> Western Regional Health Authority Jamaica
2:30 p.m. - 3:00 p.m.	Secondary Care - Patient Care Management: A Case Study	<i>Andrea Hunt, RN, BSc, BSN, MS, CDE</i> UHWI School of Nursing, Mona
3:00 p.m. - 3:30 p.m.	Tertiary Care - The Psychosocial Management of a Client with Diabetes	<i>Lisa Hamilton-Service, RN, MScN</i> Cornwall Regional Hospital, Jamaica
3:30 p.m. - 4:00 p.m.	COFFEE	

Ninth Scientific Session**Sponsor: Environmental Health Foundation**Chair: *Henry Lowe, PhD, CD, JP*
Chairman
Environmental Health Foundation
Jamaica**The Sir Philip Sherlock Distinguished Award**

4.00 p.m. - 4.10 p.m.	Citation & Presentation of Plaque	<i>Hon Syringa Marshall- Burnett, CD, RN, MA</i> President of the Senate Government of Jamaica
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4.10 p.m. - 5.00 p.m. The Sir Philip Sherlock Distinguished Lecture **Knox Hagley**
“Diabetes Mellitus in the Twentieth Century: The Evolution of Revolutionary Concepts”
CD, FRCP, FRCPE, FACP, FPPHM

Saturday, March 4, 2006

Tenth Scientific Session

Sponsor: CFNI/CANDI

Chair: **Godfrey Xuereb, RD, FRSH**
 Public Health Nutritionist
 CFNI, UWI, Mona

MORE THAN JUST A DIET SHEET

9:05 a.m. - 9:20 a.m.	Nutrition and dietetic professionals as an integral part of the Diabetes management Team	Yvonne Davis President, CANDI
9:20 a.m. - 9:35 a.m.	The Nutrition and Dietetics Professional as a member of the Diabetes Management Team: Roles and Functions	Pauline Samuda, PhD Nutrition Educator, CFNI
9:35 a.m. - 9:50 a.m.	Responsibilities and interaction of other team members in the nutritional management of diabetes	Laura D Richards, RD, MPH Medical Dietitian, CFNI

Eleventh Scientific Session

Sponsor: Roche Pharmaceuticals

Chair: **Fay Whitbourne-Morrison, MBBS, DLM, CMP**
 Chairman
 Central Medical Laboratories, Jamaica

ROUNDTABLE III: WHO CARES? WE DO!

10:00 a.m. - 10:20 a.m.	Preconception care for women with diabetes	Vernon DaCosta, MBBS, DM, MRCOG Diabetes Centre, Jamaica
10:20 a.m. - 10:40 a.m.	Diabetes and your vision - Forget me not	Leon Vaughn, MBBS, FRCS (Ed) Medical Assn. of Jamaica
10:40 a.m. - 11:00 a.m.	Diabetes: Forget not the Kidney	Everard Barton, BSc, MBBS, DM, FACP, FRCP (Ed) Department of Medicine, UWI, Mona
11.00 a.m. - 11.30 am	COFFEE	

Twelfth Scientific Session

Sponsor: Biomedical/Caledonia Medical Laboratories Ltd.

Chair: *Lurline Less, BSc*
Diabetes Assn. of Jamaica

ROUNDTABLE IV: WE CONTINUE TO CARE!

11:30 p.m. - 11:50 a.m.	Diabetes & Periodontal Disease Current knowledge on relationship between DM & PD	<i>Peter Glaze, BDS, MSc</i> Dental Associates, Jamaica
11:50 a.m. - 12:10 a.m.	The role of the Chiropodist in Diabetes Management	<i>Owen Bernard</i> <i>MSSCh, MBChA, Dip CryoSurg</i> Diabetes Assn. of Jamaica
12:10 a.m. - 12:30 p.m.	The role of the Pharmacist in Diabetes Management	<i>Eugenie Brown-Myrie, Pharm D</i> Head Faculty of Health & Applied Sciences UTECH, Jamaica
12:30 p.m. - 2:00 p.m.	LUNCH	

Thirteenth Scientific Session

Sponsor: GlaxoSmithKline

Chair: *Donovan McGrowder, PhD*
Chemical Pathology
UWI, Mona

**ROUNDTABLE V:
ENHANCING THE QUALITY OF LIFE THROUGH RESEARCH**

2:00 p.m. - 2:30 p.m.	A new approach to Chronic Illness Management: Applying Wagner's Chronic Care Model in the Jamaican setting	<i>Yvette Williams-Harris, MBBS, MPH</i> Atlanta VA Medical Center
2:30 p.m. - 3:00 p.m.	Meet the Experts	<i>Rosemarie Wright-Pascoe, MBBS, MRCP (UK), MACP</i> <i>Curtis Yeates, BSc, MBBS, FRCP</i> <i>Errol Morrison, MD, PhD, FACP, FRCP, FRSM (UK)</i>

Fourteenth Scientific Session

Sponsor: Bayer HealthCare

Chair: *Valerie Hardware, RN, MEd*
University Hospital School of Nursing
Jamaica

THE TEAM IN ACTION

3:00 p.m. - 4:00pm	The Inter-Disciplinary Integrated Care Team – A model for optimum Treatment of Diabetes Mellitus – Scenarios	<i>Alverston Bailey, MBBS</i> President Medical Association of Jamaica
4:00 p.m. - 4:15 p.m.	Closing Overview	<i>Oscar Jordan, MD</i> Belleville Medical Clinic, Barbados

7:00 p.m. - 12:00 p.m.

Dinner Dance

The Most Hon. Hugh Shearer Memorial Lecture

*The Right Hon. Owen Arthurs
Prime Minister, Barbados*

Entertainment by *Ernie Smith*
Sunset Jamaica Grande

Sunday, March 5, 2006

Sponsor: Merck S.A.

7:30 a.m.

FUN/RUN/WALK

Sponsor: Sanofi Aventis

10:00 a.m. - 12:00 p.m.

Satellite Symposium

“Preventing or delaying end-stage complications
in the diabetic patient: Who are the key players?”

*Michael Boyne, MD, FRCPC **
Tropical Medicine Research Institute
UWI, Mona, Kingston 7