

The Health Consequences of Smoking

Chapter 1. Introduction and Approach to Causal Inference 1

Introduction	3
Smoking: Issues in Statistical and Causal Inference	10
Major Conclusions	25
Chapter Conclusions	25
References	31

Chapter 2. Cancer 35

Introduction	39
Lung Cancer	42
Laryngeal Cancer	62
Oral Cavity and Pharyngeal Cancers	63
Esophageal Cancer	116
Pancreatic Cancer	136
Bladder and Kidney Cancers	166
Cervical Cancer	167
Ovarian Cancer	171
Endometrial Cancer	172
Stomach Cancer	178
Colorectal Cancer	208
Prostate Cancer	250
Acute Leukemia	252
Liver Cancer	296
Adult Brain Cancer	302
Breast Cancer	303
Summary	324
Conclusions	324
References	326

Chapter 3. Cardiovascular Diseases 361

Introduction	363
Conclusions of Previous Surgeon General's Reports	363
Biologic Basis	364
Smoking and Subclinical Atherosclerosis	371
Smoking, Coronary Heart Disease, and Sudden Death	384
Smoking and Cerebrovascular Disease	393
Smoking and Abdominal Aortic Aneurysm	396
Summary	397
Conclusions	407
References	408

Chapter 4. Respiratory Diseases 421

Introduction	423
Acute Respiratory Illnesses	423
Chronic Respiratory Diseases	463

Conclusions 508
References 510

Chapter 5. Reproductive Effects 525

Introduction 527
Conclusions of Previous Surgeon General's Reports 527
Biologic Basis 532
Fertility 533
Pregnancy and Pregnancy Outcomes 550
Congenital Malformations, Infant Mortality, and Child Physical and Cognitive Development 577
Conclusions 601
References 602

Chapter 6. Other Effects 611

Introduction 615
Diminished Health Status 615
Loss of Bone Mass and the Risk of Fractures 698
Dental Diseases 732
Erectile Dysfunction 767
Eye Diseases 777
Peptic Ulcer Disease 804
Conclusions 818
References 820

Chapter 7. The Impact of Smoking on Disease and the Benefits of Smoking Reduction 853

Overview 855
Introduction 855
Current Impact of Smoking 858
Health Benefits of Reducing Cigarette Smoking 871
Conclusions 876
Implications 877
Appendix 7-1: Estimating the Disease Impact of Smoking in the United States 878
References 888

Chapter 8. A Vision for the Future 895

Introduction 897
Tremendous Progress Since 1964 897
The Need for a Sustained Effort 898
The Need for a Comprehensive Approach 899
Continuing to Build the Scientific Foundation 899
Tobacco Control in the New Millennium 901
References 902

Appendix 905

Abbreviations 911

List of Tables and Figures 915

Index 921