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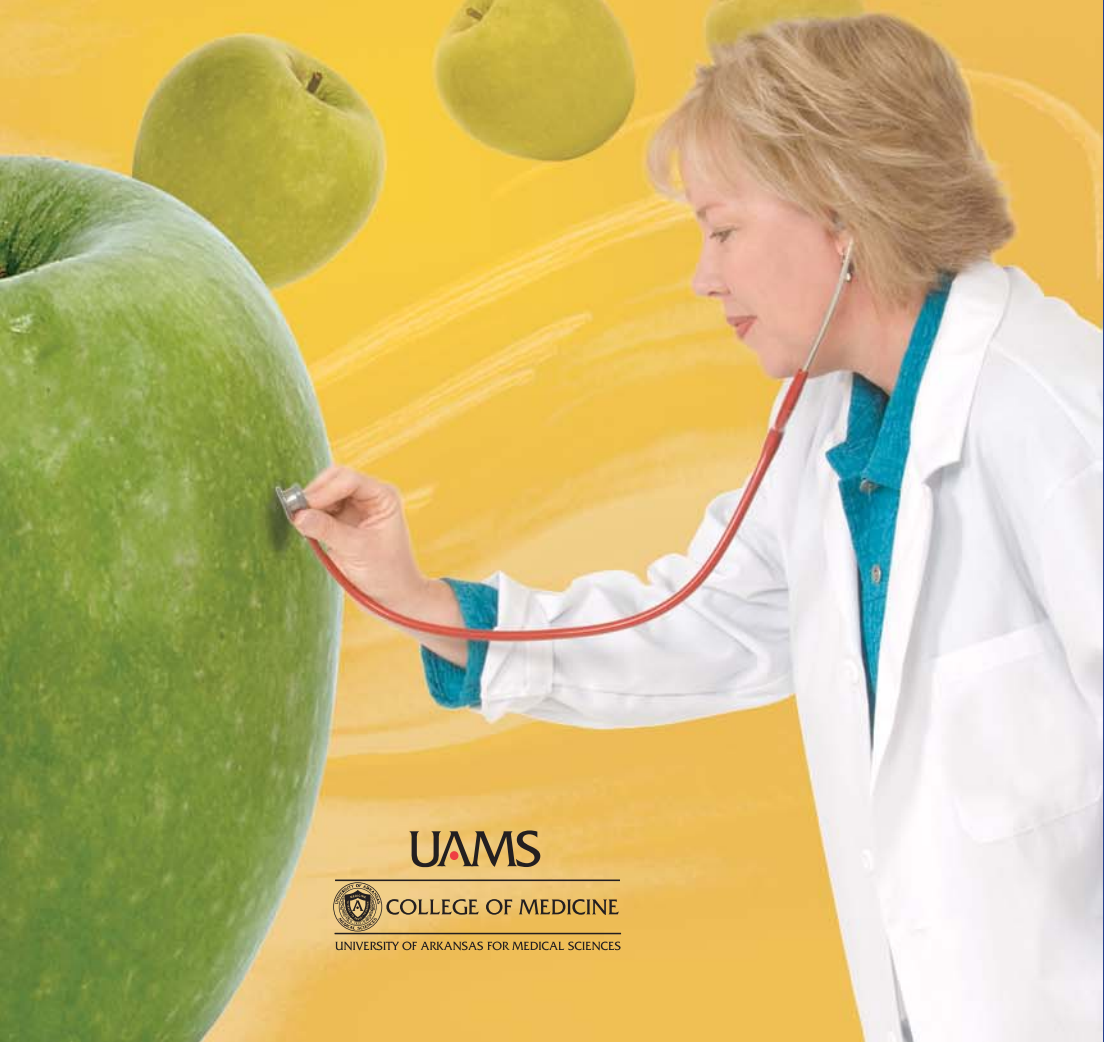
THE ABSOLUTELY UNOFFICIAL

“FILL IN THE GAPS”

FIGS

FACULTY/HOUSESTAFF SURVIVAL GUIDE

THE WOMEN'S FACULTY DEVELOPMENT CAUCUS



UAMS



COLLEGE OF MEDICINE

UNIVERSITY OF ARKANSAS FOR MEDICAL SCIENCES

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Acknowledgements

Welcome to UAMS and Little Rock!

If you are new to UAMS or Little Rock or you are contemplating moving here, know that we want to help you settle in happily and successfully. We, the Absolutely Unofficial Faculty /Housestaff Survival Guide Committee, have had fun creating a concise, intelligible reference handbook directing you to local resources as you begin your life and work here. We hope you will find it useful for “filling in the gaps” of available information.

