

SERVICES

Victim Treatment

- Individual, Family, and Group Therapy
 - For victims of sexual abuse
 - For non-offending parents
 - For non-abused siblings
 - For parents and caregivers

Treatment for Young Children with Sexual Behavior Problems

- Individual, Family, and Group Therapy

Offender Treatment

- Individual, Family, and Group Therapy
 - For juvenile offenders
 - For parents of juvenile offenders

Educational Groups

- For parents of sexually abused children
- For caregivers of sexually abused children

Outreach Services

- Victim Assistance
- Extended crisis intervention
- Needs assessment and referral

FEES

Services may be reimbursable through private insurance or other funding sources. The FTP accepts Medicaid payments. Victims and non-offending family members may apply to the Crime Victims Reparations Board for assistance in paying for treatment. Forms and help with applications are available in our office. Patients will not be refused treatment or terminated prematurely due to inability to pay.

The Family Treatment Program is a project of the University of Arkansas for Medical Sciences Department of Pediatrics at Arkansas Children's Hospital.



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DEPARTMENT OF PEDIATRICS
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Family Treatment Program offers its services to all eligible persons regardless of race, creed, gender, national origin, religious beliefs, sexual orientation, disability, or financial status.

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Family Treatment Program

Help for sexually abused children and their families

The Family Treatment Program (FTP) has been treating victims of sexual abuse and their families since 1991. FTP is a comprehensive sexual abuse treatment program, providing a wide range of services for victims and their families. A team of dedicated and well-trained experts is available to provide specialized services for a problem that is particularly painful for families.

TEAM APPROACH

Specialized Treatment

Within-Family Sexual Abuse Treatment

A team treatment approach is utilized to help minimize the confusion that often characterizes the treatment of sexual abuse occurring within the family. The program is particularly well suited to working with those families who are dealing with intra-familial sexual abuse. The FTP is appropriate for cases of confirmed intra-familial abuse where the abused child and at least one non-abusive parent will enter treatment. Ideally, the entire family will participate in treatment. If appropriate, a treatment goal will be reunification of the family, but is not required and will only be a goal if desired by all family members. The program will provide treatment to those families who are “in denial” with the role of the FTP being one of treatment, not investigation or determination of the validity of abuse allegations.



Out-of-Home Sexual Abuse Treatment

The Family Treatment Program provides assessment and treatment for a wide range of difficulties that children and families go through after a child’s disclosure of abuse by someone who lives outside of the home. Children 4-18 years of age and their parents or caregivers may benefit from support, information, and treatment for trauma-related symptoms.

SUPPORT AND TREATMENT

Groups for Parents, Caregivers, Children and Youth

The Family Treatment Program provides educative groups for parents and caregivers who must provide support and guidance for a sexually abused child. Topics include information on the dynamics and impact of sexual abuse on children and families, how to determine when a child needs treatment, therapeutic activities for the child, normal sexual development, sex education, working with the system, and sexual abuse prevention. FTP clinicians also provide children and teenagers a place to process their thoughts and feelings, and receive support from others their age who are survivors of sexual abuse.

Specialized treatment for parents and caregivers of sexually abused children is available for clients identified and referred by staff of DCFS. This program will target non-offending adults who have no payment source or limited insurance. While referrals will come primarily from Pulaski County, statewide referrals are possible if the participant is willing to travel.

HELP WHEN NEEDED

Victim Assistance and Crisis Intervention

The Family Treatment Program employs a full time Victim Assistance Coordinator (VAC), who provides follow-up calls to those children and families that are seen at Arkansas Children’s Hospital for abuse-related concerns. The VAC is available to provide crisis intervention services and information about treatment and community resources, at no cost to the recipient.

INTERVENTION

Adolescent Sexual Adjustment Project

The Adolescent Sexual Adjustment Project, also known as ASAP, provides assessment and outpatient treatment for youth who have committed a sexual offense. The initial assessment provides recommendations for level of care for youth referred by Juvenile Court, the Division of Children and Family Services, and the Division of Youth Services. For those juveniles appropriate for outpatient treatment, specialized group therapy is available. Other services include individual and family therapy and parent groups. Specially trained and experienced staff assist families and involved agencies in safety and treatment planning.

