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Acknowledgements

Welcome to UAMS and Little Rock!

If you are new to UAMS or Little Rock or if you are contemplating moving here, please know that we want to help you settle in happily and successfully. We, the Absolutely Unofficial Faculty /Housestaff Survival Guide Committee, have fun creating a concise, intelligible reference handbook directing you to local resources as you begin your life and work here. We hope you will find it useful for “filling in the gaps” of available information.

Please do not hesitate to call the College of Medicine Office of Faculty Affairs (526-4661) if you have questions, need additional details, or have recommendations for us. In fact, we encourage you to call this office when you arrive for a welcome session. Please know that we do not endorse any particular organization or entity

listed in this book. We simply try to provide practical referential information for newcomers. We encourage you to use the web sites that are listed in the book to obtain more detailed information. We always appreciate any comments or suggestions that may help us improve future editions of this guide.

I would like to thank the Office of Faculty Affairs and the Women’s Faculty Development Caucus for being the driving force behind the creation and continued development of this guide which is now in its 16th edition.

I would also like to give a sincere thanks to the committee members who have contributed their ideas, research, editing, and enthusiasm.

Best wishes in getting oriented and settled both at UAMS and in Little Rock!

Page Moore, Ph.D.

Assistant Professor, Department of Biostatistics

Chair, Publications Committee, Women’s Faculty Development Caucus

Publications Committee

Debra Miller, MLS, Co-chair, Molly Gathright, MD and the Office of Faculty Affairs staff: Glenda J. Cooper, Michelle Bilello, Kerstine Wanas and volunteer Michelle Yang.

Arkansas History in Brief

The Spanish explorer Hernando De Soto was the first European to set foot in Arkansas, arriving in 1541. Evidence left in mounds, bluffs, pottery and stone implements suggests that people had been living here thousands of years prior to De Soto's visit. The Indians who lived here before the European expansion include the Folsom people, Bluff Dwellers, Mound Builders, Caddo, Quapaws, Osage, Choctaw and Cherokee.

Arkansas became a territory in 1819, and by 1836, a state - the 25th to join the union. The population grew steadily over the next 24 years and, by 1860, had risen to 435,000. Planters who lived in the rich bottomlands of the eastern and southeastern portion of the state and farmers who lived in the central and northern hills constituted the majority of the population, although 25 percent were slaves.

In 300 years, Arkansas has grown from a vast wilderness to a thriving state with a population of 2.8 million. Advancements in farming, lumbering, manufacturing, tourism and government have gained Arkansas a viable place in the international market.

Many place names in our state, including Arkansas, are French

pronunciations of Indian words. At the time of the early French exploration, a tribe of Indians, the Quapaws, lived west of the Mississippi River and north of the Arkansas River. The Quapaws, or OO-GAQ-PA, were also known as the downstream people, or UGAKHOPAG. The Algonquian-speaking Indians of the Ohio Valley called them the Arkansas, or "south wind."

During the early days of statehood, Arkansas' two U.S. senators were divided on the spelling and pronunciation of our state. One was always introduced as the senator from "ARkanSAW" and the other as the senator from "Ar-KANSAS." In 1881, the state's General Assembly passed a resolution declaring that the state's name should be spelled "Arkansas," but pronounced "Arkansaw."

The pronunciation preserves the memory of the Indians who were the original inhabitants of our state, while the spelling clearly dictates the nationality of the French adventurers who first explored this area. Originally part of the Louisiana Purchase of 1803, Arkansas is known officially as "the Natural State." **You are now an Arkansan.**



Getting to Know Little Rock

Little Rock was a riverside clearing with 14 people in 1819 when Arkansas became a US territory. It was a landmark used by bargemen, traders and trappers on the Arkansas River and was called the “little rock” to distinguish it from the “big rock” just upstream. The first seat of government was the Old State House in downtown Little Rock. It is the oldest surviving state capitol west of the Mississippi River, and at one point, it served as the medical center.

The Greater Little Rock (MSA) area, population 699,757, is located in the center of the state and is the second fastest-growing region of the United States, with 40 percent of the nation’s population and buying power within a 550-mile radius. Little Rock is where “America Comes Together” – located at the crossroad of Interstate 30 and the most heavily traveled Interstate in the nation, Interstate 40. Twenty-eight Fortune 500 companies operate within the Little Rock Metropolitan Statistical Area.

The average temperatures are: summer – 81.4, winter – 39.5 and annual – 62 degrees. The median family income in Little Rock is \$41,826 (Los Angeles- \$55,452, Boston, \$45,100, US average - \$49,777). The median home cost

in Little Rock is \$135,050 (LA - \$464,333, Boston – \$339,900, US average - \$221,800). The cost of living index in Little Rock is 87 (LA – 142.3, Boston – 129, US average – 100). Little Rock was recently ranked second in the country for economic diversity by Moody’s Investors Service and the 15th “most livable city” by Forbes Magazine. The ranking takes into consideration the city’s living expenses, including housing and transportation costs, as well as job and income growth.

The Little Rock National Airport, less than three miles from downtown, is Arkansas’ largest commercial service airport. There are more than 116 flight arrivals and departures at Little Rock each day, with non-stop jet service to 17 national and international gateway cities, making Little Rock truly one stop away from the world.

The William J. Clinton Presidential Center is an addition that has turned eyes toward Little Rock and central Arkansas. Located in the heart of Little Rock’s River Market District, the Clinton Library houses the largest presidential archive and 20,000 square feet of exhibit space. The Clinton Library and museum provide an exciting

and educational experience for visitors of all ages. The Arkansas Symphony Orchestra River Rhapsodies Concert Series is held in the Great Hall (www.arkansassymphony.org).

The adjacent **Clinton School of Public Service** offers a Master's Degree in Public Service to prepare individuals who are captivated and energized by understanding and delivering public service of the highest order. Both the Library and the School have special events, guest speakers and celebrations, as well as a highly respected and well-attended monthly lecture series that present a variety of fascinating guest speakers to which the public is invited.

The Little Rock Rail System sports two bright yellow vintage trolleys on a 3.5 mile route linking some of the most vibrant destinations in the River Cities of Little Rock and North Little Rock. The two street cars are powered by overhead electric wires and cost \$1.00 per boarding (www.cat.org/rail/).

The River Market in downtown Little Rock is a carefully crafted, international and diverse medley of owner operated

shops, stalls, and/or day tables that fills a public purpose and reflects distinctive shopping and dining.

The Junction Railroad Bridge recently opened as a new pedestrian/bicycle route. It links the riverfront parks on both sides of the Arkansas River. The bridge leads up to the front lawn of Verizon Arena on the NLR shore and to the Riverfront Amphitheater on the Little Rock side. The Junction Bridge is the fifth component of the Six Bridges Plan.

The Big Dam Bridge is a bridge to health and fitness, to friendship and community. It spans the Arkansas River and is the longest pedestrian/biking bridge in the country, connecting 15 miles of scenic riverside trails in Little Rock and North Little Rock.

The Arkansas River Trail reaches from downtown Little Rock to Two Rivers Park on the southern shore and from downtown North Little Rock to Cook's Landing on the northern shore. Bicycling, skating, walking, jogging and birding are very popular activities.

Car Registration

Cars MUST be registered in person no later than 30 days after moving to Arkansas. When you buy a car after arriving in Arkansas, you must also register in person. Renew your tags by mail or by Web after the initial registration: <http://arstar.com/>

**More listings including detailed addresses at: <http://www.dfa.arkansas.gov/Pages/stateMap.aspx>*

First-time registrants must bring the following when registering a car:

- Current registration certificate
- Personal property assessment/proof of payment of taxes
- Proof of liability insurance
- Form of payment (license fees are based on weight)
- Certificate of Title or lien papers

You may register at one of the Department of Motor Vehicles offices:

Little Rock:	
9108 Rodney Parham Rd., Suite 107	M-F 7a-6p (501) 324-9243
1900 West 7th St., Room 1040	M-F 8a-4:30p (501) 682-4663
#3 State Police Plaza Drive, Suite 300	M-F 7a-6p (501) 682-0410
Maumelle: 550 Edgewood, Suite 580	M-F 8a-4:30p (501) 851-7688
North Little Rock: 2655A Pike Ave. Pike Plaza Shopping Center	M-F 8a-4:30p (501) 324-9246
Sherwood: 6929 JFK, Space 22 Indian Hills Shopping Center	M-F 7a-6p (501) 835-6904
Jacksonville: #4 Crestview Plaza	M-F 8a-4:30p (501) 982-5942

For information: www.dfa.arkansas.gov/Pages/default.aspx

It is important to note that when buying a new or used car, you must pay special attention to whether or not the sales tax is included in the purchase price or if you will be paying sales tax

upon registration. You could be in for a surprise otherwise!

For questions, contact:
Department of Motor Vehicles
Ragland Building
1900 W 7th St, Ste 1100
Little Rock, AR 72201
Phone: (501) 682-4692

Driver's License

An out-of-state driver with a valid license **MUST** obtain an Arkansas driver's license within 30 days of relocating to Arkansas. A valid out-of-state license may be surrendered in exchange for an Arkansas driver's license. You must visit the Department of Motor Vehicles (the same place you register your car; see the previous section) and take the following with you:

- Two forms of identification
- Your old license or proof that your license is not revoked

- Proof of new address (e.g., checkbook, utility bill, etc.)
- Form of payment

It is advisable to be prepared for a written driving test or vision test if out-of-state driver's license is expired. Licenses are good for four years and cost \$20 to renew. See web site for details: **<http://www.dfa.arkansas.gov/offices/driverServices/Pages/FAQ's.aspx#a>**

Tax Information

Income Taxes

State and federal income taxes are due **April 15** every year. You may download business and personal income tax forms for the state from the Arkansas Department of Finance and Administration at **<http://www.dfa.arkansas.gov/offices/incomeTax/individual/Pages/forms.aspx>** and download federal income tax forms at **www.irs.gov**.

Personal Property Taxes

Counties, cities and school districts can impose taxes on houses, land, cars, trucks, RVs, boats, motorcycles, etc. The legal ratio of the assessment is

20 percent applied to the true market value of the property and multiplying it by the local tax rate. Personal property assessments must be done between January 1 and May 31 of each year. Leased vehicles require separate assessment. To assess your personal property online go to **www.pulaskicountyassessor.net/** or call (501) 340-6170. To find and/or pay current personal property, business and real estate taxes visit **www.pulaskicountytreasurer.net** and if you have questions about real estate appraisals: **www.pulaskicountyassessor.net/**

Voter Registration

To vote in Arkansas, you **MUST** be a United States citizen over the age of 18, must have no felony convictions without the sentence having been discharged or pardoned, must not be judged mentally incompetent, and must not claim the right to vote in another state. To vote, you must register 30 days before the election. When you get your Arkansas driver's license, you may register at the county clerk's office in your home county, state revenue office, driver services,

public library, public assistance agency, disability agency, military recruitment office or with the Arkansas National Guard voter registration drive. You may also visit **www.pulaskiclerk.com/RTV.html**.

For more information about absentee ballots or early voting (up to 15 days before the election), call the Pulaski County Clerk's Office between 8 a.m. and 4:30 p.m. at (501) 340-8336 or visit: **<http://www.co.pulaski.ar.us/>**

Medical License

To obtain an Arkansas State Medical License, please contact the Arkansas State Medical Board at **(501) 296-1802** or visit the Web site at **<http://www.armedicalboard.org/>**.

PLEASE NOTE: Collecting information for your license can be a tedious task. It is important for you to understand that **this process takes a minimum of six weeks for completion and can last up to four to six months.** This depends totally on your work history and the timely responses we receive from our investigation and your verification request. For your own security, it is important

that you **DO NOT** make final commitments, purchase a home or relocate your family, before your license has been granted. **A Temporary Permit prior to the Board Meeting does NOT mean automatic licensure. The licensure process is not complete until the Board meets and your license has officially been approved.**

Licenses are granted only at regularly scheduled Board Meetings. The Board may reschedule meetings at their discretion. Meeting dates and completed application deadlines for the year are as follows:

File Completed Deadline Date

May 4, 2010

July 6, 2010

September 8, 2010

November 3, 2010

Board Meeting Approval Date

June 9-10, 2011

August 4-5, 2011

October 6-7, 2011

December 1-2, 2011

Current Fees:

- Full License - \$500.00
- Temporary License - \$50.00 (\$550.00 total when applying)
- Temporary Renewal - \$50.00
- License Renewal - \$200.00

IF YOU ARE AN INTERNATIONAL MEDICAL GRADUATE, YOU MUST ALSO PROVIDE:

Verification of Clinical Clerkship

- Certification by ECFMG and demonstrate in a personal interview the ability to read, write and speak English fluently and also demonstrate

adequate training and ability sufficient to permit the practice of medicine in accordance with accepted medical practice in the state of Arkansas.

- Completion of at least THREE (3) years of internship or residency in an ACGME approved program in the United States – OR – completion of at least ONE (1) year of internship or residency in an ACGME approved program in the United States AND be currently enrolled in a training program with the University of Arkansas for Medical Sciences.

Federal DEA Numbers are given after you have obtained a permanent Arkansas license by calling **(888) 514-7302** or **(888) 514-8051**. You may register online by going to **<http://www.deadiversion.usdoj.gov/drugreg/index.html>**.

Utilities

Little Rock

- Electricity (Entergy) entergy-arkansas.com (800) 368-3749
- Gas (Center Point) www.centerpointenergy.com/services/naturalgas/residential/AR/ (800) 992-7552
- Water (Central AR Water) www.carkw.com . . . (501) 372-5161

North Little Rock

- Electricity (NLR Electric) nlrelectric.com (501) 975-8888
- Gas (Center Point) www.centerpointenergy.com/services/naturalgas/residential/AR/ (800) 992-7552
- Water (Central AR Water) www.carkw.com . . . (501) 372-5161

Sherwood

- Electricity (NLR Electric) nlrelectric.com (501) 975-8888
(First Electric Co-Op)
www.firstelectric.coop (501) 982-4545
- Gas (Center Point) www.centerpointenergy.com/services/naturalgas/residential/AR/ (800) 992-7552
- Water (Central AR Water) www.carkw.com . . . (501) 372-5161

Jacksonville

- Electricity (First Electric Co-Op)
www.firstelectric.coop (501) 489-7405
- Gas (Center Point) www.centerpointenergy.com/services/naturalgas/residential/AR/ (800) 992-7552
- Water (Jacksonville Water) www.jaxwater.com . (501) 982-6561

Maumelle

- Electricity (Entergy) entergy-arkansas.com (800) 368-3749
- Gas (Center Point) www.centerpointenergy.com/services/naturalgas/residential/AR/ (800) 992-7552
- Water (Maumelle Water)
www.maumellewater.com (501) 851-3070

Benton

- Electricity (Benton Utilities) www.benton.ar.gov/utility_dept/index.htm (501) 776-5916
- Gas (Center Point) www.centerpointenergy.com/services/naturalgas/residential/AR/ (800) 992-7552
- Water (Benton Utilities) www.benton.ar.gov/utility_dept/index.htm (501) 776-5933

Bryant

- Electricity (Entergy) entergy-arkansas.com (800) 368-3749
- Gas (Center Point) www.centerpointenergy.com/services/naturalgas/residential/AR/ (800) 992-7552
- Water (Bryant Water) (501) 847-0292

For a complete listing of all telephone providers, please refer to the AT&T yellow pages under “Telephone Companies.” A complete listing of all Internet providers may be found under “Internet Access Providers.”

Citizen Services

Little Rock Citizen Services includes: Arkansas Department of Vital Statistics, Arkansas Department of Parks and Tourism, Arkansas Department of Revenue, Arkansas State Information, Federal Information Center, Housing and Urban Development, Little Rock City Hall, Marriage Licenses, City Clerk’s Office, North Little Rock City Hall, Immigration Services, Permits, Personal Property Tax,

Prosecuting Attorney, Real Estate Documents and Deeds, Civil and Criminal Records, Domestic Relations, Voter Registration, Pulaski County Courthouse, Pulaski County Information, Pulaski County Judge, and Pulaski County Assessor’s Office. **All these services can be contacted by dialing 311 in Little Rock, or by dialing 501-371-4437 outside of the Little Rock area.**

Real Estate

The Chamber of Commerce publishes a Newcomer's Guide that contains specific neighborhood information and maps. We recommend that you check out this guide, as well as the monthly real estate guides located by elevators at UAMS or various other public places, including your local grocery store, if you are considering buying a new home.

If you are new to Little Rock, get recommendations from others before selecting a real estate agent; some agents prefer to sell in selected areas. Janet Jones Co. and Chenal Properties have

experienced relocation realtors who have been very helpful to many of our newcomers. The Office of Faculty Affairs has newcomer information for recruits and faculty new to the Little Rock area. If you need information, please contact us at (501) 526-4661. For details about neighborhoods see: <http://littlerock.about.com/cs/realestate/a/aaneighborhood.htm>. For employment information for partners, try this site: http://www.arkansasbusiness.com/aj_home.asp

Newcomer's Information

The Central Arkansas Newcomer's Guide, provided by the Little Rock Chamber of Commerce, is a great resource for newcomers or those planning to relocate. In Little Rock, call (501) 374-2001 or order a newcomer's packet online at www.arkansasbusiness.com. For North Little Rock, call (501) 372-5959 or go to www.nlrchamber.org. Or, try the Arkansas Relocation site: www.relocatetoarkansas.com.

For a better understanding of Little Rock neighborhoods, use the interactive Explore Little Rock

map at www.littlerock.com/info-maps/neighborhoods.asp or http://www.neighborhoodlink.com/places/Little_Rock_AR or try <http://littlerock.about.com/cs/realestate/a/aaneighborhood.htm>

The North Little Rock Web site is helpful for those who wish to live north of the river: www.northlittlerock.org. For the Maumelle area, go to www.maumelle.dina.org. For Cammack Village in the Heights area, please visit its Web site at cammacknews.com/.

For Parents



Childcare

Refer to: www.littlerockkidsdirectory.com and <https://dhs.arkansas.gov/dcece/ccclas/FacilitySearch.aspx> for information on childcare, schools and activities for your kids. Many public schools have after-school care and preschool programs.

