

UAMS EMPLOYEE DISCOUNT ON WATER WELLNESS PROGRAM



NEW EXTENDED EVENING HOURS

UAMS Therapy & Fitness is offering an employee discount for our Water Wellness Program. \$25 per month or \$120 if you pay 6 months in advance.

PROGRAMS OFFERED:

- Aquatic classes
- Walking track in water
- Open fitness
- Lockers & Showers Available

Classes are held in the new pool at the Stephens Spine Institute and are offered daily Monday through Friday and Tuesday and Thursday evenings.

UAMS
MEDICAL
CENTER

UNIVERSITY OF ARKANSAS
FOR MEDICAL SCIENCES

GET HEALTHY
UAMS

FOR COMPLETE CLASS SCHEDULE CALL 661-7955