

# REGISTRATION FORM

## GERIATRIC MEDICINE UPDATE:

### *Mental Health in Older Adults*

March 15, 2012

Make checks payable to UAMS CME and return to:  
UAMS Continuing Medical Education  
4301 W. Markham # 525  
Little Rock, Arkansas 72205-7199

PHONE: (501) 661-7962  
FAX: (501) 661-7968

Register on-line at <http://www.uams.edu/cmeregister>

Name: \_\_\_\_\_

MD  DO  PA  RN  APN  RPh  SW  RD  
 Rehab  NH Admin  Speech/Path  Other

Place of Work \_\_\_\_\_

City/State of VA Employed by \_\_\_\_\_

Street Address\_\_\_\_ (check if home address) \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Telephone (Daytime) \_\_\_\_\_ SSN # XXX-XX- \_\_\_\_\_

E-mail address \_\_\_\_\_

Non-VA Registration \$230  VA Employees \$130

MasterCard  VISA  Discover  AmEx

Card # \_\_\_\_\_

Exp. Date \_\_\_\_\_

Security Code# \_\_\_\_\_

Card Holder Name (if different) \_\_\_\_\_

Cancellation and request for refund must be received in writing. A \$25 administrative fee will be retained for cancellations postmarked on or before March 8, 2012. No refunds will be made for cancellations postmarked after March 8, 2012.



Continuing Medical Education  
UAMS  
4301 W. Markham #525  
Little Rock, Arkansas 72205-7199

# GERIATRIC MEDICINE UPDATE:

## *Mental Health in Older Adults*

March 15, 2012

Crowne Plaza Hotel  
201 South Shackleford Road  
Little Rock, AR

Jointly Sponsored by:



Geriatric Research Education  
and Clinical Center  
Central Arkansas Veterans  
Healthcare System



Arkansas Geriatric  
Education Center



Donald W. Reynolds  
Institute on Aging  
College of Medicine  
University of Arkansas  
for Medical Sciences



Office of Continuing  
Medical Education  
College of Medicine  
University of Arkansas  
for Medical Sciences

---

---

**PRESENTED BY:** Geriatric Research Education and Clinical Center (GRECC), Central Arkansas Veterans Healthcare System; Arkansas Geriatric Education Center (AGEC), Donald W. Reynolds Institute on Aging and the Office of Continuing Medical Education, College of Medicine, University of Arkansas for Medical Sciences.

**TARGET AUDIENCE:** The target audience includes primary care, internal medicine, family medicine, geriatric specialist physicians, nurses, pharmacists, social workers, mental health professionals and other health professionals interested in mental health issues in older adults including apathy, depression, and the prevention of suicide.

**COURSE OBJECTIVES:** The goal of this program is to update practitioners with timely information on the advances being made in the recognition, management and treatment of mental illnesses in older adults.

At the completion of this program, the attendee should be able to:

- 1) identify a variety of interventions for the management of depression in older adults, including pharmacologic and non-pharmacologic treatments;
- 2) recognize symptoms of depression and substance abuse in elderly patients; and,
- 3) describe interventions to prevent suicide in older adults.

**COURSE DESCRIPTION:** This is a one day conference that will address key issues in mental health etiology and treatment in older adults. Topics will include a discussion of new discoveries in brain function, depression and both pharmacologic and non-pharmacologic interventions, the role of cognition in the development of depression, recognition of depression and substance abuse in older adults, and prevention of suicide in old age.

**ACCREDITATION:** This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The University of Arkansas for Medical Sciences (UAMS) College of Medicine and Geriatric Research Education and Clinical Center (GRECC) at the Central Arkansas Veterans Healthcare System. The UAMS College of Medicine is accredited by the ACCME to provide continuing education for physicians.

The UAMS College of Medicine designates this live activity for a maximum of 5.25 *AMA PRA Category 1 Credits™*. Physicians should only claim the credit commensurate with the extent of their participation in the activity

Central Arkansas Veterans Healthcare System is an approved provider of continuing nursing education by Arkansas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Participation in this activity provides 5.25 contact hours of continuing nursing education credit.

*Application for CME credit has been filed with the American Academy of Family Physicians.*

*Determination of credit is pending. Application for CEU's has also been made for dietitians, pharmacists, nursing home administrators and other disciplines.*

**DISCLOSURE POLICY:** It is the policy of the University of Arkansas for Medical Sciences (UAMS) College of Medicine to ensure balance, independence, objectivity, and scientific rigor in all sponsored or jointly sponsored educational activities. All individuals who are in a position to control the content of the educational activity (course/activity directors, planning committee members, staff, teachers, or authors of CME) must disclose all relevant financial relationships they have with any commercial interest(s) as well as the nature of the relationship. Financial relationships of the individual's spouse or partner must also be disclosed, if the nature of the relationship could influence the objectivity of the individual in a position to control the content of the CME. The ACCME describes relevant financial relationships as those in any amount occurring within the past 12 months that create a conflict of interest. Individuals who refuse to disclose will be disqualified from participation in the development, management, presentation, or evaluation of the CME activity.

---

---

---

---

**LOCATION:** Crowne Plaza Hotel, 201 S. Shackleford Road, Little Rock, AR

**ACCOMMODATIONS:** A block of rooms has been reserved at the Crowne Plaza Hotel for those participants wanting overnight accommodations on March 14-15, 2012 (room block reserved until February 22, 2012). A special occupancy rate of \$88 single/double is available if you identify yourself as a member of the "Geriatric Medicine Update" seminar. You may make reservations directly with the hotel by calling (501) 223-3000 or 1-866-276-6648. All reservations must be made by Wednesday, February 22, 2012.