ACH Child Enrichment Center

If you work at Arkansas Children's Hospital, you may be eligible to enroll your children in the Child Enrichment Center, located at 1621 W. 10th St., across from ACH. Call (501) 364-3566 for more information.

Tuition Rates (biweekly, as of 7-1-06): www.securearchildren.org

Hours

Monday-Friday, 6:15 a.m. to 7:30 p.m.

(Open all holidays except Thanksgiving and Christmas)

For additional part-time or 10- to 12-hour day rates, please call the Child Enrichment Center.

DHS Child Care Referral Line

The Arkansas Department of Human Services Division of Child Care and Early Childhood

Education offers a Child Care Referral Line at (800) 445-3316 or 682-9699 to help you find a service. You can also visit its Web site at www.state.ar.us/childcare.

The Office of Faculty Affairs (526-4661) will assist you if you have additional questions or requests.

Baby Developmental Classes and Activity Centers

If you are interested in finding stimulating and developmental activities for mom (or dad) and baby to do together, you can find them through local activity centers as well as some of the local baby "learning classes". A sampling of available classes include: music, baby sign language, and mommy/baby fitness. More information can be found at the following websites:

- Gymboree - www.GymboreeClasses.com
- Kindermusik - www.Kindermusik.com
- The Little Gym - www.thelittlegym.com
- The Wonder Place - www.thewonderplace.com

Nanny Information

We do not endorse a particular nanny service, but can provide you the following information that may assist in your search for in-home childcare.

- St. Edward's Catholic Church: (501) 374-9166
- Nanny Solutions, owned by Velma Gunn, finds nannies from both coasts. Background checks and references are provided. Phone: (501) 803-0088. Web site: **www.nannysolutions.net**.
- Care.Com they have housekeepers, special needs

nannies, regular nannies, babysitters, pet care, etc...

Web site: **www.care.com**

- Some have found this site to be useful: **www.nannies4hire.com**
- National Babysitting service - **https://www.seekingsitters.com**
- You can direct e-mail inquiries to all women faculty for advice about nannies through Glenda Cooper **cooperglendaj@uams.edu** in the Office of Faculty Affairs at (501) 526.4685

Elder Care

Arkansas Elder Choices: **www.arkansas.gov/dhhs/aging/elch01.html**, Arkansas Resources: **http://web.carescout.com/carescoutsite/** and **http://www.argetcure.org/search_main.php**

LifeQuest of Arkansas has Adventures in Learning classes that provide intellectual and social stimulation for active adults of all ages. The Civic Services Program, geared for adults over 55, helps older adults remain independent and in their own homes. (501) 225-6073 **www.lifequestofarkansas.org**

The UAMS Donald W. Reynolds Institute on Aging is an excellent recourse for patients and caregivers. (501) 526-6800 **www.instituteonaging.uams.edu**

Thomas-Lyons Longevity Clinic - Department of Geriatrics UAMS, College of Medicine (501) 526-5799 ext 1015, **sanderssandras@uams.edu**

Home Health Care Programs - Delbra Caradine, M.D., Director: (501) 526-6387

**Palliative Care and
Hospice Services**

Arkansas Hospice

5600 W. 12th St.
Little Rock, AR 72204
(501) 748-3333
dcarr@arkansashospice.org

Baptist Hospice

11900 Colonel Glenn Rd.,
Suite 2000
Little Rock, AR 72210
(501) 202-7480
[http://bhhn.com/hospice/
compare/](http://bhhn.com/hospice/compare/)

Hospice Home Care

2200 South Bowman
Little Rock, AR 72211
(501) 296-9043
www.hospicehomecare.net

Odyssey Healthcare

10800 Financial Centre Pkwy.
Suite 380
Little Rock, AR 72211
(501) 223-8868
www.odyssey-healthcare.com

Reed Thompson, M.D.

Director of Palliative Care
Department of Geriatrics
(501) 603-1353

Elder Resources

CareLink -
Resources for Elders
P.O. Box 5988
North Little Rock, AR 72119
(501) 372-5300
info@care-link.org
<http://www.care-link.org>



Schools

Little Rock School District: School Locator by Address:

<http://k12.lrsd.org/sro/enrollmentindex.asp>

Little Rock School District Map for Elementary School Attendance

Zones: **http://www.lrsd.org/files/zones/2009_LR_School_Elementary_School_Map.pdf**

Little Rock School District Map for Middle School Attendance Zones:

http://www.lrsd.org/files/zones/2006_middle_school_zones_all.pdf

Little Rock School District Map for High School Attendance Zones:

<http://www.lrsd.org/files/zones/2001hi.pdf>

PUBLIC SCHOOLS

Always ask about magnet schools!!!

eStem Public Charter School www.estemlr.net	(501) 447.2955 (501) 374.7836
Little Rock School District www.lrsd.org/default.cfm Laidlaw Bus Transportation	(501) 447-1000 (501) 447-4130
North Little Rock School District www.nlrsl.k12.ar.us/ Bus Transportation	(501) 771-8000 (501) 340-5151
Pulaski County Special School District www.pcssdweb.k12.ar.us/ Bus Transportation	(501) 490-2000 (501) 982-9416

K-12 Parent's Guide to Schools: **www.greatschools.net**

PRIVATE SCHOOLS

Little Rock/North Little Rock Private and Parochial Schools:

www.littlerockfamily.com

Arkansas Charter Schools

www.arkansased.org

(501) 683-5313

ANSAA

The Arkansas Nonpublic School Accrediting Association

www.ANSAA.com

(501)803-3888

The Huda Academy (Islamic)

3221 Anna Street

Little Rock, AR 72204

(501) 565-3555

The AT&T Yellow Pages lists all schools (private, public, parochial and after school programs) individually, and the Arkansas Democrat Gazette issues a Private Schools Directory supplement in the fall and can be found here <http://showtime.arkansasonline.com/digital-editions/PrivateSchool2011/>. Realty relocation specialists can help you find the right school for you in relation to neighborhoods.

Tutoring

Apt Educational Services

(501) 660-4333

Sylvan Learning Center

- North Little Rock

(501) 791-9200

- West Little Rock

(501) 868-7068

For a more complete listing, look in the At&T Yellow Pages under “Tutoring

After School Activities

Art

Arkansas Art Center Museum School

(501)372-4000

www.arkarts.com/art_classes/

UALR Community School for the Arts

(501) 569-3480

<http://ualr.edu/communityschool/>

Baseball

Arkansas Amateur Baseball Association

www.aramba.net

Burns Park Athletic Association

(501) 753-0012

<http://www.eteamz.com/burnsparkbaseball/>

Maumelle Sports Association

(501) 851-6990

www.eteamz.com/mblbaseball

Junior Deputy Baseball

(501) 372-7640

www.juniordeputy.com

Basketball

Little Rock Boys and Girls Clubs

(501) 666-8816

www.arclubs.org

Amateur Athletic Union

(501) 882-6872

Boxing

Junior Deputy Sheriffs of Pulaski County

(501) 753-0012

Boys and Girls Clubs

(501) 666-8816

Dance

Arkansas Festival Ballet

(501) 227-5320

www.arkansasdance.org

Shuffles and Ballet II

(501) 223-9224

www.shufflesdancestudio.com

Little Rock School of Dance

(501) 225-6232

www.lrschoolofdance.net

NLR School of Dance

(501) 753-5039

www.nlrschoolofdance.com

Mirana School of Middle Eastern Dance

(501) 455-1229

www.miranadanceco.com

Irby's Dance Studio

(501) 664-2800

Tommie's Dance Academy

(501) 225-6601

<http://tommiesdanceacademy.com>

Drivers Education

A – 1 Thompson Driving School (501) 225-4028
www.a1thompson.com

Football

YMCA of LR (501) 227-8343
www.ymcalr.org

Foreign Language Study

Arkansas Institute of Languages (501) 312-1300
www.arspanish.com/ail.php

Golf

Rebsamen Golf Course (501) 666-7965
First Tee of Central Arkansas (501) 562-4653
www.thefirstteelittlerock.org/Club/Scripts/Home/home.asp

Gymnastics

River City Gymnastics (501) 407-8000
www.river-city-gymnastics.com
Westside YMCA (501) 227-8343
The Little Gym (501) 225-5437
www.thelittlegym.com/littlerockar



Horseback Riding

www.polocenter.com/stable/stableusar.htm

McAdam's Family Stables (501) 835-2205

Meadow Creek Farm (501) 224-7318

Ice Hockey

Arkansas Skatium (501) 227-4333

www.arkansasskatium.com

Little Rock LaCrosse Team (501) 551-2427

www.simplylacrosse.com/little-rock-lacrosse-club.html

Martial Arts

American Taekwondo Association (501) 568-2821

Anderson's Taekwondo Center (501) 375-5507

<http://andersontaekwondo.com>

ATA Karate for Kids (501) 868-1122

www.myatakarate.com

Impact Martial Arts (501) 224-1222

www.impactmartialartsbpa.com

House of Kodokan Jujitsu (501) 663-9200

US Taekwondo Center (501) 690-6350

ATA Martial Arts of Chenal Valley (501) 821-8838

Music

Music Teachers Association of Central AR (501) 812-4225

Mail@mtaca.org

Suzanne Mitchell's Music Studio (501) 664-1613

UALR Community School of the Arts (501) 569-3480

<http://ualr.edu/communityschool>

Margaret E Wyatt Vocal & Piano Studio (501) 372-3372

Rock Climbing

Little Rock Climbing Center - indoor climbing gym (501) 227-9500
www.littlerockclimbingcenter.com

Sailing

Grande Maumelle Sailing Club (501) 868-5725
<http://www.gmsc.org/index.asp>

Scouting

Boy Scouts (501) 664-4780
<http://www.quapawbsa.org>

Girl Scouts (501) 758-1020
<http://girlscountsdiamonds.org>

Skating

Arkansas Skatium (501) 227-4333
<http://arkansasskatium.com>

Soccer

Little Rock Futbol Club (501) 603-9880

Westside Futbol Association (501) 227-8343
www.westsidefa.com

Arkansas State Soccer Association (501) 833-0550
<http://www.arkansassoccer.org>

Maumelle Soccer Club (501) 803-3999
<http://www.maumellesoccer.com>

Softball and T-Ball

Maumelle Sports Association (501) 851-6990
<http://www.maumellesoftball.com>

Junior Deputy Sheriffs (501) 372-7640

James Penick Boys & Girls Club (501) 666-8816
<http://lrbgc.dewdesigns.com>

Swimming

LR Arkansas Dolphins www.laserswimteam.com	(501) 225-5711 ext. 312
LR Racquet Club www.lrac.com/lrrcfc	(501) 225-5711
Jim Daily Fitness Center	(501) 664-6976
YMCA www.ymcalsr.org	(501) 227-8343

Tennis

Burns Park Tennis Center www.burnsparktennis.com	(501) 791-8585
LR Athletic Club www.lrac.com	(501) 225-3601
LR Racquet Club www.lrac.com/lrrcfc	(501) 225-5711
Otter Creek Club www.ottercreekonline.com	(501) 455-2500
Rebsamen Park Tennis Center	(501) 664-0736

Theater

Children's Theatre of Arkansas	(501) 372-4000
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Volunteer Teens at UAMS

www.uamshealth.com/volunteer/teenprograms	(501) 686-5657
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Summer Activities

Most summer activities are listed in the April issue of LR Family Magazine, the May issue of Kid's Directory, and at www.littlerockfamily.com/guide_camp.asp. Many of these programs require registration by March or April.

The **UAMS M*A*S*H** Program is a two-week Health Careers Enrichment Program for high school students in the Pulaski County School District who meet the application criteria. Biology is a prerequisite. Call (501) 686-5657 for more information. www.uamshealth.com/volunteer/teenprograms

The UAMS Summer Science Discovery Program (SSDP) is a non-profit science enrichment program for students 6 to 12 years old. The summer of 2011 will

add a third week of programming for teens (12-18 years old). SSDP is a collaborative outreach effort between UAMS and the Museum of Discovery. The SSDP program is designed to entice and encourage students to study math and sciences in high school and college through hands-on activities, small group presentations and team-building exercises. Contact Kim Blann-Anderson, program director for the Center of Diversity Affairs at (501) 526-7047. www.uams.edu/cda/recruitment/ssdp.asp

The UALR Community School of the Arts is a summer program for kids of all ages and encompasses a broad range of interests. For more information, visit www.ualr.edu/communityschool

Arkansas Arts Center –
Summer Classes - arkarts.com

(501) 372-4000

Central Arkansas Library System-Summer Reading Program
www.cals.lib.ar.us/events/summer-reading-club.php (501) 918-3000

Little Rock Zoo-Summer Zoofari Classes-
www.littlerockzoo.com/zoofariclasses (501) 661-7224

Arkansas Audubon Society (501) 821-4097
Halberg Ecology Camp - <http://www.arbirds.org>

Summer at the Academy – Full-time care, Day Camps, Sports Camps,
Enrichment Learning - <http://www.pulaskiacademy.org>

Little Rock Athletic Club – Full-time care - http://www.lrac.com/lrac/youth_camps.shtml

Pulaski Heights Methodist Church – Full-time care -
<http://phumc.com/children/>

Adventureland Academy – Full-time care, Summer Camps -
www.Adventurelandacademy.com

Holy Souls Catholic Church – Full-time care -
<http://www.arcathsch.org/hsl/>

Episcopal Collegiate School Summer Programs –Fine Arts Workshops,
Baking Classes, ACT and SAT prep, Sports Camps, Enrichment Learning
- **www.episcopalcollegiate.com**

Anthony School – AfterCare Program, Enrichment Learning -
www.anthonyschool.org

Little Rock Christian Academy – Summer Sports Camps -
www.littlerockchristian.com

University of Central Arkansas – Sports Camps - **www.uca.edu**

Little Rock Racquet Club – Day Camps, Sports Camps –
www.lrac.com/lrrcfc/

University of Arkansas at Little Rock – Individual Music/Art Instruction,
Arts Program (language, visual arts, performing arts, musical
instruments) - **www.ualr.edu**

CC's Art Shop – Art Classes - (501) 681-3708
cici@ciciartshop.com

Lake Nixon – Outdoor Day Camps - **www.lakenixon.com**

Arkansas 4-H Center – Outdoor Day Camps - **[www.kidsarus.org/go4it/
Opportunities/ArkOutdoorSchool/day_camp.htm](http://www.kidsarus.org/go4it/Opportunities/ArkOutdoorSchool/day_camp.htm)**

Pinnacle Mountain State Park – (501) 868-5806
Adventure Overnight Camps
www.Arkansasstateparks.com

Ferncliff Camp – Overnight Christian Camps - **www.ferncliff.org**

Camp Tanako – Overnight Christian Camps - (501) 262-2600
www.tanako.org

Camp Mitchell – Overnight Christian Camps - **www.campmitchell.org**

Victory Ranch – Overnight Christian Camps - (731) 659-2880
www.victoryranch.org

Arkansas Children's Hospital Center for Effective Parenting

This center offers the following classes: Parenting for Expectant Parents, Effective Parenting, Toddlers and Preschoolers, The 6-12-Year-Old Child, The Chronically Ill Child, Divorced Parenting, Anger Management, Stress Management, Preparing Students for School Pre K-12 and Parent Leadership Development in Education. www.archildrens.org/Patients-and-Families/Patient-Education-and-Resources/Center-for-Effective-Parenting.aspx

Nicholas Long, Director
800 Marshall St., Slot 512-4,
Little Rock, AR 72202

Contact **Pam Kahler** at **(501) 364-6911** for more information
To reach a parent educator, call **(501)364-3692**

A fantastic web site for parenting resources: www.parenting-ed.org



Interesting Facts about Arkansas

- Arkansas is the only diamond-producing state in the nation and has the world's only diamond mine open to the public. **www.craterofdiamondsstatepark.com**
- There are 47 hot springs in Hot Springs National Park where the waters flow at about 143 degrees. The Indians referred to this land as the Valley of Peace.
- Little Rock's Memorial Day Riverfest is one of the top 100 events in North America.
- In 1931, Hattie Caraway, of Jonesboro, became the first woman ever elected to the U.S. Senate.
- The city of Hope is famous for world class sized watermelons.
- The 5 year old Little Rock Film Festival is held the first week of June in the River Market area. Showcasing the best in narrative, documentary, and short films from around the world, the LRFF host parties, panels, workshops, and youth programs for aspiring filmmakers. Every film in competition makes its Arkansas premiere there, and many are regional, national or world premiers! (<http://www.littlerockfilmfestival.org/>)
- Arkansas contains over 600,000 acres of lakes and 9,700 miles of streams and rivers. The Ozark National Forest covers more than one million acres.
- The Buffalo River is one of the few remaining unpolluted, free-flowing rivers in the lower 48 states with both swift-running and placid stretches.
- Geologists claim that Arkansas and Brazil have the best quality quartz in the world. Rockhounds, families and tourists from around the world head for Hot Springs and the Mt. Ida area to prospect for Quartz Crystals.
- Blues music, which comes from the Delta regions of Arkansas and Mississippi, is one of the most influential forms of American song during the 20th century. It is largely responsible for shaping much of America's popular music, including contemporary rock, jazz, rap, and pop. While people of many backgrounds have contributed to the development of blues music, most historians agree

that its origins are found in the struggles by African-Americans for freedom during slavery and the forced segregation of the 1800s and 1900s. For more information, visit the Delta Cultural Center (**www.deltaculturalcenter.com**) in Helena, Arkansas.

- Arkansas has a wine making area between Little Rock and Fort Smith. The pioneers of the wine industry came in the late 19th century from Switzerland. Paris, AR is home to the Arkansas Historic Wine Museum.
- Fishing is one of the most popular sports in Arkansas. With more than 600,000 acres of recreational waters and 9,700 miles of rivers and streams, it is easy to see why. The world record German Brown Trout (40 lbs. 4 oz.) was set in May, 1992 on the Little Red River in Heber Springs. The previous world record (38 lbs 9 oz.) was caught on the

North Fork of the White River in 1988. Hot Springs' Lake Hamilton hosts the Wal-Mart \$1million Bass Fishing League Tournament in May.

