

Office of Continuing Medical Education  
College of Medicine  
University of Arkansas for Medical Sciences  
4301 W. Markham St., #525  
Little Rock, AR 72205-7199

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Little Rock, AR

*Protecting Babies' Brains:*  
**A Workshop on Fetal Alcohol  
Spectrum Disorders (FASD) for  
Health Care Professionals**

If you cannot attend . . . please  
give brochure to a colleague!

Friday, November 20, 2009  
UAMS I. Dodd Wilson Bldg., Room 126

Visit the UAMS CME Web site at [www.uams.edu/cme](http://www.uams.edu/cme)



*Protecting Babies' Brains:*  
**A WORKSHOP ON FETAL ALCOHOL  
SPECTRUM DISORDERS (FASD)  
FOR PHYSICIANS**

November 20, 2009

**UAMS**

I. Dodd Wilson Education Building  
Little Rock, AR

Sponsored by  
University of Arkansas for Medical Sciences  
Regional Programs,  
the Arkansas Area Health Education Centers Program,  
and the College of Medicine

In cooperation with the  
Midwest Regional Fetal Alcohol Syndrome Training Center  
Funding Provided by U. S. Department of Health and Human  
Services  
Centers for Disease Control and Prevention



*Protecting Babies' Brains*

**AGENDA**

**Friday, November 20, 2009**

- 7:30 – 8:00 Registration and Continental Breakfast
- 8:00 – 8:15 Introduction to the Workshop  
*Mark B. Mengel, MD, MPH*
- 8:15 – 9:15 Biological Effects of Alcohol on the Fetus  
*Kevin Rudeen, PhD*
- 9:15 – 10:15 Screening, Diagnosis and Treatment of Children with FASDs  
*G. Brad Schaefer, MD*
- 10:15 – 10:30 Morning Break
- 10:30 – 11:30 Case Management of Patients with a FASD  
*David Deere, MSW and G. Bradley Schaefer, MD*
- 11:30 – 12:30 PM Lunch – provided
- 12:30 – 2:00 Case Discussion  
*G. Bradley Schaefer, MD*
- 2:00 – 2:15 Break
- 2:15 – 3:30 Screening and Brief Intervention in Women to Prevent an Alcohol Exposed Pregnancy  
*Sarah Rhoads, DNP, APN*
- 3:30 – 3:45 Conclusions  
*Mark B. Mengel, MD, MPH*
- 3:45 – 4:15 Meeting with Academic Faculty  
*Brad Schaefer, MD  
Sarah Rhoads, DNP, APN*
- Meeting with Speakers  
*Mark Mengel, MD  
David Deere, MSW*
- 4:15 Adjournment

## TARGET AUDIENCE

Fetal Alcohol Spectrum Disorder (FASD) is the leading form of preventable birth defects and developmental delays in the US. This conference is designed for pediatricians, family physicians, gynecologists and women's health physicians, obstetricians, and psychiatrists.

## EDUCATIONAL NEED

Past surveys of health care professions suggest knowledge and skills could be improved to recognize, diagnose, treat, and prevent Fetal Alcohol Spectrum Disorders.

## COURSE OBJECTIVES

At the conclusion of this activity the participants will be able to:

- Recognize a child with a Fetal Alcohol Spectrum Disorder (FASD).
- Discuss the biological effects of alcohol on the fetus.
- State the diagnostic criteria for Fetal Alcohol Syndrome (FAS).
- Describe the effects of prenatal alcohol exposure on the developing fetus, particularly neurological deficits.
- Describe treatments available for children with a FASD and the team members that should be involved.
- Screen, assess, and intervene in childbearing aged women to prevent an alcohol exposed pregnancy (AEP).

## ACCREDITATION

The University of Arkansas for Medical Sciences (UAMS) College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### AMA CREDIT

The UAMS College of Medicine designates this educational activity for a maximum of 6.25 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### AAFP Credit

Application has been made with the American Academy of Family Physicians. Notification of credit is pending.