**SPECIAL NEEDS:** We are committed to making this CME activity accessible to all individuals. If you need auxiliary aid(s) or service(s) as identified in the Americans with Disabilities Act, or have a dietary restriction, please describe your needs on the registration form. Most requests can be accommodated if notification is received by March 1, 2012.



## COURSE CO-DIRECTORS

### DENNIS H. SULLIVAN, MD

Director, Geriatric Research Education and Clinical Center (GRECC)  
Central Arkansas Veterans Healthcare System  
Professor of Geriatrics, Vice-Chair for Clinical Research  
Donald W. Reynolds Department of Geriatrics  
University of Arkansas for Medical Sciences College of Medicine  
Little Rock, AR

### RONNI CHERNOFF, PhD, RD, FADA

Associate Director for Education and Evaluation  
Geriatric Research Education and Clinical Center (GRECC)  
Central Arkansas Veterans Healthcare System  
Director, Arkansas Geriatric Education Center (AGEC)  
University of Arkansas for Medical Sciences College of Medicine  
Little Rock, AR

### KAY GUTHRIE

Administrative Officer  
Geriatric Research Education and Clinical Center (GRECC)  
Central Arkansas Veterans Healthcare System  
Little Rock, AR

### PLANNING COMMITTEE:

Ronni Chernoff, PhD, RD, Central Arkansas Veterans Healthcare System, AGEC  
Dennis H. Sullivan, MD, Central Arkansas Veterans Healthcare System, UAMS  
Prasad Padala, MD, Central Arkansas Veterans Healthcare System  
Kimberly Garner, MD, Central Arkansas Veterans Healthcare System  
Kay Guthrie, AO, Central Arkansas Veterans Healthcare System  
Melanie Adams, BSN, RN, Clinical Nursing Instructor, Central Arkansas Veterans Healthcare System

---

---

**FEE:** \$230 Non-VA Registration Fee / \$130 VA Employees

---

---

## Thursday March 15, 2012 Ballroom Foyer

7:45 - 8:30 am      **Registration**

**Ballroom**  
8:30-8:45 am      **Opening Remarks**  
Ronni Chernoff, PhD, RD  
Dennis Sullivan, MD

8:45 - 9:30 am      **Brain & The Emerging Mind - New Discoveries**  
Sanjay P. Singh, MD

9:30 - 10:15 am      **Can Antidepressants Prevent Depression in the Medically Ill?**  
William J. Burke, MD

10:15 - 10:30 am      **BREAK**

10:30 - 11:15 am      **Exercise/Physical Activity and Depression**  
Patricia Dubbert, PhD



## FACULTY

### WILLIAM BURKE, MD

Anna O. Stake Professor of Psychiatry, Vice-Chair for Research; Department of Psychiatry, University of Nebraska Medical Center, Omaha, NE

### YEATES CONWELL, MD

Professor of Psychiatry; Director, Geriatric Psychiatry Program; Department of Psychiatry, University of Rochester Medical Center, Rochester, NY

### PATRICIA DUBBERT, PhD

Associate Director for Improving Clinical Care; Mental Illness Research, Education and Clinical Center (MIRECC); Psychologist Investigator, Geriatric Research, Education and Clinical Center (GRECC), Central Arkansas Veterans Healthcare System; Professor of Psychiatry, University of Arkansas for Medical Sciences, Little Rock, AR

### MICHAEL J. MANCINO, MD

Program Director, Substance Abuse Treatment Clinic; Psychiatric Research Institute, Center for Addiction Research; Assistant Professor, Department of Psychiatry, University of Arkansas for Medical Sciences; Medical Director, Recovery Centers of Arkansas, Little Rock, AR

11:15 - 12:00 pm      **The Impact of Cognitive Deficits on Late Life Psychiatric Disorders**  
Ruth O'Hara, PhD

12:00 - 1:15 pm      **LUNCH (on your own)**

1:15 - 2:00 pm      **Apathy in Late Life: Implications on Outcomes in Chronic Diseases**  
Prasad Padala, MD, MS, FACHE

2:00 - 2:45 pm      **Substance Use Disorders in the Geriatric Population**  
Michael J. Mancino, MD

2:45 – 3:00 pm      **BREAK**

3:00 – 3:45pm      **Suicide and Suicide Prevention in Later Life**  
Yeates Conwell, MD

3:45      **Adjourn**



### RUTH O'HARA, PhD

Associate Director, Sierra-Pacific Mental Illness Education and Clinical Center (MIRECC); Director, VA National Fellowship Program in Advanced Psychiatry and Psychology, Palo Alto VA Health Care System; Associate Professor, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine, Stanford, CA

### PRASAD PADALA, MD, MS, FACHE

Associate Director for Clinical Programs Geriatric Research Education and Clinical Center (GRECC), Central Arkansas Veterans Healthcare System; Associate Professor, Psychiatry, University of Arkansas for Medical Sciences, Little Rock, AR

### SANJAY P. SINGH, MD

Chairman & Professor, Department of Neurology, Creighton University School of Medicine, Creighton Neurology - CUMC, Omaha, NE