- In 2011, Crystal Bridges, a premier national art institution dedicated to American art and artists will open in Bentonville, AR. The majority of the exhibit space will be devoted to American masterworks from the Colonial era to the 20th century.
- The Arkansas Studies Institute, located in the River Market area, is the state's most comprehensive free-standing facility dedicated to the study of Arkansas. Here, students, scholars, and tourists gather to learn more about the people, places, and events that shaped the past and guide the future of our state.

For more interesting facts about Arkansas history, visit **www.anythingarkansas.com/arkapedia**.

Weekend Destinations

Memphis, Tennessee

Memphis, “the home of the blues and birthplace of rock and roll”, is a perfect weekend getaway from Little Rock as it is only a 2 hour drive away. Memphis offers many attractions from Graceland (home of Elvis Presley) to the ‘Memphis in May’ festival which entails several live, “big name” musical shows as well as an international BBQ cooking contest. Memphis also has an NBA basketball team and the National Civil Rights Museum.

Selected attractions:

- Memphis in May festival
- Rendezvous “world famous” BBQ restaurant
- Graceland – Home of Elvis Presley
- Beale street – Blues Home
- National Civil Rights Museum
- Memphis Grizzlies - NBA basketball team
- Memphis Motor Sports Park - NASCAR Racing
- Memphis River Kings - Hockey Team
- Tunica, Mississippi – 30 minute drive (casinos and gambling)

St. Louis, Missouri - The Gateway City

This site includes everything you need to plan a great getaway

including information on hotels, dining, attractions and shopping: www.explorestlouis.com/visitors/stay.asp

Dallas, Texas (319 miles from Little Rock)

Dallas, “the Big D”, is a great weekend getaway, approximately a 4 hr. 45 minute drive away from Little Rock. The Dallas metroplex offers a thriving culinary scene, world-class art exhibits, very cool shopping (KIEA), outlet malls, and many family attractions (Six Flags over Texas), professional sporting teams, and great live music.

Selected attractions:

- Professional sports: Dallas Cowboys, Dallas Mavericks, Texas Rangers, Dallas Stars, Dallas Burn
- Galleria (ice skating rink in center)
- Outlet malls within the metroplex: Grapevine Mills, Allen outlet mall
- Dallas Arboretum
- Dallas Museum of Art
- JFK Museum
- Dallas world aquarium
- Byron Nelson Golf tournament
- Shakespeare after dark (during summer months)
- Family entertainment within the metroplex: Six Flags over Texas, Palace of Wax, Ripley’s

Believe it or not, Medieval Times, Hurricane Harbor (water park)

Arkansas State Park Weekend Getaways

Mt. Magazine State Park
<http://www.mountmagazinestatepark.com/>

DeGray Lake Resort State Park -
www.degray.com/

Petit Jean State Park -
www.petitjeanstatepark.com/

Crater of Diamonds State Park -
www.craterofdiamondsstatepark.com/

Lake Catherine State Park -
www.arkansasstateparks.com/lakecatherine/

Mount Nebo State Park -
www.arkansasstateparks.com/mountnebo/

Additional Weekend Destinations

Eureka Springs, Arkansas - ARTS & CULTURE HERITAGE
As one of the top arts and culture destinations in the nation, Eureka Springs celebrates its artisan community. From oil on canvas paintings to hand-blown glass to exquisite jewelry to magnificent sculpture, our artists offer the

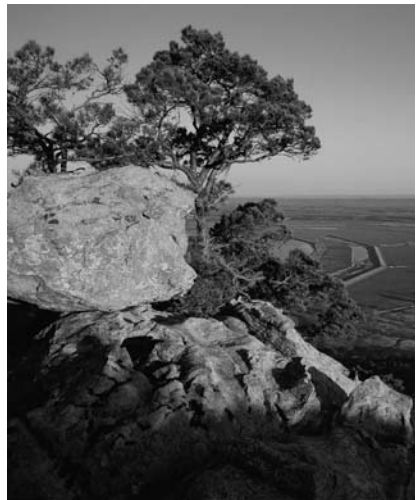
very best examples of “fine” art. The May Festival of the Arts showcases art in all its form with events and activities, gallery walks, music and special exhibits every day in May.

<http://www.eurekasprings.org/>

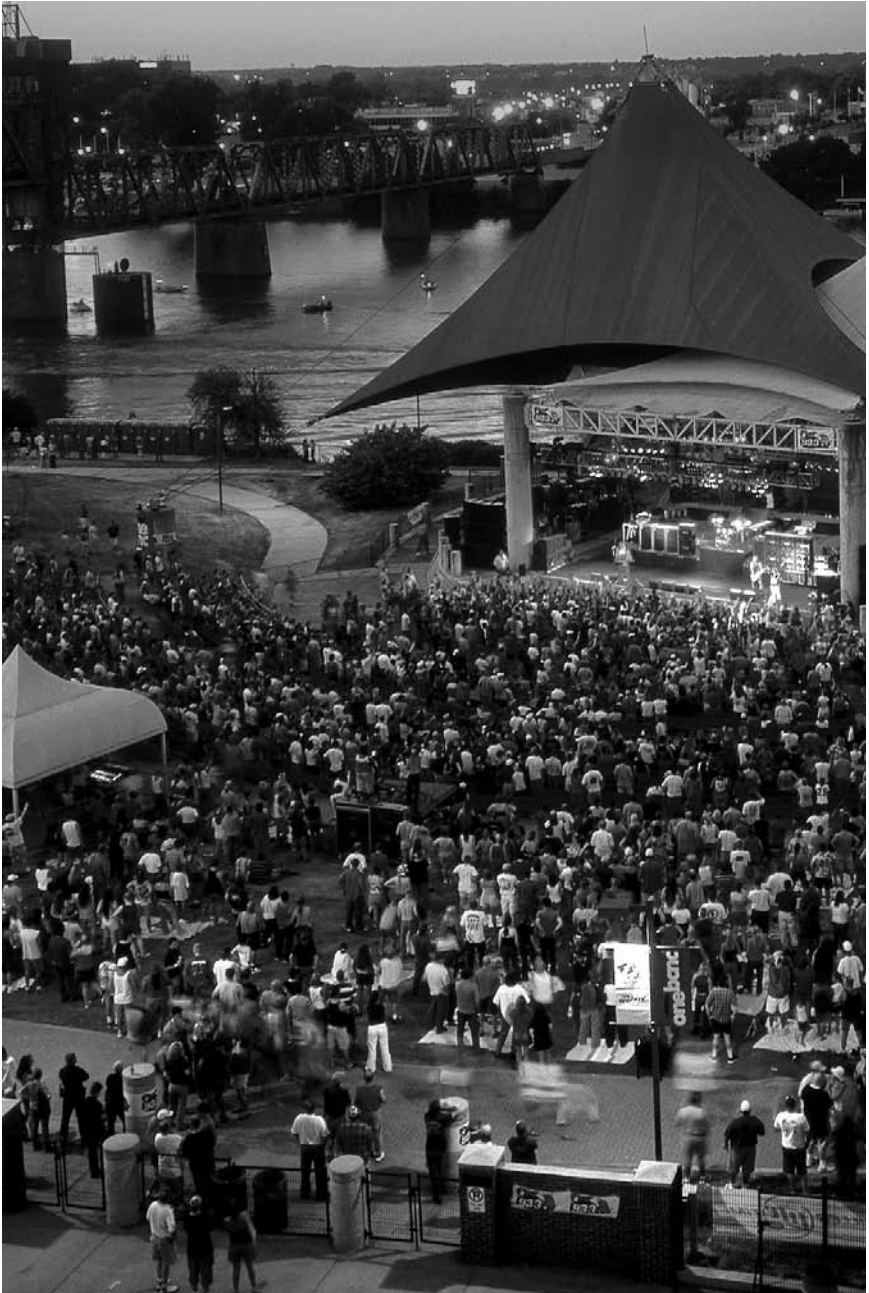
Jasper, Arkansas – Dude Ranch - Horseshoe Canyon Ranch
Trail rides, rock climbing, Frisbee golf, and children’s programs.
1-800-480-9635 **www.gohcr.com**
or **www.arkansas.com/places-to-stay/dude-ranches/**

Greenwood, Mississippi (202 miles from Little Rock)
The Alluvian Hotel and Spa/
Viking Cooking School
www.thealluvian.com

Shopping, sailing, climbing, hand-gliding, swimming, hiking, fishing – Arkansas has it all. Enjoy!!



Sports, Health/Fitness, Culture, Festivals and Dancing



Health/Fitness

UAMS Fitness Center

UAMS has a state-of-the-art fitness center for faculty, staff and students as part of the Get Healthy UAMS employee wellness program. Located on the eighth floor of the College of Public Health building, the center is open 24 hours a day, seven days a week, through key card access. Membership fees are based on employee salary on a sliding scale. Membership includes a Cardio Theater with five big flat screens, Stairmasters, treadmills, elliptical trainers, recumbent and upright bicycles, group fitness classes, water wellness classes, locker rooms with showers, and programs for nutrition and diet.

For information and enrollment application, call Ashley Vaden, membership coordinator, at (501) 526-2222 or visit the Web at www.uams.edu/gethealthy

UAMS Therapy and Fitness Program

Kellie Coleman – 526-5770

The UAMS Therapy and Fitness Program is available to UAMS employees at a discounted price of \$25 per month for membership.

UAMS Therapy and Fitness Membership includes:

- Water Wellness Program at the Jackson T. Stephens Spine and Neurosciences Institute
- Ottenheimer Fitness Center at the Reynolds Institute on Aging from 7:30 a.m. – 6:00 p.m. Mon – Thurs.

Ottenheimer Rehabilitation and Fitness Center

The Ottenheimer Fitness Center in the Donald W. Reynolds Institute on Aging is available to people who want to use the center's exercise equipment for a small



monthly fee. Members have access to a spacious room with a variety of exercise equipment and programs including Keiser weight machines, cardiovascular equipment, educational programs and special exercise classes such as Yoga and Tai Chi. www.uamshealth.com/fitnesscenter

**Jackson T. Stephens Spine and Neurosciences Institute
Water Wellness program**

The Stephens Institute pool was designed for vertical aquatic training, has a ramp for handicap accessibility and sports a unique walking track in waist deep water with handrails. There is also a whirlpool room next to the pool. For updated schedule and rates: <http://www.uamshealth.com/waterwellness>

UAMS Employee Rate Specials

UAMS Fitness Center

(501) 526-2222

• New rates are:

Salary	Monthly Deduction
Up to \$30,000	\$15.00/month
\$30,001 and above	\$30.00/month
Companion Rate	\$15.00/month
Students	\$15.00/month

Jim Daily Fitness Center

(501) 664-6976

www.littlerock.org/parksrecreation/warmemorial

Students (Medical and Non-Medical) ****May only pay one month at a time****

Single	\$29.75
Hh2	\$39.75
Hh3-5	\$41.90

Note: Only 2 Persons On This Membership Can Be Over Age 18. There Is An additional \$25.00 Fee For All extra Adults Over The Age Of 18. five (5) Is The Maximum Number Of persons That Can Be On This membership.

UAMS Employees - **Must Pay The Annual Rate**

Single	\$340.00
Hh2	\$480.00
Hh3-5	\$510.00

Note: Only 2 Persons On This Membership Can Be Over Age 18. There Is An Additional \$244.00 Fee For All Adults Over Age 18.

ACH Fitness Center - East Campus (501) 364-3656

Individual	\$29.25/month
Couple	\$44/month
Family	\$55/month

Other Little Rock Health Clubs

Downtown Athletic Club	(501) 374-1005
Little Rock Athletic Club	(501) 225-3600
Little Rock Racquet Club	(501) 225-5711
Jazzercise	(501) 588-8124
NLR Athletic Club	(501) 812-5555
YMCA	(501) 227-8343
Jim Dailey Fitness & Aquatic Center	(501) 664-6976

Yoga

Barefoot Studio	(501) 661-8005
Yoga Studio of LR	(501) 372-1780

eDocAmerica

eDocAmerica is available to all UAMS employees enrolled in our medical plan. The main feature of eDocAmerica is free access to a doctor via the Internet. You and your family may ask medical questions about any topic, and you will receive a response from a highly qualified physician, along

with Web sites for additional information, within 24 hours. To access DocAmerica log in as member of QualChoice at www.qualchoice.com, then click on QCARE. Visit the Web site at **www.edocamerica.com** and log in. Click on the link, "Medical Learning Center."

Dining

When deciding where to eat tonight, check out one of the great dining guides offered by the Arkansas Newcomer's Guide or the Arkansas Democrat Gazette

(Weekend section each Friday) or visit the Arkansas Times online at www.arktimes.com/arkansas/dining/Section?oid=861839 or go to www.littlerock.com/dining.

Sports

For a great directory to all sports activities in Arkansas, go to www.directoryarkansas.com/recreation_sports

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|---|----------------|
| Arkansas Travelers Baseball
www.travs.com | (501) 664-1555 |
| Arkansas Twisters (Arena Football) | (501) 975-5425 |
| Arkansas Razorbacks (University of Arkansas Sports)
www.hogwired.com | (800) 982-4647 |
| Central Arkansas Roller Derby
www.cearderby.com | |
| University of Arkansas at Little Rock Sports
www.ualrtrojans.com | (501) 569-3393 |
| Oaklawn Park (Horse Racing)
www.oaklawn.com | (800) 625-5296 |
| Southland Greyhound Park (Dog Racing)
www.southlandgreyhound.com | (800) 467-6182 |
| The Little Rock Kickball Association
www.lrkickball.com | (501) 563-1244 |

Shopping

Target (501) 801-3412
420 S University Ave,
Little Rock, AR 72205

Park Plaza Mall
www.parkplazamall.com (501) 664-4956

Hillcrest
http://hillcrestmerchants.com/ (501) 666-3600

Downtown North Little Rock
www.argentamarket.com/- (501) 379-9980

Downtown Little Rock
www.rivermarket.info/ - (501) 375-2552

Pleasant Ridge, W. Cantrell
www.schickels.com/ (501) 580-7807

Shopping Directory
www.onlinelittlerock.com/shopping.html

McCain Mall
North Little Rock (501) 758-6317

Midtowne Mall
Markham St. & University Ave.
www.midtownelittlerock.com

The Promenade at Chenal (501) 821-5552
www.chenalshopping.com

Shackleford Crossing Shopping Mall (501) 225-7100
2618 S. Shackleford Rd, Little Rock



Adult Dancing

Arkansas Studio of Middle Eastern
Dance and Performance (501) 455-1229
www.miranadanceco.com

Arthur Murray Dance Studio (501) 753-1050
Ballroom, Social, Latin, C & W, Tango, Salsa
www.dancelessonsittlerock.com/

Jose's Night Club (501) 960-1334
Latino
308 S. Broadway, Little Rock

The Afterthought (501) 663-1196
Dancing and Jazz
2721 Kavanaugh, Little Rock

The Ballroom Company (501) 663-7724
Ballroom, Latin, Swing, Tango, Wedding Dances
All ages, couples or singles
7509 Cantrell Rd, Ste 110

The Electric Cowboy (501) 526-6000
Country Dancing
9515 Interstate I-30, Little Rock
www.electriccowboy.com/littlerock/

UAMS/ACH Monday Night Dancing Classes at ACH Fitness Center -
Beginner - 6-6:45pm, Intermediate - 6:45-7:30pm \$7 Each Class

Cultural Attractions

Arkansas Arts Center www.arkarts.com	(501) 372-4000
Arkansas Chamber Singers www.ar-chambersingers.org	(501) 377-1121
Arkansas Repertory Theatre www.therep.org	(501) 378-0405
Arkansas Symphony Orchestra www.arkansassymphony.org	(501) 666-1761
Chamber Music Society of Little Rock www.chambermusiclr.com	(501) 686-6498
Celebrity Attractions www.celebrityattractions.com	(501) 244-8800
Community Theater of Little Rock www.cclr-act.org	(501) 419-2283
Little Rock Wind Symphony www.lrwindsymphony.org	(501) 666-0777
Little Rock Chamber Music www.chambermusiclr.com	(501) 773-3603
Murry's Dinner Playhouse www.murrysdinnerplayhouse.com	(501) 562-3131
Weekend Theater www.weekendtheater.org	(501) 374-3761
Wildwood Park for the Performing Arts www.wildwoodpark.org	(501) 821-7275
UALR Artsprece www.ualr.edu/artsprece	(501) 569-3294

Outdoor Attractions

Arkansas has much to offer for outdoor enthusiasts from golf, bird watching, floating, fishing and rock climbing to searching for diamonds. Visit www.arkansas.com/outdoors and www.littlerock.com/sight-seeing/ to discover the possibilities!

Note: Like most states, Arkansas has specific seasons and

requirements for game hunting and fishing. Before doing either, contact the Arkansas Game and Fish Commission at **(501) 223-6300** or visit www.agfc.com. For more information on all other activities, contact the Arkansas Department of Parks and Tourism at **(501) 682-7777** or visit www.arkansas.com.