Please do not hesitate to call the College of Medicine Office of Faculty Affairs if you have questions (526.4685) or if you need additional details or recommendations. In fact, please call this office when you arrive for a welcome session. Please know that we do not endorse any particular organization or entity listed in this book. We simply try to provide practical referential information for

newcomers. We encourage you to use the web sites that are listed in the book to obtain more detailed information. We appreciate your comments and suggestions that will help us improve future editions.

I would like to thank the Office of Faculty Affairs and the Women’s Faculty Development Caucus for being the driving force behind the creation of this guide and for seeing it through to this 12th edition. I also want to thank the committee members who contributed their ideas, research, editing, and enthusiasm.

Best wishes in getting oriented and settled at UAMS and in Little Rock.

Gwen Childs, Ph.D.

Chairman, Department of Neurobiology and Developmental Sciences

Chair of the Publications Committee

Women’s Faculty Development Caucus

Publications Committee

Glenda J. Cooper, M.A., Leslie G. Goodner, Abby Holt, M.L.S., and Sabine Telemaque, Ph.D.

Arkansas History in Brief

The Spanish explorer Hernando De Soto was the first European to set foot in Arkansas, arriving in 1541. Evidence left in mounds, bluffs, pottery and stone implements suggests that people had been living here thousands of years prior to De Soto's visit. The Indians who lived here before the European expansion include the Folsom people, Bluff Dwellers, Mound Builders, Caddo, Quapaws, Osage, Choctaw and Cherokee.

Arkansas became a territory in 1819, and by 1836, the territory had the required 60,000 people needed to become a state. After writing an acceptable constitution, Arkansas became the 25th state in the United States. The population grew steadily over the next 24 years and, by 1860, had risen to 435,000. Planters who lived in the rich bottomlands of the eastern and southeastern portion of the state and farmers who lived in the central and northern hills constituted the majority of the population, although 25 percent were slaves.

By its decision to secede from the Union, Arkansas was drawn into the Civil War in May 1861. Two major battles, Pea Ridge and Prairie Grove, were fought in Arkansas. After the Civil War ended in 1865, the Reconstruction era began, during which dramatic changes were made in the South. Our present constitution was

adopted in 1874, a time when Arkansans longed for peace, stability and security.

In 300 years, Arkansas has grown from a vast wilderness to a thriving state with a population of 2.7 million. Advancements in farming, lumbering, manufacturing, tourism and government have gained Arkansas a viable place in the international market.

Many place names in our state, including Arkansas, are French pronunciations of Indian words. At the time of the early French exploration, a tribe of Indians, the Quapaws, lived west of the Mississippi River and north of the Arkansas River. The Quapaws, or OO-GAQ-PA, were also known as the downstream people, or UGAKHOPAG. The Algonkian-speaking Indians of the Ohio Valley called them the Arkansas, or "south wind."

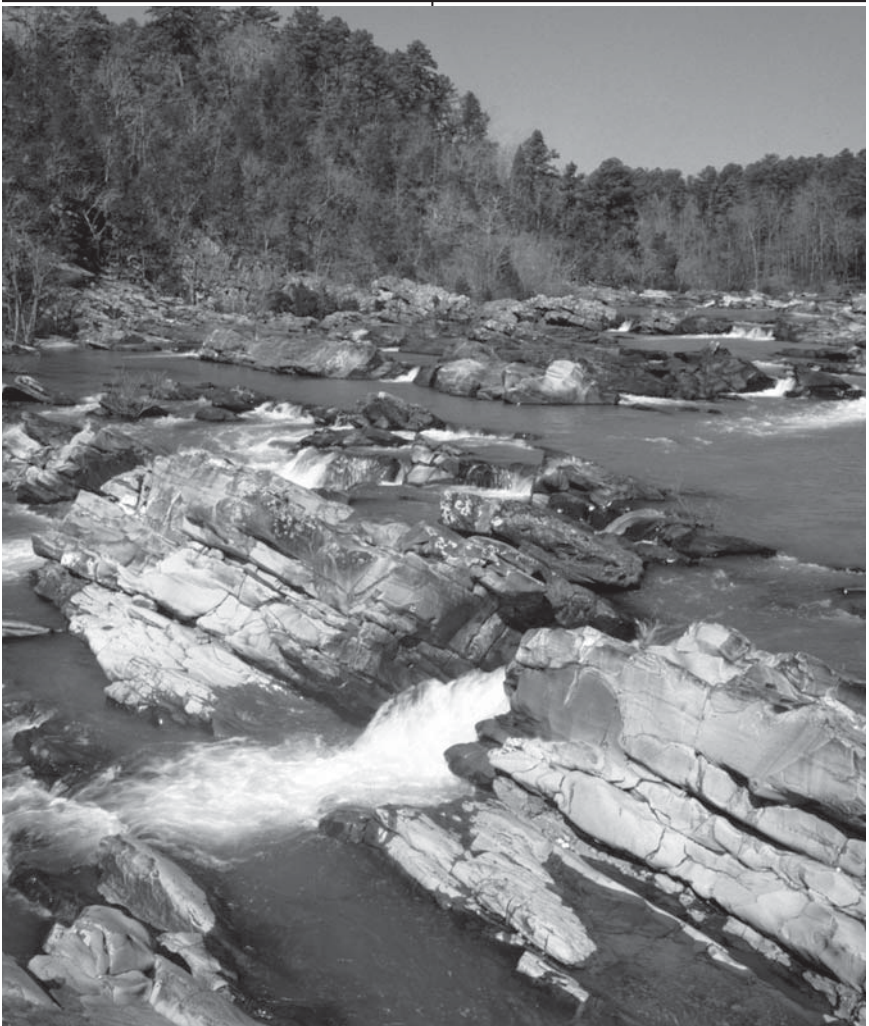
During the early days of statehood, Arkansas' two U.S. senators were divided on the spelling and pronunciation of our state. One was always introduced as the senator from "ARkanSAW" and the other as the senator from "Ar-KAN-SAS." In 1881, the state's General Assembly passed a resolution declaring that the state's name should be spelled "Arkansas," but pronounced "Arkansaw."

