

“Having a disability is not a reason to skip getting a mammogram.”

– JONNA BLOODWORTH  
FAYETTEVILLE, AR  
MS. WHEELCHAIR ARKANSAS 2008

Jonna Bloodworth uses a wheelchair, but her cerebral palsy doesn't stop her from taking the right steps to prevent breast cancer. As a mother, Jonna is setting an example for her three daughters by getting a mammogram regularly. She knows that early detection is the key to living.

If you're over 40, do a breast self-exam regularly and have a mammogram and a clinical exam every 1-2 years. As with Jonna, overcoming the obstacles caused by a disability to get a mammogram may be difficult. But the consequence of not getting the exam could be worse. For more information, visit [www.uams.edu/arkansasdisability](http://www.uams.edu/arkansasdisability) or call 1-800-342-2923 (V/TDD).

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