Places to Visit - Things to do

Link to what is happening in a week or month in Little Rock:

<http://www.littlerock.com/calendar>

ARGENTA Certified Arkansas Farmers Market - (501) 379-9980
Local, organic market - www.argentamarket.com

Arkansas Artists Gallery and Showcase - (501) 537-4559
Central Arkansas Library System, Little Rock
www.butlercenter.org/art/overview.html

Arkansas Arts Center at MacArthur Park - (501) 372-4000
Little Rock - www.arkarts.com

Arkansas Inland Maritime Museum - (501) 371-8320
North Little Rock - www.aimm.museum

Arkansas History Commission (501) 682-6900
www.ark-ives.com

Arkansas River Trails (501) 660-4207
Roll and stroll from Little Rock
to Pinnacle Mountain - www.rivertrail.org

Arkansas State Capitol - Little Rock (501) 682-5080
www.sos.arkansas.gov/stateCapitolInfo/Pages/stateCapitolTour.aspx

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- Audubon Nature Center – 4500 Springer Blvd. (501) 244-2229
Little Rock, AR. 2,000 acres offer a rich, diverse “lab” for people to
learn about conservation, restoration ,wildlife, and plants
<http://ar.audubon.org>
- Blanchard Springs Caverns - Blanchard Springs (479) 964-7200
www.fs.fed.us/oonf/ozark/recreation/caverns.html under
Recreation>Outdoor Learning>Visitor Programs>Blanchard Springs
Caverns Recreation Area
- Buffalo National River National Park Service (870) 439-2502
www.nps.gov/buff
- Burns Park - North Little Rock (501) 791-8538
<http://www.northlittlerock.org/burns-park-north-little-rock.aspx>
Ballparks, soccer, golf, amusement park, baseball courts, equestrian
trails, hiking trails, handicapped accessible fishing pier; camping
area, tennis and dog park.
- Burns Park Funland (501) 753-7307
<http://www.nlrpr.org/parks/funland.php>
- Central Arkansas Library System - (501) 918-3000
1 main and 11 branches - www.cals.lib.ar.us
For a book club list: **www.cals.lib.ar.us/events/book-clubs.html**
- Central High Museum and Visitor Center - (501) 374-1957
Little Rock - **www.centralhigh57.org/visitors.htm**
- Clinton Presidential Center - Little Rock (501)374-4242
Clinton Presidential Library and Museum, the University of Arkansas
Clinton School of Public Service, the Little Rock offices of the
Clinton Foundation, Clinton Museum Store, Forty Two Restaurant
www.clintonpresidentialcenter.org
- Crater of Diamonds State Park - Murfreesboro (870) 285-3113
www.craterofdiamondsstatepark.com
- EMOBA: The Museum of Black Arkansans - (501) 661-9903
Little Rock - **www.onlinelittlerock.com/emoba.htm**
- Eureka Springs Historic District - Eureka Springs (866) 566-9387
www.eurekasprings.org
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First Thursday in Hillcrest - Shop and Sip along Kavanaugh Blvd. - www.hillcrestmerchants.net/calendar.html	(501) 666-3600
Garvan Woodland Gardens - Hot Springs - www.garvangardens.org	(800) 366-4664
Greers Ferry Lake - Heber Springs www.swl.usace.army.mil/parks/greersferry	(501) 362-2416
Heifer International Village Tours and Lifelong Learning opportunities - www.heifer.org	(800) 422-0474
Historic Arkansas Museum - Little Rock www.historicarkansas.org/	(501) 324-9351
Hot Springs National Park - Hot Springs www.nps.gov/hosp	(501) 624-2701
Lake Maumelle - Maumelle (10 miles west of Little Rock) - fishing, sailing, no swimming www.fishing-arkansas.com/byregion/central.aspx	(501) 371-4510
River Market - Downtown Little Rock Farmers Market - www.rivermarket.info	(501) 375-2552
Little Rock Zoo - Boo at the Zoo www.littlerockzoo.com	(501) 666-2406
Magic Springs & Crystal Falls (amusement park and water park) - Hot Springs - www.magicsprings.com	(501) 624-0100
Mount Holly Cemetery – “Westminster Abbey of Arkansas” (Guided Tour) - www.quapaw.com/mtholly.htm	(501) 376-1843
Mount Magazine - Paris - Highest Mountain in the State - www.mountmagazinestatepark.com	(877) 665-6343
Museum of Discovery - Little Rock River Market District - www.amod.org	(501) 396-7050
Murray Park by the Arkansas River Dog park, pavilions, soccer fields, playground (handicapped accessible), boat dock and fishing tournaments www.littlerock.org/ParksRecreation/parks/	(501) 371-4770
Oaklawn Park Horse Racing - Hot Springs www.oaklawn.com	(800) 625-5296

Old Mill - North Little Rock (Seen in “Gone with the Wind”) - http://northlr.org/visitor/old-mill.asp	(501) 758-1424
Old State House Museum Former Territorial Capitol, Medical School - Little Rock www.oldstatehouse.com	(501) 324-9685
Ozark Folk Center State Park - Mountain View www.ozarkfolkcenter.com	(800) 264-3655
Peabody Ducks, Peabody Hotel - Little Rock www.peabodylittlerock.com Peabody Ducks - http://www.peabodylittlerock.com/peabody-ducks/	(501) 906-4000
Petit Jean State Park - Morrilton/Oppelo www.petitjeanstatepark.com	(501) 727-5441
Pinnacle Mountain State Park - Roland www.arkansasstateparks.com/pinnaclemountain	(501) 868-5806
Quapaw Quarter - Historic Downtown Little Rock www.quapaw.com	(501) 371-0075
Queen Wilhelmina State Park - Mena www.queenwilhelmina.com	(800) 264-2477
Riverfront Parks - Little Rock - http://www.littlerock.org/ParksRecreation/parks/	(501) 371-4770
Scott Plantation Agriculture Museum - Scott www.arkansasstateparks.com/plantationagriculturemuseum/	(501) 961-1409
Toltec Mounds Archeological State Park - Scott www.arkansasstateparks.com/toltecmounds	(501) 961-9442
War Eagle Mill - Rogers, AR www.wareaglemill.com	(479) 789-5343
Wild River Country - Little Rock (water park) www.wildrivercountry.com	(501) 753-8600
Witt Stephens Jr. Central Arkansas Nature Center - River market District, Little Rock www.centralarkansasnaturecenter.com/	(501) 907-0636

Seasonal Events

This is an incomplete listing of a variety of seasonal events in Arkansas. Visit two Web sites for events by week and month: www.arkansas.com/calendar or <http://littlerock.com/calendar/>

JANUARY

Martin Luther King Jr. Holiday Events - (501) 683-1300
Little Rock - <http://www.arkingdream.org/>

Eagle Awareness Days at Petit Jean State Park (501) 727-5441
(Jan 14, 2012 – Jan 15, 2012) - www.petitjeanstatepark.com

Eagle Watch - many parks offer tours and viewing events
<http://www.arkansas.com/calendar/>
search Eagle Watch with Advanced Search

Oaklawn Live Thoroughbred Racing – from Jan. 13, 2012 - May
(Dates change yearly)
Oaklawn Jockey Club - Hot Springs
www.oaklawn.com

Advance Auto Parts Jam (Jan. 27-28, 2012) (800) 745-3000

FEBRUARY

Black History Month

Hikes, Hearts, and Hugs - Petit Jean State Park
(Feb. 11, 2012 – Feb. 12, 2012)
www.arkansasstateparks.com/events/hikes-hearts-and-hugs-weekend-66345/

Annual Toys Designed by Artists - Arkansas Arts Center
www.arkarts.com

Daffodil Days, Garvan Woodland Gardens - Hot Springs
www.daffodilfestivals.com/insidetemp.php?festid=1287

MARCH

Arkansas March Flower and Garden Show (501) 821-4000
Verizon Arena, North Little Rock - www.arflowerandgardenshow.org

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- St. Patrick's Day Festival and Parade - Little Rock (501) 868-6416
River Market District - <http://www.irisharkansas.org/>
- Little Rock Marathon (501) 371-4770
<http://www.littlerockmarathon.com/EventsRaceInfo/>
- Wye Mountain Daffodil Festival (501) 330-2268
- Ozark Foothills FilmFest - Heber Springs (870) 251-1189
www.ozarkfoothillsfilmfest.org/schedule.html

APRIL

- Arkansas Literary Festival (501) 918-3098
www.arkansasliteraryfestival.org
- Arkansas Travelers Baseball Season begins (501) 664-1555
North Little Rock
Dickey-Stephens Park - www.travs.com
- Arkansas Youth Home Eggshibition - Special event in Little Rock to
support Youth Home's Kids
www.youthhome.org
- Blues on the River Arkansas (501) 401-0200
www.power923.com
- Mardi Gras – Fayetteville (479) 236-4794
www.fayettevillemardigras.com/
- River Market Farmers Market - (501) 375-2552
River Market Pavillion
http://www.rivermarket.info/farmers_market.aspx
- Spring Canoe Float - Pinnacle Mountain State Park - (501) 868-5806
Little Rock

MAY

- Jewish Food Festival, Little Rock River Market
www.jewisharkansas.org/content/events/food_fest.asp

Mother's Day Cruise - Pinnacle Mountain State Park (501) 868-5806
www.arkansasstateparks.com/pinnaclemountain

Big Downtown Thursdays begins - (501) 375-2552
River Market - Little Rock

Cinco de Mayo, River Market - Little Rock (870) 820-1820
www.cincodemayo-arkansas.com/

Greek Food Festival - Little Rock
www.greekfoodfest.com

Riverfest - Little Rock River Market (501) 255-3378
www.riverfestarkansas.com

Arkansas Heritage Month (501) 324-9150
http://www.arkansasheritage.com/heritage_month/

Quapaw Quarter Spring Tour of Homes - Little Rock (501) 371-0075
historic homes in downtown Little Rock
www.quapaw.com

Sunset River Cruises - Pinnacle Mountain State Park (501) 868-5806

JUNE

Annual Johnson County Peach Festival - Clarksville - (479) 754-9152
<http://jocopeachfestival.8m.com>

Father's Day Cruise - Pinnacle Mountain State Park (501) 868-5806
www.arkansasstateparks.com/events/fathers-day-lake-cruise-63948/

International Butterfly Festival - Mount Magazine (479) 963-2244
www.butterflyfestival.com

Hot Springs Music Festival - Hot Springs (501) 623-4763
www.hotmusic.org

Little Rock Film Festival -
littlerockfilmfestival.org/

Movies in the Park (June and July Wednesdays at sundown) - Little Rock
Amphitheater in River Market District
moviesintheparklr.net

JULY

- Pops on the River - Riverfront Park - Little Rock (501) 378-3807
<http://showtime.arkansasonline.com/pops/>
- Annual Opera in the Ozarks – Eureka Springs (479) 253-8595
opera.org/home.html
- Annual Altus Grape Festival - Altus (479)468-4684
www.altusgrapefest.com

AUGUST

- Hope Watermelon Festival - Hope (870) 777-3640
www.hopemelonfest.com
- Annual White River Carnival - Batesville (870) 793-2378
- Annual Bluegrass Eureka Springs Festival - Eureka Springs
www.eurekasprings.org

SEPTEMBER

- Annual State Champion Hot Air Balloon Races (870) 741-2659
Harrison - www.arkansasballoonfest.com
- Fall Equinox Celebration - (501) 961-9442
Toltec Mounds Archeological State Park - www.arkansasstateparks.com/events/fall-equinox-celebration-60937/
- Wild Cave Tour - Blanchard Springs Caverns (870) 757-2211
www.fs.fed.us/oonf/ozark/recreation/caverns.htm
Home>Special Places> Wild Cave Tour
- WorldFest - McArthur Park, Little Rock (501) 918-5210
www.rcdcworldfest.org/

OCTOBER

- Arkansas State Fair - State Fairgrounds - Little Rock (501) 372-8341
www.arkansasstatefair.com
- Boo at the Zoo - Little Rock Zoo (501) 666-2406
www.littlerockzoo.com
- Arkansas Blues and Heritage Festival - Helena (870) 572-5223
www.bluesandheritagefest.com/

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- Hot Springs Documentary Film Festival - (501) 321-4747
Hot Springs - www.hsdff.org/
- Komen Run for the Cure (501) 975-2502
www.komenarkansas.org/komen-race-for-the-cure/race-information/
- Oktoberfest - Little Rock at Christ Lutheran (501) 663-5212
- Little Rock Air Force Base Air Show (501) 987-3353
www.littlerockairshow.com/

NOVEMBER

- Holiday House Fund-Raiser - (501) 375-5557
Junior League of Little Rock
www.jllr.org/?nd=holiday_house
- Opus Ball – Arkansas Symphony Orchestra (501) 661-1761
www.opusball.org/

DECEMBER

- Christmas Parade
Little Rock - (501) 376-4781
North Little Rock - (501) 758-1424
- Festival of Trees - (501) 660-7612
Central Arkansas Radiation Therapy Institute - www.carti.com
- Ice Skating Rink - (501) 375-2552
Little Rock River Market
www.holidaysinlittlerock.com/content/skate.php
- Lighting of the Capitol Holiday Lights - Little Rock (501) 683-0057
www.sosweb.state.ar.us



Christmas Showcase Arts and Crafts - Statehouse Convention Center
<http://arkansascraftguild.org>

Enchanted Land of Lights and Legends - (870) 536-7600
Regional Park, Pine Bluff
www.pineblufffestival.org/home/

Social Opportunities and Networking

An incomplete but interesting list of miscellaneous examples of fun, organizations and clubs found in central Arkansas:

Arkansas Bar Association (Find a Lawyer)
www.arkbar.com

Arkansas Bicycle Club
www.arkansasbicycleclub.org

Arkansas Bow Hunters Association
www.arkansasbowhunters.org

Arkansas Canoe Club (501) 258-6077
www.arkansascanooclub.com

Arkansas Chapter of The Nature Conservancy - (501) 663-6699
Help protect the natural environment!
www.nature.org/wherewework/northamerica/states/arkansas/

Arkansas Country Dance Society (501) 982-1652
www.arkansascountrydance.org

Arkansas Extended Learning (AEL) (501)666-0759
AEL offers a variety of classes and opportunities to explore a new hobby or interest including wine tasting, gourmet cooking, dance & yoga, boot camps, kickboxing, golf clinics, photography, interior design, landscaping and gardening, sewing and needle crafts, language study, computer instruction, and children's art camps.
www.extendedlearning.org

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- Arkansas Fly Fishers
www.arkansasflyfishers.com/
- Arkansas Historical Association
www.uark.edu/depts/arkhist/home/
- Arkansas International Center
<http://ualr.edu/aic/aciv.htm>
- Arkansas Master Gardener Program
http://arhomeandgarden.org/mastergardener/who_are_mastergardeners.htm
- Arkansas Medical Society (501) 224-8967
www.arkmed.org
- Arkansas Orchid Society (501) 868-6666
(Meets 3rd Sunday of each month at Christ Episcopal Church - Sixth and Scott streets)
- Audubon Society of Central Arkansas (501) 821-4097
www.ascabird.org/
- Ballroom, Latin, and Swing Social Dance Association (501) 228-6121
www.blsdance.org
- Big Brothers and Big Sisters (501) 374-6661
www.bbbsca.org
- Boy Scouts of America (501) 664-4780
www.quapawbsa.org
- Central Arkansas Astronomical Society (501) 664-2662
www.caasastro.org
- Central Arkansas Recreational Peddlers
www.carpclub.com
- Girl Scouts of America (501) 758-1020
www.gsocar.org
- Habitat for Humanity (501) 379-1580
www.habitat.org

Hiking Clubs of Arkansas

www.hikingandbackpacking.com/arkansasclubs.html

League of United Latin American Citizens (501) 219-2460

(LULAC 750)

Charles Cervantes,

P.O. Box 55103, Little Rock, AR 72215

www.lulac.org

Little Rock Athletic City Leagues (501) 371-6855

Little Rock Dog Training Club (501) 562-3100

www.littlerockdogtrainingclub.com

Little Rock Duplicate Bridge (501) 666-9841

www.littlerockbridgeclub.org/

Little Rock Folk Club

www.lrfolkclub.org

Little Rock Road Runners (501) 663-0063

www.arkrrca.com/LRRRindex.php

Little Rock Rotary Club

www.littlerockrotary.org

Little Rock Science Fiction Society

www.lrsfs.org

Humane Society of Pulaski County (501) 227-6166

www.warmhearts.org

Parents without Partners (501) 568-4476

www.pwplittlerockar320.com

Sierra Club of Central Arkansas (501) 301-8280

<http://arkansas.sierraclub.org/CAG.html>

Check out Little Rock, Arkansas on Facebook

International Resources

Please call the Office of Faculty Affairs at **(501) 526-4685** if you need additional information from what is listed below.

If you want to meet people from your native country who live in Little Rock, contact the Arkansas Council for International Visitors, which is part of the University of Arkansas at Little Rock - . <http://arkciv.com/default.asp>. They can supply names of individuals and organized groups from your country. This organization can also connect you with a volunteer who would can give you a tour of Little Rock.

The Arkansas International Center
<http://ualr.edu/aic/aciv.htm>

UAMS Immigration Office: www.uams.edu/ohr/imm.asp

Ethnic Medical Information and Cross Cultural Health:
Integrating cultural information into clinical practice -
<http://ethnomed.org>

UAMS Medical Interpreters Program:
www.uams.edu/RegionalPrograms/MedicalInterpreter/

UAMS Diversity Manager
Carmelita Smith - (501) 603-1316
www.uams.edu/ohr/diverrsty

Markets - Food and Shopping

Asian

Asian Groceries 9100 Rodney Parham Road Little Rock, AR	(501) 221-9977
Oriental Food Store 408 W. Main St. Jacksonville, AR	(501) 982-9102
Sam's Oriental Store 3704 S. University Ave. Little Rock, AR 72204	(501) 562-2720

Vietnam Market (501) 565-4577
8521 Geyer Springs Road
Little Rock, AR 72209

European

Silvek's European Bakery (501) 661-9699
1900 Polk (inside Kroger in the Heights)
Little Rock, AR 72207

Indian

Indian Grocers (501) 227-8203
11121 N. Rodney Parham Road, Suite 3-4a
Little Rock, AR 72212

Hispanic

San Jose Grocery Store and Bakery (501) 565-4246
7411 Geyer Springs Rd.
Little Rock, AR 72209

Mercado San Jose Grocery Store & Bakery (501) 565-1725
8415 W. Markham St, Little Rock, 72205
7415 Geyer Springs Road, Little Rock, AR, 72209

La Potosina (501) 565-1238
5412 Baseline Road
Little Rock, AR 72209

La Regional (501) 570-4440
7414 Baseline Road
Little Rock, AR 72209

International

Ten Thousand Villages International Fair Trade Market
President Clinton Ave.
Little Rock, AR 72201

Fresh & Organic (local)

River Market Farmer's Market -

Located in Downtown Little Rock's River market, where you can find locally grown produce and fresh meats.

400 President Clinton Ave - Open every Tuesday and Saturday, late April thru October from 7 a.m. until 3 p.m.

UAMS Farmer's Market –

As part of the Farmer's Market now being hosted in the UAMS Cafeteria each Wednesday from 6:30-9:30 a.m., employees have access to an online Farmer's Market.