## DISCLOSURE

It is the policy of the University of Arkansas for Medical Sciences (UAMS) College of Medicine to ensure balance, independence, objectivity, and scientific rigor in all sponsored or jointly sponsored educational activities. All individuals who are in a position to control the content of the educational activity (course/activity directors, planning committee members, staff, teachers, or authors of CME) must disclose all relevant financial relationships they have with any commercial interest(s) as well as the nature of the relationship. Financial relationships of the individual's spouse or partner must also be disclosed, if the nature of the relationship could influence the objectivity of the individual in a position to control the content of the CME. The ACCME describes relevant financial relationships as those in any amount occurring within the past 12 months that create a conflict of interest. *Individuals who refuse to disclose will be disqualified from participation in the development, management, presentation, or evaluation of the CME activity.*

## REGISTRATION FEES

There is no registration fee to attend this conference. You will be provided conference materials, breaks and a boxed lunch.

## LOCATION

The symposium will be held in the UAMS I. Dodd Wilson Education Building located on the west side of Hooper Drive off W. Markham in Little Rock, AR.

## PARKING

The campus parking nearest the I. Dodd Wilson Education Building is Parking Lot 2 Level A, located on the north side of the hospital building near W. Markham Street. The cost is \$5 per day.

## LODGING

For registrants needing overnight accommodations, please contact the hotel of your choice.

Some Area Hotels within ten minutes of UAMS:

Candlewood Suites	501-975-3800
Courtyard by Marriott LR West	501-227-6000
Crowne Plaza	501-223-3000
Embassy Suites	501-312-9000
Guest House Inn	501-664-6800
Hilton Inn LR	501-664-5020

## SPECIAL NEEDS

We are committed to making the *Workshop on Fetal Alcohol Spectrum Disorders* accessible to all individuals. If you need auxiliary aid(s) or service(s) as identified in the Americans with Disabilities Act, or dietary restriction, please describe it on the registration form. Most requests can be accommodated if notification is received by November 1, 2009.

## CONFERENCE FACULTY

### Guest Faculty

*P. Kevin Rudeen, PhD*  
Vice Chancellor  
College of Allied Health  
University of Oklahoma Health Science Center  
Oklahoma City, OK

### Local Faculty

*David Deere, MSW, MTh*  
Director, Partners for Inclusive Communities  
Arkansas' University Center on Disabilities  
University of Arkansas for Medical Sciences  
Little Rock, AR

*Mark B. Mengel, MD, MPH*  
Vice Chancellor, Regional Programs  
Executive Director, AHEC Program  
University of Arkansas for Medical Sciences  
Little Rock, AR

*Sarah J. Rhoads, DNP, APN*  
Clinical Associate Professor, College of Nursing  
ANGELS Program  
Rural Hospital Program  
University of Arkansas for Medical Sciences  
Little Rock, AR

*G. Bradley Schaefer, MD*  
Committee for the Future, Endowed Chair in Genetics  
Founding Director, Division of Medical Genetics  
University of Arkansas for Medical Sciences  
Section Chief, Division of Genetics and Metabolism  
Arkansas Children's Hospital  
Little Rock, AR

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## REGISTRATION

Last Name \_\_\_\_\_ First Name \_\_\_\_\_  
Degree \_\_\_\_\_ SSN XXX-XX- \_\_\_\_\_  
Affiliation/Clinic/Firm \_\_\_\_\_  
Address \_\_\_\_\_  
City/State/Zip \_\_\_\_\_  
Daytime Phone \_\_\_\_\_ Fax \_\_\_\_\_  
E-Mail \_\_\_\_\_

Check Your Specialty:

- Pediatrics  Psychiatry  
 Family Practice  DO  
 Internal Medicine  PA  
 OB/Gyn  Other, please specify

***There is no registration fee to attend this conference, but pre-registration is required in order to provide materials and boxed lunches.***

Auxiliary aid(s) and/or service(s) \_\_\_\_\_

Dietary restrictions \_\_\_\_\_

• Register online <http://cmetracker.net/UAMSCME/doPostCatalog.htm>

### OR

Complete the registration form and:

• Mail form to: **UAMS Continuing Medical Education**  
4301 W. Markham St., # 525  
Little Rock, AR 72205-7199

• Fax to: (501) 661-7968

• Call: (501) 661-7962 with your registration information

• E-mail: [vdthomas@uams.edu](mailto:vdthomas@uams.edu) (CME Registrar)