Starting at noon each Friday, visit <http://www.farm2worklocallygrown.net> and place orders for locally grown produce. The online order period each week is from 10 a.m. on Friday until 7 p.m. the following Monday. Those orders will be delivered during the Farmer's Market on Wednesday.

Hillcrest Farmers Market -

New this year, in front of the the Pulaski Heights Baptist Church (2200 Kavanaugh), you can find locally grown produce and meat. Get to know the farmers! From May through September, 7 a.m. until noon.

ARGENTA Certified Arkansas Farmers Market (501) 285- 5017
520 Main Street, North Little Rock
shuffieldfamilyfarm@gmail.com

Fresh Market

www.freshmarket.com

Whole Foods (501) 221-2331
10700 N Rodney Parham
Little Rock, AR

International Organizations

Baha’I

Baha’I Faith 1-800-228-6483
511 N. Pine St.
Little Rock, AR 72205
www.bci.org/littlerock

Buddhism

Ecumenical Buddhist Society of Little Rock (501) 663-1882
1015 Second St.
Little Rock, AR 72201
www.ebslr.org
e-mail: ebs@aristotle.net

Zen Center of Hot Springs (501) 767-6096
Hot Springs National Park
207 Ledgerock Road
Hot Springs, AR 71913
Contact: Howard Lee Kilby

Chinese

Little Rock Chinese Immanuel Baptist Church (501) 376-3071
501 N. Shackleford Road
www.lribcc.org
e-mail: contact@lribcc.org
or contact Vivian at pspann@swbell.net

Chinese Students Association at UALR
wh_wuhao@yahoo.com
www.ualr.edu/ualrcsa/main.htm

French

French Club of Little Rock Office (501) 257-5560
Contact: Robert Reis Cell (501) 960-3031
rjsr@uams.edu

Greek and Middle Eastern

Annunciation Greek Orthodox Church (501) 221-5300
www.orthodoxchurch.com

Greek Food Fest

1100 Napa Valley Drive
Little Rock, AR 72211
www.greekfoodfest.com

Hinduism

Sri Sathya Sai Baba Center of Little Rock (501) 954-9616
7 Trefny Court
Little Rock, AR 72211

Vedanta Society of Arkansas

10224 Nash Lane
Mabelvale, AR 72103
Vsalrorg@gmail.com
<http://www.vsalr.org/vsa/>

Hispanic

Hola! Arkansas (501) 771-5009
Arkansas Bilingual Newspaper
www.hola-arkansas.com

El Latino (Hispanic newspaper) (501) 374-0853
201 E. Markham St.
Little Rock, AR 72201
<http://www.ellatinoarkansas.com>

Inglesia deCristo en Levy - Jose Martinez (501) 753-4860
5124 Camp Robinson
North Little Rock, AR 72118

Inglesia deCristo en Mabelvale - Wayne Brewer (501) 455-2548
10820 Mabelvale West Road
Mabelvale, AR 72103

Saint Edward Catholic Church (501) 374-5767
Masses in Spanish
801 Sherman St.
Little Rock, AR 72202
<http://www.saintedwards.net/>

La Casa Outreach - Little Rock (501) 664-3500

Indian

Friends of India

Shashank Jain is the UAMS Rep.

P.O. Box 23115

Little Rock, AR 72221-3115

foilrar@gmail.com or www.foilr.org

Interfaith

Arkansas Interfaith

(501) 961-2626

2807 Bearskin Lake Road 806

Scott, AR 72142

Mosaic Church of Central Arkansas

(501) 562-3336

6420 Colonel Glenn Road

Little Rock AR 72204

www.mosaicchurch.net

International Radio Programs

KABF 88.3 FM

(501) 372-6119

For schedule - **www.kabf.org**

Islamic

Islamic Center for Human Excellence

(501) 372-1942

1717 Wright Ave.

Little Rock, AR

Islamic Center of Little Rock

(501) 565-4930

3224 Anna Street

Little Rock, AR 72205

Sr. Clara Muhammad School

(501) 374-1641

1219 W. Charles Bussey Ave.

Little Rock, AR 72206

The Huda Academy, Little Rock (K-6th)

(501) 565-3555

http://thehudaacademy.org/

Japanese

Japan-American Society of Arkansas (501) 569-3282
Arkansas International Center - UALR
2801 S. University Ave.
Little Rock, AR 72204
txsuzuki@ualr.edu or www.jasar.org

Judaism

Ati Day School
3700 N. Rodney Parham Road (501) 221-1614
Little Rock, AR 72212

Jewish Federation of Arkansas (501) 663-3571
1501 N. Pierce St.
Little Rock, AR 72205
<http://www.jewisharkansas.org>

Jewish War Veterans (Arkansas Division) (501) 663-3571
J.W.V. Post 436 QMSTR
1504 Kavanaugh Blvd.
Little Rock, AR 72205-4326

Lubavitch of Arkansas (501) 217-0053
11905 Fairview Rd.
Little Rock, AR 72227
<http://www.arjewishcenter.com/>

Synagogue Agudath Achim (501) 225-1683
7901 W. Fifth St.
Little Rock, AR
<http://www.lrsynagogue.org/>

Temple B' Nai Israel (501) 225-9700
3700 N. Rodney Parham Road
Little Rock, AR
<http://www.bnai-israel.us/>

Korean

Korean Disciple Church (501) 228-1077
600 Kirby Road
Little Rock, AR 72211

Korean First Baptist (501) 982-2782
323 West Main
Jacksonville, AR 72076

First Korean Presbyterian (501) 562-4959
4821 S. University Ave.
Little Rock, AR

Hope Korean United Methodist (501) 985-3180
9000 S. Hwy. 161
Jacksonville, AR 72076

Native American

Trail of Tears Association (800) 441-4513
1100 N. University, Suite 143 (501) 666-9032
Little Rock, AR 72207

Native American Radio
KABF 88.3 FM - Schedule: www.kabf.org

Nigerian

Arkansas Association of Nigerians
P.O. Box 1925
Little Rock, AR 72203
www.nigeriamasterweb.com/ArkNigAssoc.html

Philippine

Arkansas Philippine Association (501) 681-9441
P.O. Box 23063
Little Rock, AR 72211
Elsa Bayani (501) 758-8998

Turkish

Turkish Student Association at UALR 501-569-8137
Dr. Coskun Bayrak - cxbayrak@ualr.edu
Raindrop Turkish House 501-223-2151
1501 Market Street

Getting to Know UAMS



The University of Arkansas for Medical Sciences

The University of Arkansas for Medical Sciences (UAMS) is the state's only comprehensive academic health center, with five colleges, a graduate school, a 540,000-square-foot hospital and a statewide network of regional health centers.

UAMS was founded in 1879 as a proprietary medical school and is now a part of the University of Arkansas System. It has about 2,836 students in six academic units:

- College of Medicine: **www.uams.edu/com**
- College of Health Related Professions: **www.uams.edu/chrp/default.asp**
- College of Nursing: **www.nursing.uams.edu**
- College of Pharmacy: **www.uams.edu/cop**
- College of Public Health: **www.uams.edu/coph**
- Graduate School: **www.uams.edu/gradschool**

UAMS is one of the state's largest public employers with more than 10,000 employees. Based in Little Rock, UAMS Medical Center combines the resources of a state-of-the-art hospital and outpatient center with the clinics of the Winthrop

P. Rockefeller Cancer Institute, Harvey and Bernice Jones Eye Institute, Donald W. Reynolds Institute on Aging, Psychiatric Research Institute, Myeloma Institute for Research and Therapy, and Jackson T. Stephens Spine & Neurosciences Institute.

Because of its role in education and research, UAMS Medical Center provides many services not typically found at a community-based hospital. And because UAMS physicians are members of the faculty of the UAMS College of Medicine, they are on the forefront of new procedures and treatments. There are nearly 1,150 UAMS physicians who provide medical care to patients at UAMS, Arkansas Children's Hospital and the Central Arkansas Veterans Healthcare System.

UAMS opened a northwest Arkansas campus in Fayetteville in the fall of 2009 to increase enrollment and to address growing health care work force shortages. The campus includes students in the UAMS colleges of Medicine, Nursing, Pharmacy and Health Related Professions. It is led by Peter O. Kohler, M.D., vice chancellor for the northwest Arkansas region, working with

community leaders, hospital administrators and local health care providers.

UAMS receives only 9 percent of its funding from the state of Arkansas. The other 91 percent is raised through payments for clinical services, philanthropy, sponsored research support and tuition and fees. The majority of the 9 percent of funding UAMS received in its state appropriation was used to educate students.

The UAMS Area Health Education Centers (AHECs) are in Fayetteville, Fort Smith, El Dorado, Batesville/Mountain

Home, Jonesboro, Helena-West-West Helena, Pine Bluff, and Texarkana. They provide access to medical services for rural residents and education for health care students and professionals. This combination of service and education improves the health for rural Arkansans while also providing needed experience and training. The AHEC program was started in 1973 through the efforts of then Governor, Dale Bumpers, The Arkansas Legislature and the University of Arkansas for Medical Sciences (UAMS).



UAMS Affiliates

1. Arkansas Children's Hospital (ACH)

ACH is among the largest pediatric hospitals in the United States, with a facility that boasts an internationally renowned reputation for intensive treatments, unique procedures and forward-thinking research.

The Heart Center at Arkansas Children's Hospital is home to a pediatric heart transplant program that was named one of the 10 best in the nation by the U.S. Department of Health and Human Services in the vital areas of one-year survival rate and speed of transplant receipt. ACH is the only hospital in the state that performs pediatric heart transplants.

ACH offers a state-of-the-art, intensive-care transport system for bringing critically ill newborns and children from their referring hospitals. Angel One Transport consists of three ground ambulances, two twin-engine Sikorsky helicopters and a medically equipped fixed-wing aircraft. ACH is one of only a handful of centers in the United States that can perform mobile ECMO. ECMO is a treatment that uses mechanical devices to supply oxygenated blood to the body when it is incapable of performing the task. ACH is one of a select few USDA-funded human

nutrition research centers and houses one of only two pediatric nutrition centers in the United States. It is the only center in the nation that conducts research on the effects of early dietary intervention on the prevention of chronic illnesses. It is also one of only a few fully accredited pediatric sleep disorder centers in the United States.

ACH has a medical staff of approximately 500 and is the comprehensive clinical, research and teaching affiliate of UAMS. Through this partnership with UAMS, ACH is the site of pediatric training for medical and nursing students, postdoctoral residents and paramedical professionals. More than 13,500 patients are admitted each year. There are more than 48,000 visits to the Emergency Department and more than 258,000 outpatient visits made to the hospital's 70-plus specialty clinics annually. ACH ranked among FORTUNE's 100 Best Companies to Work For® over the past four consecutive years, most recently at No. 75. For more information, visit archildrens.org.

The Centers for Children in Lowell, AR is the latest addition to a network of 24 existing Arkansas pediatric clinics that are

part of a working collaboration between UAMS and ACH. This program is the first step in creating a statewide system of healthcare accessibility for children needing subspecialty and developmental care. The Center for Children in Lowell

currently offers 17 specialty pediatric clinics available to children in Northwest Arkansas, including Fayetteville, Springdale, Rogers and Bentonville. For more information, visit www.centersforchildren.org.



2. Central Arkansas Veterans Healthcare System (CAVHS)

The Central Arkansas Veterans Healthcare System (CAVHS), a flagship Department of Veterans Affairs (VA) healthcare provider, is one of the largest and busiest VA medical centers in the country. Its two hospitals, located in Little Rock and North Little Rock, anchor a broad spectrum of inpatient and outpatient healthcare services, ranging from disease prevention through primary care, to complex surgical procedures, to extended rehabilitative care. This System serves as a teaching facility for more than 1,500 students and residents enrolled in more than 65 educational programs; its principal affiliate

is the University of Arkansas for Medical Sciences. CAVHS is reaching out to veterans through its Community-Based Outpatient Clinics in Mountain Home, El Dorado, Hot Springs, and Mena, its Home Health Care Service Center in Hot Springs, and a VA Drop-In Day Treatment Center for homeless veterans in downtown Little Rock. Throughout its rich 84 year history, CAVHS has been widely recognized for excellence in education, research, and emergency preparedness, and -first and foremost- for a tradition of quality and caring for Arkansas veterans. For more information, visit <http://www.littlerock.va.gov/about/index.asp>



General Information

ID Badges and Parking Cards

ID badges are required and must be returned upon leaving UAMS. For access to secure areas, call or e-mail Michael Grimes, Security Division head, (UAMS Police Department) at (501) 686-7777.

Institution	ID Badge Information	Parking Cards
UAMS	Photos Mon. 3 p.m. - 4:30 Tues 7:30 – 8:30 a.m. Thurs. 8:30 a.m. - 9 a.m. ED II, B104/B142 Creative Services (501) 686-5570	Covered Open Reserved parking for critical need. For more rate information call (501) 364-5927 or go to the website: www.uams.edu/parking
ACH	Call Human Resources at (501) 364-1167	Call (501) 364-5927
VA	Call Human Services Monday or Thursday	Call Security Services at (501) 364-4353

UAMS Tools and Forms: **<http://intranet.uams.edu/tools.htm>**

UARK Federal Credit Union

Ground floor of the central hospital, (501) 686-6419
G112 (near the cafeteria)
Monday - Friday 8:30 a.m. - 4:30 p.m.
www.uarkfcu.com

UAMS Bookstore

200 Hooper Dr. (501) 686-6160
west of the College of Public Health (877) 266-5550
Sonja Sims, Director
Hours are Mon.-Fri., 8 a.m. to 4:30 p.m.
www.uamsbookstore.com

UAMS Department of Telecommunications

Holly Naramore, Director (501) 686-6420
Telecommunications provides service in the areas of telephones, cabling, and paging. Research products, request service, get telephone, Blackberry, and voice mail instructions from your desk.
www.uams.edu/telcom

UAMS Mail Room

Shorey Building, Ground Floor, Room G900 (501) 686-6122
Robert Starks, General Manager
www.uams.edu/mailcntr/UAMSMPC.html

To find mail slot numbers: www.uams.edu/mailcntr/Alpha-Table.Doc

The UAMS Mail Room sells stamps and takes personal mail. It handles and processes all incoming mail, prepares outgoing mail for the U.S. Postal Service, provides mail services within the campus, and supports the hospital and campus for all mailing needs.

Food Vendors on Campus

<http://intranet.uams.edu/food.htm>

Cafeteria Hospital, Ground Floor
6:30 to 10 a.m.; 10:45 a.m.-2:00 p.m.; 4:30-7:30 p.m.
Grill - 10:45 am to 7:30 pm

Gathering Place Café **Opens June 15, 2011**
first floor of the Cancer Institute's Walker Tower
7 a.m.-6 p.m. Monday-Friday
8 a.m.-1 p.m. Saturday and Sunday.
Featuring Starbucks Coffee

OPC Cart Outpatient Center, First Floor
8:00 am to 4:00 p.m.

Doc Java Central Building, First Floor (501) 603-1039
7:00 a.m. to 4 p.m. (Mon.-Fri.)

Boulevard Bread Co. College of Public Health, First Floor
7 a.m. to 3 p.m. (Mon.-Fri.)

Lobby Café UAMS Hospital Lobby
24 hour service

IOA/UAMS Café	Institute on Aging 7 a.m. to 2 p.m.	(501) 526-6441
Chocolatte Café	UAMS Bookstore 8:00am – 4:30 pm	(501) 686-6160
Gift Shops	Ward Tower	First Floor (501) 686-5519
	Cancer Ctr	First Floor (501) 686-5588
	ACH	Front Lobby (501) 364-1209
	VA	First Floor (501) 257-1000

UAMS Family Resource Center

- Open 9am – 4 pm Monday –Friday
- Open to patients and families (ages 16 and up)
- Computers, printers, Internet access, fax machine
- Information on dining, lodging and places to visit
- A quiet place to relax
- Books, puzzles, magazines and other distractions available

All services provided free of charge!

Located on the first floor of the hospital near the B elevators
 501-526-4225
 501-686-8833 (fax)

For hospital and clinical information, campus telephone numbers, campus maps, billing questions, patient education, UAMS Online and more, go to the intranet at **www.uamshealth.com** or call (501) 686-7000.

Office of Communications & Marketing

Pat Torvestad,
Vice Chancellor
Leslie Taylor,
Associate Vice Chancellor
Tim Irby,
Assistant Vice Chancellor

This office is responsible for all use of the UAMS name, with few exceptions. It works with faculty and staff of all colleges, departments and divisions to develop and coordinate all communications (printed brochures, fliers, advertisements, etc.).

The office also coordinates all contact with and from the media, manages the UAMS Web site (www.uams.edu and www.uamshealth.com), and purchases all UAMS advertising and marketing to the public and referring physicians.

Faculty should refer all calls and requests from the media to (501) 686-8998 or to leslie@uams.edu. For more information on communications contact Leslie Taylor at (501) 686-8998.

Creative Services

Education Building II Basement
Level - (501) 686-5570
www.creativeservices.uams.edu

UAMS Creative Services is your resource for all your communications needs and offers the following services:

Graphic Design – magazines, classroom materials, announcements, invitations, brochures, booklets, business cards, stationery, certificates, forms, newsletters, special reports and presentations.

Photographic Services – medical photography, event photography, commercial photography, executive portraiture and public relations photography.

Printing Services – booklets, brochures, forms, newsletters, stationery, business cards, catalogs and high-speed digital printing.

Video and Audio Services – classroom and event videography, audio narration and recording, videos, interactive multimedia production, CD and DVD duplication and video tape format conversion.

Web Design – design, construction and maintenance of Web sites, Flash animation, database design and programming. Contact the Web Center, (501) 686-8817.

Media Productions – PowerPoint presentations; writing, editing and

proofreading; trade show display design, production and rental.

Document Management – high-speed scanning to PDF or Word formats.

Libraries

UAMS Library

Education Building II

Mary Ryan, M.L.S., M.P.H., Director

www.library.uams.edu

Circulation (501) 686-5980

Check-out, copy cards copiers, laptop checkout

Reference Desk (501) 686-6734

Ask a reference question, library education, literature searching requests

Interlibrary Loan (501) 686-6742

Request materials from other libraries

Learning Resource Center (501) 686-6752

Student testing, computer aided instruction, 24-hour computer lab, PDA services, audiovisuals

Historical Research Center (501) 686-6733

UAMS and Arkansas Medical History

Teaching Resource Center (501) 686-5428

Digital video editing, scanning and digital image editing, web development, and desktop publishing

Hours: Library & Learning Resource Center

Monday through Thursday	7:30am to 10:00pm
Friday	7:30am to 6:00pm
Saturday	9:00am to 6:00pm
Sunday	2:00pm to 10:00pm

Reference Services are available Monday through Friday
7:30am to 6:00pm
Historical Research Center is available Monday through
Friday 8am to 4:30pm

24/7 access to the library's 1st floor secure area and 3rd floor is available for student via a badge card reader at the north end of the 1st floor of the Library. X-Lab is a 24 hour/7 day a week computer area managed by the Learning Resource Center. It is accessible from the north hallway on the 5th floor of the library. A current student UAMS ID badge is required to gain entrance.

The UAMS Library is changing the way that we get information to our users. For current and concise information about Library services, resources, and alerts, check out the new library blog (<http://uamslibrary.blogspot.com/>), Twitter (<https://twitter.com/uamslibrary>), and Facebook (<http://www.facebook.com/uamslibrary>) accounts.

To receive blog updates, add the RSS feed to your current

subscriptions by clicking on the Subscribe link at the bottom of the blog page. You can bookmark the blog in your browser's Favorites list. If you have questions or need assistance in adding the RSS feed, call (501) 686-6734.

We will continue publishing our traditional newsletter. It will now be published four times a year: spring, summer, fall and winter.

The Arts of UAMS Committee

This committee works to see that the faculty, staff, students and others associated with UAMS have the ability to exhibit their works of art and have them viewed and appreciated. The works can be in a variety of mediums. They are exhibited in the Arts of UAMS display area on the second floor of the UAMS Library. Exhibits change every two months. For more

information, call Connie Wilson, MLIS at 686-6735 or Max Baker, Ph.D. at 686-6244.

UAMS Library Teaching Resource Center

This facility allows faculty to use current, powerful equipment and software with the guidance of skilled staff. Located on the third floor of the UAMS Library, the Teaching Resource Center (TRC) has five different workstations, each dedicated to different functions including digital video editing, scanning and digital image editing. Impatica for PowerPoint, Impatica OnCue, Adobe Creative Suite, and Remark are also available. No appointments are necessary. Call Heather Smith (501) 686-8116 or Fred Bassett (501) 686-5428

for more information. Sponsored by: Teaching and Technology Committee and the UAMS Library Learning Resource Center (LRC).

UAMS Library inSORS Access Grid Video Conference Center

The inSORS Access Grid Video Conference Center is available for faculty use with a reservation. The facility uses a suite of hardware, software and audiovisual tools to facilitate collaborative group experiences over Internet 2. Participation in video conference events includes general meetings, lectures, seminars, tutorials and conferences worldwide. Call Heather Smith (501) 686-8116 or Fred Bassett (501) 686-5428 for more information or to reserve the facility.

Arkansas Children’s Hospital (ACH) Library
www.archildrens.org/resources/medical_library.asp

Location	Phone
Sturgis Bldg., First Floor (S126)	(501) 364-1801
Hours Monday - Friday 8am - 4:30pm	

The collection consists of journals and monographs with a major focus on pediatrics. The library also houses a family resource collection containing pediatric consumer health information for patients and families, as well as recreational reading for children. For more information, contact Louise Montgomery at (501) 364-1801.

Veteran Administration Libraries

Location

LR - Room 7D120

(501) 257-5620

Hours

Edward Poletti

Monday - Friday
7:30am - 4:00pm

NLR - Room GH103

(501) 257-2550

Hours

Glenna Colett

Monday - Friday

7:30 a.m. - 11:30 a.m.; 12:30pm – 4:00pm

Office of Academic Services

(501) 686-5575

The Office of Academic Services (**OAS**) (ED II Bldg., Room 8/145) coordinates support services to faculty, staff and students in the five colleges, the graduate school and the hospital. The OAS support units are Teaching Lab Support, Instrumentation Lab Repair, Room Scheduling and Audiovisual Services. All support unit information is available by contacting Dr. Wagner or visiting the OAS home page at <http://www.uams.edu/oas/>

NOTE: The UAMS campus calendar is available on the UAMS home page at <http://calendar.uams.edu>. Please use and consult this calendar before scheduling an event that might conflict with other colleges.

The new I. Dodd Wilson (IDW) building opened in August, 2008. Viewing of daily schedules in ED II, COPH, EDW, IOA, ACRC and BRC are available on the Web at <http://rooms.uams.edu>.

Room Scheduling 686-5575
Teaching Labs 686-5555
Instrumentation Repair 686-5062

Information Technology Computing Services

David L Miller, Chief Information Officer - (501) 686-7609

**<http://intranet.uams.edu/IT/>
Information Technology -
(501) 686-8555**

To review all IT services, please read the [IT Service Level Agreement](#) by using the link on IT's Intranet webpage **<http://intranet.uams.edu/IT/>**

Services supported by IT under this agreement include, but not necessarily limited to:

- Call Center Support (Tier 1 and 2)
- Desktop Support (Tier 2 and 3)
- Application Support (Tier 3) – Academic, Clinical, Research, & Operational/Business applications
- Server Support (Tier 3)
- Network Support (Tier 3)
- Classroom Technology (Tier 1, 2 and 3)
- Archival and Disaster Recovery
- IT Strategic Planning
- Programming and Reporting Services
- Grant and Project Planning Support

Support Tier Definitions

- Tier 1: Password resets, basic software & hardware

troubleshooting and productivity assistance.

- Tier 2: Intermediate software & hardware troubleshooting and productivity assistance.
- Tier 3: Advanced software, hardware, security, and systems troubleshooting and workflow analysis.

How do I contact Information Technology (IT)?

The IT Technical Support Center (Help Desk) can be contacted via three (3) methods:

- For issues that must be responded to urgently call IT Technical Support Center (Help Desk) at 501-686-8555
- Use the IT Self Service Website at: **<http://itss.uams.edu>**
- Email **TechSupportCenter@uams.edu** (Note: Email is only monitored 7 AM – 7 PM Monday-Friday, except on holidays)

Contact the IT Technical Support Center (TSC/Help Desk)

24x7x365 for:

- Serious problems with your computer
- Software installation
- eMail problems
- Connection issues

- Activation of an existing data port
- Setup or move a printer
- Issues with passwords or application login
- Assistance ordering a new computer, printer, other computer associated equipment
- Miscellaneous other computer related issues

For software application configuration changes, new reports from existing applications, or new software requests, submit an IT Project Request at: <http://intranet.uams.edu/ITProjectRequest/default.aspx>

- Common application requests are submitted for PHS, Medipac (Healthquest), Sunrise, Centricity EMR, SAP, EIS/Webfocus, UAMS IT custom developed applications (Insite, Training Tracker, WebChart, etc.), plus many more
- Any new software requests are submitted using this web form.

How do I get a login to applications required to do my job?

Most application login request forms are located at: <http://intranet.uams.edu/it/forms.asp>
If you can't find a form, ask your supervisor to submit a request to IT TSC requesting you have

rights to the specific application. Information required will be your SAP ID number, Last Name, First Name, PC Name, PC Tag, Application Name, Type of access required (i.e. same as another person in your office)

Once your login is created IT Security will contact you to provide login and initial password information.

How do I get access to eMail and Scheduling Calendar?

Log into your work computer and run Outlook client

- Look for the Outlook icon on your desktop
- Run from your Start Menu > All Programs > Microsoft Office

Use Webmail through Internet Explorer or other browsers:

<http://webmail.uams.edu/>
Additional email Instructions can be found at: <http://www.uams.edu/email/outlook2003/>

What general tools are available for me to use to improve work productivity?

Microsoft Office – Outlook, Word, Excel, PowerPoint, InfoPath, OneNote, Access, Visio, Project Management
Office Communication Server (OCS) – Communicator application can be used for

- Instant messaging (online Chatting)
 - Desktop Sharing
 - Audio and Video calls (Video requires a webcam)
 - OCS How-to can be found at: http://www.uams.edu/email/office_communicator2007.asp
- Sharepoint – web based collaboration and workflow tool
- Ask your supervisor what Sharepoint sites you should be using, if any

What training and educational information is provided?

Clinical Computer Training Center: <http://intranet.uams.edu/cctc/training/info/>
 HIPAA Training: http://hipaa.uams.edu/employee_student_training.htm
 IT How-To's: http://intranet.uams.edu/it/How_To.asp

[uams.edu/it/How_To.asp](http://www.uams.edu/it/How_To.asp)
 Other: <http://intranet.uams.edu/it/Training.asp>

For in-classroom or in-video issues you can contact these IT services directly:

- IT Audio Visual Support (501) 686-5555 (Classroom)
- IT Video Conference Support (501) 686-8666 (Video)

Telecommunications - (501) 686-6420

UAMS telephones, cell phones, fax lines, pagers, cables

Computer Training – (501) 686-8966

Contact the Clinical Computer Training Center at (501) 686-8966, e-mail at cctc@uams.edu or visit the Web site at www.uams.edu/cctc.

Office of Educational Development

Steven Boone, Ph.D., Director
 (501) 686-5720

The mission of the Office of Educational Development (OED) is to support faculty development with respect to teaching and scholarship as well as student learning at the undergraduate

and graduate level. Our services include:

- Constructing assessment instruments and interpreting information such as item difficulty and test reliability
- Designing and implementing evaluation plans for externally and internally funded projects

- Designing course and instructor ratings
- Providing instruction in the use of web-based instruction tools such as Blackboard and Wimba
- Consultations in designing web-based instruction
- Assisting faculty in designing and evaluating teaching and learning activities with the potential for educational research and other forms of scholarship

- Consultation with faculty regarding scholarship, publication and research dissemination
- Consultation with students to help them become more effective learners

To contact the OED, call (501) 686-5720 or visit the Web site at www.uams.edu/oed/oed.htm.

Center for Clinical Skills and Simulation Education

Mary Cantrell, MA, Director
 The UAMS Standardized Patient Program was established in 1993 to train lay people to portray patients with various medical problems. In 1997 a center was built as a mock clinic so healthcare students have the opportunity to practice communication, interviewing and diagnostic skills with the standardized patients. In 2011 another center was built, the Simulation Center, where students can practice with high fidelity simulators that can be used for practicing codes, procedures

and trauma cases. There is also a partial task training room with various procedure training. Faculty members may choose to offer feedback to medical students about their performance in these critical areas. The center is located on the eighth floor of the College of Public Health. The Simulation Center is on the ground floor of the Central building. For more information, visit the Web site at www.uams.edu/csc or call Mary Cantrell, MA, Director, at (501) 686-8792 or Adele Lloyd at (501) 603-1920.

Employee Services

Office of Human Resources

Hosea Long,
Associate Vice Chancellor and
Chief Human Resources Officer -
(501) 686-7085

www.uams.edu/ohr - Main
number - (501) 686-5650

Comprehensive information for
managers:

www.uams.edu/ohr/Manager's_Information.asp

Information regarding
UAMS policies, procedures,
events, job openings, training
opportunities, and all benefits
and discounts can be found on
the Web site at **www.uams.edu/ohr/Manager's_Information.asp** and at the office, which is
located in the Central Hospital
Building, ground floor, room 800.
For a copy of the UAMS Staff
Handbook, which contains all the
terms of your employment, please
visit our website at **[http://uams.edu/ohr/homepage/STAFF_HANDBOOK_REVISD_AUG_2010.pdf](http://www.uams.edu/ohr/homepage/STAFF_HANDBOOK_REVISD_AUG_2010.pdf)**.

Organizational Development

Office of Human Resources

Organizational Development
(OD) professionals act as change
agents to better the organization
by providing services that
emphasize relationships and

processes between and among
individuals and groups. OD works
to provide an understanding
of how people interact and
effectively fulfill their roles
to achieve the mission of the
organization.

The mission of the OD team
is to enhance the effectiveness
of the UAMS workforce by
creating a culture that promotes
opportunities for all UAMS
employees to grow in their
careers. We fulfill our mission by
focusing on the UAMS Culture,
Leadership Effectiveness and
Employee Effectiveness. We
strive to fulfill each of these areas
by offering training courses,
consulting services and by
fostering a strategic partnership
with the organization.

One area where we may
be of benefit to you is through
our consultation and analysis
services. These are available for
specific work groups who want
to improve their communication
skills, teaming skills, conflict
management skills and the overall
culture of their work environment.
Some of the things we do include:

Leadership Development

Leadership Institute
Management Academy
Leadership Institute Graduate
Program

Courses

Development of Specific Training Courses
Adaptation of current class offerings to a specific group

Assessments

Birkman: Assess your communication and leadership style in relation to your usual behavior, needs and stress behavior. Learn what motivates you to be your best! Learn what may cause you stress, how you react to stress and how to avoid stress. Visit www.birkman.com for more information

- Perfect for individuals who want to understand their behavior and how to be a stronger communicator and leader.
- Perfect for teams who want to understand one another, avoid miscommunication and create an effective team culture.

Myers-Briggs: myersbriggs.org

Mediation

Interpersonal Conflict Facilitated Discussions

Retreat Facilitation

Team Building
Strategic Planning

Surveys

Employee Satisfaction Survey

Communication Survey
Customer Satisfaction Survey

For more information and a training schedule please visit the training website at <http://www.uams.edu/ohr/trng.asp>. You may also contact Michelle Phillips at mwphillips2@uams.edu.

Faculty and Staff Assistance Through the Arkansas**Employee Assistance Program (AEAP)**

The Arkansas Employee Assistance Program (AEAP) provides counseling, information and referral (if indicated) for faculty, staff, and their spouses and dependents who experience some form of personal distress. This service is free (pre-paid by UAMS, no co-pay, not connected with insurance) and confidential (AEAP records are self-contained and are not part of the hospital charts or HR records) and provides brief solution-focused interventions for a variety of personal concerns. AEAP also has a management consultation component that addresses workplace wellness, consultation over workplace issues and training. For more information, call (501) 686-2588 or visit the

Web site at www.uams.edu/eap.

UAMS Diversity Committee

Carmelita Smith, Diversity
Manager - (501) 603-1316

The chancellor's Diversity
Committee members represent
UAMS.

They are charged with the
responsibility of developing,
implementing and evaluating a
strategic diversity process for the
institution. The UAMS diversity
process is committed to nurturing
a community that incorporates
the values and contributions of
multiculturalism into all aspects of
UAMS life.

Diversity training for senior
administrators, supervisors,
faculty, staff and students is
available. Special programs and
activities to celebrate the myriad
dimensions of diversity on this
campus are scheduled throughout
the year. For information, visit
the Web site **[www.uams.edu/ohr/
rsty.asp](http://www.uams.edu/ohr/rsty.asp)**

UAMS Quick Emergency Guide
and campus safety manuals:
**[www.uams.edu/safety/default.
asp](http://www.uams.edu/safety/default.asp)**



Family Medicine Services

The Family Medical Center provides comprehensive patient-centered care for the entire family with same day service. This is the only Family Practice Clinic In the state with National Committee for Quality Assurance recognition as a Patient-Centered medical Home.

Special primary care services for UAMS Employees and their families

UAMS Family Medical Center
521 Jack Stephens Drive)
Monday - Friday: 8:00 am to 4:30 pm. (501) 686-6560

Faculty Related Web Sites

Go to the Office of Faculty Affairs Links page -
www.uams.edu/facultyaffairs/links.asp

College of Medicine Faculty Database, Fac Facts:
<https://facfacts.uams.edu/start2.htm>

Faculty Resources website -
<http://www.uams.edu/academicaffairs/facultyresources/>

UAMS Faculty Handbook - **<https://www.uams.edu/academicaffairs/facultyresources/UA-Responsibilities.asp>**



UAMS College Of Medicine

Student Wellness Program

Clinical Team: Angela Shy, MD, Justin Hunt, MD, Mrs. Barbara Baldwin, LCSW and Janice Summerhill, LPC

Program Manager/Assistant: Ms. Meshelle Helms and Ms. Sherry Bullard

The UAMS Student Wellness Program (student mental health program) is a preventative service created to provide short term, confidential assistance for students who are actively enrolled at UAMS (Little Rock Campus). The purpose of this service is to provide the necessary tools for students to achieve their fullest potential.

Students seek help for depression, anxiety, grief, relationship conflicts, academic difficulties and numerous other issues interfering with their maximal functioning. Seeking care through the service is absolutely confidential. The only exceptions to the strict code of confidentiality (as required by law) include homicidality (planning to kill someone else, or being so severely impaired that patients in your care are in jeopardy), suicidality (planning to kill self) and child abuse. Record keeping is also strictly confidential within

the student wellness program and does NOT go into the campus wide UAMS electronic medical record.

For short term treatment, there is no financial cost to students seeking care. The service is made possible through the support of the Dean of the College of Medicine, the Chancellor of UAMS, and a portion of the student health fee. A utilization report is generated annually to justify continued funding for the service.

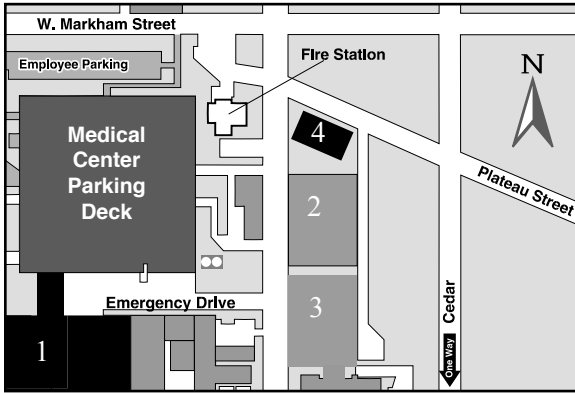
Hours: The Student Wellness Program can be reached by telephone at (501) 686-8408 between 7:45 AM to 4:30 PM Monday through Friday. Students are seen by appointment only. To schedule a confidential appointment, telephone the program manager, Ms. Meshelle Helms or Ms. Sherry Bullard at (501) 686-8408. Help us know the type of problem you are having and how urgently you feel the need to be seen. This will allow us to triage urgent situations immediately and/or schedule you with the most skilled clinician for your particular problem. For an after hour emergency, telephone the UAMS operator at (501) 686-7000 identify yourself as a UAMS student with an emergency and

request the operator to page the UAMS Department of Psychiatry resident on call.

Location: The Student Wellness Program is located at 201 Jack Stephen's Drive, in a two story grey building. The office suite is on the street level. Buzz the

doorbell for entry. Parking is available immediately out front in reserved parking spaces #15, 17, 19 and 20 for the duration of the appointment (only). Unauthorized vehicles are ticketed and towed to insure parking spaces for those coming for appointments.

Map to Student Wellness Program:



1. UAMS Medical Center
2. Biomedical Research Building II
3. Biomedical Research Building I
4. Mediplex Offices Student Wellness (ground level)

Alumni Association

Judith K. McClain,
Executive Director
(501) 526-4330
www.uams.edu/com/alumni

The College of Medicine Alumni Association (formerly known as the Arkansas Caduceus Club) works with students, alumni and COM departments to fund equipment and programs that help to assure the best in physician

education. Current support includes Alumni Weekend, alumni receptions, student scholarships, Day with a Doctor, Match Day, Student Ambassador Program, 10th Block, Senior Week activities and Freshman Family Weekend. The Founders Society and the Dean's Society are comprised of alumni who have generously given to support these activities and programs.

UAMS Ethics Consultation Service

The UAMS Ethics Consultation Service (ECS) provides assistance for patients, families, surrogates, health care providers and other parties in addressing uncertainty or conflict regarding ethical issues that emerge in health care. The ECS can be consulted through informal conversations or with a formal consult documented in the

patient's chart. The ECS follows a strict confidentiality code in its consultation process. It is available M - F from 9-5 at pager (501) 405-8134, or after hours through the hospital operator. To access this service, page (501) 405-8134. More information is available online at **www.uams.edu/humanities/ecs/**.

Faculty & Staff Ethics Education

The UAMS, College of Medicine's Division of Medical Humanities (DMH) provides educational opportunities for the faculty and staff of UAMS. Along with presentations by DMH faculty at various clinical grand rounds, DMH sponsors each month the First Tuesday Ethics Discussions (FTEDs) at Arkansas Children's Hospital. Further, DMH offers periodically

Medical Humanities Grand Rounds presented by UAMS faculty and nationally recognized experts, and puts on an annual two-day intensive workshop in ethics. More information about all these educational opportunities is available at www.uams.edu/humanities or by calling 501-661-7970. Also check out the Pediatric Ethics Consortium **<http://www.pediatricethics.org>**

For Your Professional Development



Office of Faculty Affairs

Jeannette M. Shorey II, M.D.,

Associate Dean

Glenda J. Cooper, M.A., Director,
Faculty Affairs (525-4685)

Gail Eisenhauer, M.D., Director,
Faculty Wellness Program

Emily Freeman, MHSA, Faculty
Appointments and Training
Manager (526-4684)

Michelle Bilello, Business and
Meeting Manager (686-7404)

Kerstine Wanas, Program
Assistant (526.4661)

Office of Faculty Affairs: The “go
to” place for faculty needs

- Information and resources about how to live happily in Little Rock and UAMS
- Guidance about the application of the College of Medicine Promotion and Tenure Policy
- Faculty appointments and support for the promotion and tenure process
- The annual Professional Development Day Program (Fall 2010)
- The *Absolutely Unofficial Faculty Handbook* or FIGS Book (Fill in the Gaps) for new faculty, residents, post-docs, and recruits
- New faculty orientation and recruitment assistance

- International Faculty Directory of Resources
- Speaker’s Bureau on topics of faculty development
- Staff work for the Women’s Faculty Development Caucus
- Maintenance of FacFacts, the faculty database
- Home of JFR, Justification for Recruitment database
- Home of FacFacts, Faculty Fact, the faculty database
- Faculty Welcome and Exit Meetings
- Manage the meetings of the Council of Department Chairs and COM biennial faculty meetings
- Counseling and coaching about “difficult situations” in the course of academic life
- Academic policies and grievance procedures
- New Chair Orientation Program
- Supports the Professionalism Initiative
- Supports the initiative to establish a Intergenerational Day Care Center for UAMS

For more information, call Glenda J. Cooper (501) 526-4685 or visit www.uams.edu/facultyaffairs for an update on all things faculty and promotion and tenure.

The UAMS College of Medicine Faculty Wellness Program

The Faculty Wellness Program was launched in March 2006 to support the overall professional health of our faculty. Promoting the vitality and health of faculty members contributes to a thriving institution. The service is directed by Gail Eisenhauer, M.D., a psychiatrist who provides confidential wellness consultations for College of Medicine faculty members.

Available services include executive consultation / coaching, career planning, negotiation tips, relational / interpersonal consultation, organizational strategies as well as confidential mental health consultations and referrals when indicated. In addition, the service provides an emergency contact for College of Medicine Faculty.

To reach the service during business hours, telephone Christina Clark at (501) 526-8140. If a faculty member would like to speak with Dr. Eisenhauer directly, she may be reached using her pager (501) 405-8199. For after hour emergencies, page the UAMS Department of Psychiatry Faculty member on call @ (501) 686-7000.

Office of Continuing Medical Education (OCME)

Jeannette M. Shorey II, M.D.,

Associate Dean

Lea Mabry, M.Ed.,

Director, OCME

Karen D. Fleming, CME

Consultant

Lindsay L. Ratliff-Kullenberg,

M.B.A., Regularly Scheduled

Series (RSS) Administrator

Marsha Taylor, Business Manager

(501) 661-7962, fax (501) 661-

7968

Nationally accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide *AMA PRA Category 1 Credit(s)*[™] for physicians.

- Maintains records for a seven year period for College of Medicine faculty, physicians and healthcare professionals, who participate in educational activities approved for AMA PRA Category 1 Credit(s)[™] by the UAMS College of Medicine.
- Transcripts are available online by accessing the Office of CME website, www.uams.edu/cme

Visit our website calendar, www.uams.edu/cme/calendars to view upcoming CME activities.

Please contact the OCME if you have questions regarding upcoming events, CME credits, or to schedule a consultation to

assist with the planning of a CME activity by calling (501) 661-7962 or email lamabry@uams.edu.

Women's Faculty Development Caucus

Jeannette M. Shorey II, M.D.,
Associate Dean - (501) 526-4685

Organized in 1989 by Debra Fiser, M.D., Dean, College of Medicine, the caucus continues to provide programs to help women rise through the ranks of academic medicine. The women's caucus, a nationally recognized and awarded organization for creating leadership, networking, professional development and mentoring opportunities for all College of Medicine women faculty and residents. An annual Outstanding Woman Faculty (OWF) Award is given annually to stress the importance of mentoring, scholarship and leadership. The 2011 Outstanding Woman Faculty is Dr. Stacie Jones, Professor of Pediatrics.

The Caucus has several committees responsible for an annual Professional Development Day, the Multispecialty Panel for students, support of the American

Medical Women's Association student group, the creation of the Graduate Career Day, informal mentoring of faculty and students, networking opportunities, this handbook, monthly faculty development seminars, and family events.

All women faculty are members upon appointment and are encouraged to work with the caucus on committee functions. Committee chairs and co-chairs are members of the governing Executive Committee. All are encouraged to attend WFDC events. For more information, call Glenda J. Cooper in the Office of Faculty Affairs at (501) 526-4685 or visit www.uams.edu/wfdc/

WFDC Officers 2011 - 2013
President: Sara Tariq, M.D.
Vice President: Wendy Ward, Ph.D.
Secretary/Treasurer: Laura Sisterhen, M.D.

Center for Diversity Affairs

Assistant Vice Chancellor for Diversity is responsible for the overall direction and progression of all programs and activities within the CDA. A primary goal of the CDA is the reduction of health disparities through the provision of equitable quality care to all Arkansans by a diverse healthcare workforce. Oversees the development and implementation of CDA programs and coordinates efforts that are inclusive of ALL within the UAMS healthcare system in ongoing efforts to improve the health care outcomes of all Arkansans. For more information, call Billy Thomas M.D., M.P.H. at (501) 686-7299.

Recruitment and Retention
The Director of Recruitment for Diversity is based at the Center for Diversity Affairs (CDA) and works across campus to coordinate and strengthen the diversity recruitment/retention activities for all UAMS colleges - Medicine, Health Related Professions, Pharmacy, Nursing, Public Health, and the Graduate School. She directs the activities of the CDA staff already devoted to diversity recruitment in a full time capacity and collaborates with staff/faculty within colleges engaged in broader recruitment/

retention efforts. Traditional recruitment activities targeted electronic communications/marketing, community partnerships, student advising, campus committee leadership as well as several other strategies are employed to achieve an open and welcoming environment and sustainable progress in the recruitment and retention of a diverse student body at UAMS. For more information, call **Vivian L. Flowers, M.P.S. at (501) 526-7343.**

Director, Diversity Student Affairs is responsible for the development and management of programs and procedures that enhance the academic experience of underrepresented minority students within the UAMS educational system. He promotes and supports institutional diversity through the recruitment, retention and graduation of underrepresented minorities in health professions. For more information, call **Bill Bauknight, M.S., at (501) 686-5358.**

Director of Outreach Programs
Through academic enrichment programs in grades K-16, the mission of The Director of Outreach Programs is the reduction of health disparities.

We endeavor to improve the equity and quality of care by recruiting, preparing and retaining more underrepresented minority students in health professions programs. To bolster the academic preparation of these students, outreach programs are carried out so that students gain experience in a field of primary health care and academic preparation to develop a more diversified health care system. For more information, call **Patricia M. Edgerson, M.P.H., C.H.E.S., (501) 686-8675.**

The Assistant Dean for Diversity in the College of Pharmacy develops, coordinates and directs recruitment and retention activities to increase minority representation in the College of Pharmacy and other Colleges at UAMS through statewide contacts with pre pharmacy advisors, counselors and others in the “educational pipeline”.

The Assistant Dean serves as an advisor to the Student National Pharmaceutical Association (SNPhA) and community liaison to local professional organization such as the National Pharmacists Association of Arkansas (NPAA) and the Arkansas Medical Dental and Pharmaceutical Association (AMDPA). For additional information, contact **H. Otis Tyler, M.S., (501) 686-6500.**

Faculty Development

The Faculty Diversity and Community Outreach (FDCO) program is designed to substantially increase and retain minority faculty at UAMS through networking, mentoring, research opportunities, and skills-building with a long-term goal of directly improving health care at both the institutional and state levels. For more information, call **Michael Preston, M.P.H., at (501) 526-7101.**

Teaching Scholars Program

The Teaching Scholars Program is a faculty development program administered by the Office of Educational Development. The goal of this program is to develop the educational and scholarship skills of UAMS faculty. This program is open to all UAMS faculty and provides monthly meetings on scholarship-related topics such as designing educational research projects and conducting literature reviews as well as sessions on education-

related topics such as assessment, educational technology and principles of teaching and learning. The final product expected of Teaching Scholars is a literature review, educational research or creative project (development and evaluation of teaching materials).

For more information, call or email **Carol Thrush, Ed.D.**, at (501) 603-1217, thrushcarol@uams.edu or visit the Web site at www.uams.edu/teachingscholars

Promotion and Tenure

As you begin your academic career here at UAMS, you must act knowledgably and intentionally if you want to be promoted and granted tenure. Pay attention to your environment and remember that it is your career to protect and foster. **Begin recording your academic activities immediately so that you will have the evidence you need to document your academic success and contributions at the time you request promotion and/or tenure.** Upon arrival at UAMS, call (501) 526-4661 to make an appointment for a “welcome session” in the Office of Faculty Affairs. **This hour long meeting will introduce you to**

the UAMS College of Medicine Guidelines on Promotion and Tenure.

Attend promotion & tenure workshops, faculty meetings and guest lectures, and “network” inside and outside your department as much as possible to establish the professional relationships that will foster your career development. All **faculty members** must enter their **Curriculum Vitae (CV)** into the FacFacts database. Contact **Emily Freeman (501) 526-4684** for help.

Promotion and tenure information: www.uams.edu/facultyaffairs/promotionandtenure/default.asp

What You Need to Know

1. Your Appointment Track.

Each College of Medicine faculty members holds an academic appointments in on one of 7 academic pathways (tracks). The three tenure-eligible pathways are Basic Scientists (TP), Clinical Scientist (TP), and Clinical Educator (TP). The non-tenure pathways are Basic Scientist (NTP), Clinical Scientist (NTP), Clinical Educator (NTP), and Clinical Attendings (NTP). Read the College Guidelines on Appointment, and Promotion and Tenure and ensure that you are appointed on the appropriate pathway (<http://www.uams.edu/facultyaffairs/Promotionandtenure/default.asp>). If you have questions about your pathway, call Emily Freeman (501) 526-4684 or Dr. Jan Shorey in the Office of Faculty Affairs (526-4661).

2. Can I Change Tracks? If you believe you have been appointed on the wrong track, discuss this with your department chair. Read the section in the Guidelines for Promotion and Tenure about changing your pathway.

3. Who Determines How My Time is Allocated?

Your Department Chairman

should meet with you before your initial appointment to outline your responsibilities and expectations. You must understand what percentage of your time should be devoted to research, teaching, clinical activities and administrative service, so you can plan accordingly. In some of the larger departments, Division Directors may work with individuals to make these determinations. Be sure you know and document your time accordingly. If, for example, your agreement with your Department Chairman states that 50 percent of your time shall be committed to research, your productivity should reflect that.

4. What is Tenure, and What is the “Tenure Clock”? Tenure grants a faculty member the right of continuous appointment and is discussed in the Guidelines for Promotion and Tenure. If you are appointed on a tenure-eligible tract, then you must request tenure no later than **within** your sixth year of appointment on a tenure track. You must gain tenure no later than the Fall of your seventh year, otherwise the seventh year is your terminal year of appointment.

The tenure clock begins with your initial appointment on a tenure-eligible pathway, at the rank of assistant professor or above. The academic year begins July 1. If you were appointed between July 1 and Dec. 31, that period of time counts as a year on your tenure clock. If you were appointed between Jan. 1 and June 30, your tenure clock begins as of July 1.

Pearls of Wisdom

1. There are four dimensions of career development:
 - Deciding
 - Designing
 - Doing
 - Documenting
2. Update your CV and activity records regularly. The Association of American Medical Colleges (AAMC) has a very useful Web site designed to help new faculty build a CV. Please visit: https://www.aamc.org/members/gfa/faculty_vitae/150034/preparing_your_curriculum_vitae.html

3. Document the time you spend teaching, and keep the evaluation **from ALL your students, whether they are medical students, housestaff, graduate students or postdoctoral students**. Help is available from the Office of Educational Development if you feel the need to enhance your teaching skills.
4. Seek help from your Department Chair and/or the Faculty Affairs Office early in your academic appointment, not when it is time to prepare your promotion and tenure packet.
5. Find people to advise and mentor you. The Office of Faculty Affairs offers advising services, and the Women's Caucus has a mentoring program for junior women faculty. Call **Glenda J. Cooper at (501) 526-4685** for more information.

Biostatistics

The UAMS Department of Biostatistics is jointly administered by the Colleges of Medicine and Public Health. While administered by two colleges, the unit functions as one Department with Paula K. Roberson, Ph.D. serving as the Chair. Members of the Biostatistics faculty and research staff collaborate with investigators and research programs across the UAMS campus, and the VA. They assist investigators with varied research interests, including cancer, neurosciences, psychiatry, aging, ophthalmology, pharmacology and various public health disciplines.

The Biostatistics offices are located on the 3rd floor of the College of Public Health building in Suite 3215. You may call 296-1556 to schedule an appointment with one of our faculty or staff members. For more information, visit: www.uams.edu/biostat/

Investigators at UAMS and other Arkansas institutions, and facilitates research inquiry and federal funding acquisition

- Updates UAMS Research website (<http://www.uams.edu/research/>); COM Research website (<http://www.uams.edu/com/research/>); and Research Calendar
- Updates the statewide Research Communities funding/collaboration website (<https://secureresearchlink.uams.edu/RCHome.aspx>)
- After an investigator has completed the UAMS Certification Training Course, an IACUC Investigators Handbook will be given to them. This handbook outlines IACUC rules and regulations. Certification is required for all who participate in an approved study and must be obtained Research Information

Biomedical Informatics

UAMS recently established the Division of Informatics within the Department of Biostatistics. The Division provides an academic home for faculty members who conduct informatics research, collaborate with other translational researchers, and

are involved in mentoring and teaching Informatics courses. Division of Biomedical Informatics
William R. Hogan, M.D., Director
(501) 603-1766
<http://www.uams.edu/dbmi>

Research Information

Research is a high priority for the College of Medicine. Within the College of Medicine, all research matters are handled by Drs. Lawrence Cornett and Aubrey Hough in consultation with Dean Debra Fiser. The COM Research Office was established to support clinical and basic science research, provide leadership in expanding the College's research and creative activities, align the COM research agenda with federal agencies and foundations, foster interdisciplinary research programs and collaborations, and work with the UAMS Development office to further COM research and augment funding.

The link below leads to comprehensive information about research support on campus. The Research Startup Guide provides processes for:

- individuals or departments new to research,
- faculty new to UAMS or new to research,
- faculty transferring on-going funded awards to UAMS,
- submission of research grants for funding or progress reports,
- conducting clinical research, and
- conducting research involving animals.

In addition the links at the top of the page provides detailed information on various research offices and functions on campus, contact information, and web links to campus and other resources.

The information is too detailed to be completely listed in this guide, although some of the highlights are included in this section.

http://intranet.uams.edu/finance/grants/GAG/Research_Startup_Guide.asp

COM Office of Research

Lawrence E. Cornett, Ph.D.
Executive Associate Dean for
Research, College of Medicine
(UAMS Vice Chancellor for
Research)

(501) 686-5347

Aubrey J. Hough, M.D.
Associate Dean for Translational
Research, College of Medicine
(501) 686-5369

- Facilitates connections between clinical and academic research faculty members by developing/investigating potential collaborative relationships where desirable and of mutual interest. By considering Arkansas researchers as members of a statewide consortium (think tank) that share strengths (e.g. methods, equipment, samples, etc.), the likelihood of obtaining multi-disciplinary federal/foundation funding is much improved.
- Augments UAMS COM research mission via increased communication between UA campuses and outreach sites/programs
- Creates a campus-wide research environment with increasing communication

corridors between graduate students, residents, postdoctoral fellows, clinicians, and researchers

- Intramural Funding Sources - COM offers grant support in 4 categories: Pilot Study, Bridging, Equipment, and Hornick (stroke-related). Applications are due April 1 and Oct. 1 (except for bridging grants accepted on an ongoing basis). Grant applications are reviewed by the COM Research Council.

Campus Research Support

Office of the Vice Chancellor for
Research

Lawrence E. Cornett, Ph.D.
UAMS Vice Chancellor for
Research

(Executive Associate Dean for
Research, College of Medicine)
(501) 686-5347

Caroline Miller-Robinson,
Business Manager
(501) 526-6503

Research Support Center
Thomas Wells, M.D., Director
(501) 603-1638, (<http://www.uams.edu/rsc/>)

The Research Support Center provides support for the planning, conduct, and monitoring of

human research studies including Medicare coverage assessment, FDA regulatory support, clinical trials registry, product processing and control, quality assurance and study monitoring

Office of Research and Sponsored Programs

Suzanne Alstadt, Director
(501) 686-8845, (<http://www.uams.edu/orsp/aboutORSP.asp>)

The Office of Research and Sponsored Programs provides for UAMS faculty in the acquisition, performance and administration of projects and programs funded by extramural sources.

UAMS BioVentures

Michael G. Douglas, Ph.D.,
Director
(501) 686-6696, (<http://www.uams.edu/bioventures/>)

UAMS BioVentures supports faculty investigators in identifying, disclosing, patenting, and licensing their inventions and operates a startup company incubator program.

The UAMS Institutional Review Board

Jennifer Sharp, J.D., Director
(501) 526-7559, (<http://www.uams.edu/irb/IRB.asp>)

The IRB comprises four separate committees of healthcare providers, researchers, and lay representatives from the at-large community. The IRB has the authority to approve, disapprove, or require modifications of research activities that fall within its jurisdiction.

Office of Grants and Scientific Publications

Lawrence E. Cornett, Ph.D.,
Director
(501) 686-6004, (<http://cancer.uams.edu/OGSP/>)

OGSP editors work collaboratively with scientific investigators to produce effective and persuasive grant applications that have a competitive edge in securing extramural funding.

UAMS Office of Institutional Compliance

Robert ‘Bob’ Bishop, J.D.
Vice Chancellor for Institutional Compliance (501) 686-5699

Director of Conflict of Interest

Jennifer Smith, J.D., R.N. (501) 526-7958

Office of Research Compliance

(<http://www.uams.edu/orc/>)
Research Compliance Officer
Darri Scalzo

Research Education Manager

Kate Henning, Ph.D.
(501) 526-6879, (Research classes
- <http://www.uams.edu/orc/classschedule.htm>)

Other UAMS Research Support Committees/Offices**UAMS Center for Clinical and Translational Research**

Curtis L. Lowery, Jr., MD -
Medical Director
(501) 526-7800
Cindy L. Henrich, MA - CCTR
Administrative Director
(501) 526-7664
<http://www.uams.edu/cctr/>

Office of Grants and Scientific Publications (OGSP)

Cancer Institute, Walker Annex,
Rm. 2-011
Lawrence E. Cornett, Ph.D.,
Director
Jan Wojcik, M.Ed., Associate
Director
(501) 686-6004 – (<http://cancer.uams.edu/OGSP/>)

- Serving the UAMS research community as a scientific writing and editorial resource for researchers seeking grant funding or publication of their research findings, with the goal of enhancing the quality of their efforts and their chances of obtaining extramural grant

funding or publishing in peer-reviewed biomedical journals.

- Teaching UAMS researchers grantsmanship and proposal development through mentoring, seminars, and presentations.
- Improving OGSP services by appropriate data gathering and analysis to increase and refine efficiency.
- Helping investigators prepare budgets and forms and facilitate the UAMS submission process for extramural grants and contracts.

Bio-Safety Committee

Lee Soderberg, PhD, Chair
(501) 686-6368

Radiation Safety Committee

Eduardo Moros, Ph.D., Chair
(501) 686-5108

Division of Biomedical Informatics

William R. Hogan, M.D., Director
501-603-1766
<http://www.uams.edu/dbmi>

Occupational Health and Safety

Carol Price, Director
(501) 686-5299, (<http://www.uams.edu/safety/>)
Diane Hughes (Chemical Hygiene Office) 686-6786

Kim Wiebeck (Radiation Safety Officer) 686-7803
Skye Hartley (Industrial Hygiene Officer) 686-5543 (395-8242 pager)
Mike Webb, Ph.D. (Hazard Matter Safety Officer) 686-6958 (688-2232 pager)

Division of Laboratory Animal Medicine (DLAM)

Mildred Randolph, DVM,
Director
(501) 686-5255
Vic Robbins, DVM, Ph.D.,
Assistant Director of Operations
(501) 686-5619

- Provides ordering, husbandry, and research assistance regarding animal models
- Animals on the UAMS campus can only be ordered through DLAM, contact Tammy Lewis, (501) 686-8923

Institutional Animal Care and Use Committee (IACUC)

Bill Gurley, Chairman 686-5347
Linda Laney-Rogers,
Administrator, 686-5347
<http://www.uams.edu/com/research>

Research Pharmacy

Jennifer Roberts, Pharm D,
Director
(502)686-6246, (http://www.uams.edu/com/research/toolbox/research_pharmacy.asp)

Protocol Review and Monitoring Committee (PRMC)

Jeannette Y. Lee, Ph.D.; Chair
(501) 526-6712
Pam Goldman; Administrator
(501) 526-2272
(<http://cancer.uams.edu/PRMC/>)

Contract/Legal Review

Suzanne Leslie, Director
(501) 686-6134; (<http://ss.uams.edu/contract/>)

Grants Accounting

Janet Hopper, Director
(501) 686-6841, (<http://intranet.uams.edu/finance/grants/staff.asp>)

Cost Accounting

Ty Stephens, MBA, CRA, CPA,
Director
(501)526-7452

**Other Useful Research
Web Sites**

Research Startup Guide
[http://intranet.uams.edu/
finance/grants/GAG/Research_
Startup_Guide.asp](http://intranet.uams.edu/finance/grants/GAG/Research_Startup_Guide.asp)

ARIA
[http://intranet.uams.edu/
finance/grants/GAG/ARIA.asp](http://intranet.uams.edu/finance/grants/GAG/ARIA.asp)

Arkansas Children's Hospital
Research Institute -
<http://achri.archildren.org/>

Arkansas Research in Medicine
(ARM)
[http://www.uams.edu/com/
research/arm.asp](http://www.uams.edu/com/research/arm.asp)

Clinical Research Center -
<http://www.uams.edu/gcrc/>

Core Laboratories
[http://intranet.uams.edu/
finance/grants/GAG/Core_
Laboratories.asp](http://intranet.uams.edu/finance/grants/GAG/Core_Laboratories.asp)

ORSP – Forms
[http://www.uams.edu/orsp/
ORSPforms.asp](http://www.uams.edu/orsp/ORSPforms.asp)

Patents & Copyrights
<http://www.uams.edu/patent/>

Research Calendar -
[http://researchcalendar.uams.
edu/](http://researchcalendar.uams.edu/)

Research Facilities -
[http://www.uams.edu/com/
research/research_facilities.asp](http://www.uams.edu/com/research/research_facilities.asp)

Research News (NIH and other
federal) –

[http://www.uams.edu/com/
research/research_news.asp](http://www.uams.edu/com/research/research_news.asp)

Research Toolbox -
[http://www.uams.edu/research/
toolbox/default.asp](http://www.uams.edu/research/toolbox/default.asp)

Science Café
www.sciencecafelr.com

Additional Research Entities

**Arkansas Children's Hospital
Research Institute (ACHRI)**
Richard Jacobs, ACHRI President
(501) 364-1442

Tom Wells, MD., MBA, Pediatric
Clinical Research Unit
Medical Director - (501) 603-
1638

**Arkansas Science and
Technology Authority (ASTA)**
John W. Ahlen, Ph.D., President
(501) 683-4400

- Offers grant support for basic and applied research/technology development
- Provides seed capital investments in new technology companies
- For applied grants, a principal investigator must identify an industry sponsor to provide matching funds in exchange for state income tax credits. (Basic research grant application)

deadlines are Feb. 1, June 1 and Oct. 15); No deadlines for applied grants (www.accessarkansasscience.org)

- Provides seed capital investments in new technology companies
- For applied grants, a principal investigator must identify an industry sponsor to provide matching funds in exchange for

state income tax credits. (Basic research grant application deadlines are Feb. 1, June 1 and Oct. 15); No deadlines for applied grants (www.accessarkansasscience.org)

To see the grant flow process, link to this site: <http://intranet.uams.edu/finance/grants/PDF/Grant%20Management%20Process.pdf>

Clinical Information

Charles W. Smith, M.D.,
Executive Associate Dean for
Clinical Affairs
College of Medicine Dean's
Office (501) 686-7360

Clinical Policies and Procedures

A listing of clinical program policies and procedures can be found at <http://intranet.uams.edu/uh/policy/pp-toc.htm>

Hospital Formulary

www.pharmacy.uams.edu/formulary

Physician Relations

Physician Relations serves as a liaison service between UAMS physicians and referring physicians, assists faculty with marketing to outside physicians, and coordinates complex project

management for the faculty group practice. Physician Relations has been responsible for developing and implementing MD-Link, the on-line call schedule, the UAMS Physician Call Center, the COM Referring Physician Advisory Board and the Logician fax tool. During 2010, more than 700 Arkansas physicians received visits and UAMS resources from Physician Relations Liaisons.

This year, our efforts will be focused on improving outpatient communication to outside physicians. We are working closely with clinic staff, IT, HIPAA and faculty to develop improved processes and implement a new fax system RapidFax that will allow you to send your day's clinic notes in three clicks. Implementation is set

for the Summer of 2011. Please verify the referring and primary care physician data on your clinic physician sheets are accurate and updated by your clinic staff when needed.

For more information go to: www.uamshealth.com/md or call Melanie Meyer, Director, UAMS Physician Relations at (501) 686-8206

Hospital Credentialing

This is where you may obtain information on UAMS Medical Center credentialing and privileging. Contact the Professional Staff Office - (501) 526-4249

Office for Clinical Trials

OCT represents a joint effort by UAMS, the VA and ACH to create an optimal environment in which industry-supported clinical trials involving new drugs, devices and biologics will be conducted by highly trained, qualified investigators in accordance with appropriate federal, state and local

laws, regulations and guidelines. Emphasis will be placed on improving work processes, developing tools to assist investigators and coordinators, and providing training and support for less-experienced investigators. Contact Julia Washam at (501) 686-8572.

Research Support Center

The Research Support Center (RSC) offers assistance to new and experienced investigators conducting research involving human subjects. Among the services offered are assistance with budget development, Medicare coverage analysis, and contract negotiation. For investigator-initiated research conducted under FDA regulatory authority, assistance is offered with IND and IDE submissions, quality assurance activities (GMP, GLP) and monitoring. For more information, please see our web site at: <http://www.uams.edu/rsc/> or call 686-8564.

UAMS Family Home

The mission of the UAMS Family Home is to operate a facility that will provide affordable lodging in a home-like setting for cancer patients and parents of premature infants being cared for at the UAMS Medical Center and to provide a cancer support center where education, fellowship and nurturing can take place in a supportive atmosphere.

The UAMS Family Home is located at 4300 W. Markham St., directly across the street from UAMS. It is a private, non-profit home that provides affordable lodging for parents who have

babies in the UAMS neonatal intensive care unit and for cancer patients receiving outpatient treatment at the Winthrop P. Rockefeller Cancer Institute.

The neonatal wing contains five bedrooms with baths, a kitchen/TV area, and a laundry room. The cancer patient wing has ten bedrooms with baths, two kitchens, and a meditation room.

If you are interested in volunteering your time or financial support to the UAMS Family Home, please call the Coordinator at (501) 978-2900 - www.uams.edu/familyhome.



Department of Volunteer Services and Auxiliary

Volunteer Services

Volunteers play an important and intricate role in the life of the UAMS campus. On any given day, volunteers help UAMS create a place of comfort, hope and healing for our patients and their families. Many volunteers come in weekly, volunteering in patient areas of the hospital, the emergency department, the gift shop, in offices and many other areas throughout the campus. Volunteers also help with fundraisers like the Aromatic sale. As UAMS continues to expand its volunteer community, the Volunteer Services Department is looking for volunteers with the necessary competencies and professionalism to play an intricate role in the field of health care. They must be committed to upholding the rights of the patient while being a vital asset to the staff and faculty of UAMS who will maintain privacy and safety standards for the benefit of the University Hospital campus. Individuals who are drawn to serve with compassion, kindness, sincerity and friendliness and willing to stay abreast of hospital policies, changes or informative notices, while continuing to be a voice for positive change and

offering invaluable ideas for the UAMS of tomorrow. If you are interested in volunteering at UAMS, please contact Volunteer Services at (501) 686-5657 or apply online at www.uams.edu/volunteer.

UAMS Medical Center Auxiliary

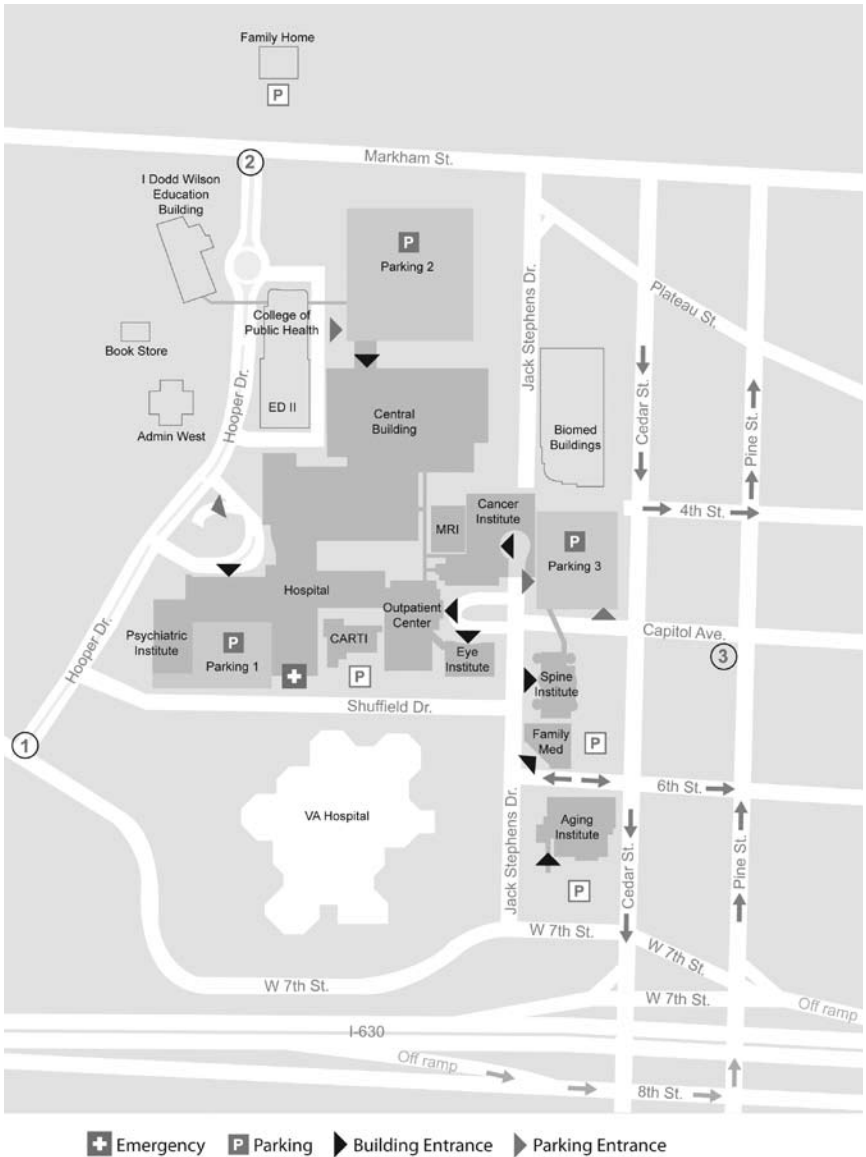
The UAMS Medical Center Auxiliary plays an important role in providing for the needs of the patients and visitors of the UAMS Medical Center. Part of that commitment includes giving back to programs and departments on campus that are doing work that directly promotes, improves and advances the welfare, health and comfort of the patients of UAMS.

Grants from the Auxiliary provide clothing and other essentials for patients, as well as funds to Case Coordination patient transportation, infant car seats, medication, lodging and other needs. Examples of other requests funded by the Auxiliary include blanket warmers for patients, and much more. To learn more about becoming a member of the UAMS Medical Center Auxiliary, please contact Erin Gray at (501) 686-5656, legray@uams.edu.

UAMS Publications

ACH Content for Physicians	(501) 364-1100
College of Medicine COMMunications http://intranet.uams.edu/com/communication.htm	
College of Medicine Magazine www.uams.edu/COM/Mag/default.asp	(501) 526-5163
Housecall: A Chancellor's Publication http://www.uamshealth.com/?id=4324&sid=1	
In the News: UAMS news features www.uams.edu/in_the_news/	
Office of Research and Sponsored Programs: Funding Reports www.uams.edu/orsp/index.shtm	(501) 686-5502
Resident Handbook www.uams.edu/com/residents/	(501) 296-1159
Student Handbook www.uams.edu/com/students/STDMAN06.pdf	(501) 686-8499
Campus Calendar calendar.uams.edu/day.php	(501) 686-5686
UAMS Faculty Handbook www.uams.edu/academicaffairs/facultyresources/ UA-responsibilities.asp	(501) 686-8185
UAMS Library News www.library.uams.edu	(501) 686-5980

UAMS Campus



For more UAMS maps go to www.uams.edu/maps.htm