The pronunciation preserves the memory of the Indians who were the original inhabitants of our

state, while the spelling clearly dictates the nationality of the French adventurers who first explored this area. **You are now an Arkansan.**

Originally part of the Louisiana Purchase of 1803, Arkansas is known officially as “the Natural State.” The ivory-billed woodpecker, thought to be extinct for 60 years, has recently been discovered in the Big Woods of

eastern Arkansas. The rediscovery of this magnificent bird, known as the “Lord God Bird” because of its impressive two-foot wing span and rarity, has produced waves of excitement in the world of conservation and beyond. The discovery is hailed as a victory for nature – great news for “the Natural State!”



Getting to Know Little Rock

Little Rock was a riverside clearing with 14 people in 1819 when Arkansas became a United States territory. It was a landmark used by bargemen, traders and trappers on the Arkansas River and was called the “little rock” to distinguish it from the “big rock” just upstream. The first seat of government was the Old State House in downtown Little Rock. It is the oldest surviving state capitol west of the Mississippi River, and at one point, it served as the medical center. At that time, school tradition required medical students to graffiti their egregious errors on the walls of the building. However, the tradition was not carried on long, as their mea culpas soon covered the walls, causing them to gain a rowdy reputation by the concerned citizenry.

The Greater Little Rock (MSA) area, population 636,636 (2004 census), is located in the center of the country and in the second fastest-growing region of the United States, with 40 percent of the nation’s population and buying power within a 550-mile radius. Little Rock is where “America Comes Together” – located at the crossroad of Interstate 30 and the most heavily traveled Interstate in the nation, Interstate 40. Twenty-eight Fortune 500 companies operate within the Little Rock Metropolitan Statistical Area.

The average temperatures are: summer – 81.4, winter – 39.5 and annual – 62 degrees. The median family income in Little Rock is \$41,729 (Los Angeles- \$50,198, Boston, \$44,882, US average - \$43,014). The median home cost in Little Rock is \$112,000 (LA - \$231,000, Boston – 215,500, US average - \$134,100).

The cost of living index in Little Rock is 100.3 (LA – 142.3, Boston – 142.2, US average – 100). Little Rock was recently ranked second in the country for economic diversity by Moody’s Investors Service and the 22nd best place for business and careers by Forbes Magazine. The ranking takes into consideration the city’s living expenses, including housing and transportation costs, as well as job and income growth.

The Little Rock National Airport, less than three miles from downtown, is Arkansas’ largest commercial service airport, serving approximately 2.1 million passengers annually. The airport attracts passengers from a large part of Arkansas, as well as a number of surrounding states. There are more than 150 flight arrivals and departures at Little Rock each day, with non-stop jet service to 18 national and international gateway cities, making Little Rock truly one stop away from the world. Little Rock

National is served by American Eagle, Continental Express, Delta, Delta Connection, Frontier Airlines, Northwest, Northwest Airlink, Southwest and U.S. Airways Express. The Little Rock National Airport is operated by the Airport Commission, whose members are appointed by the Little Rock City Board of Directors.

The William J. Clinton Presidential Center is an addition that has turned eyes toward Little Rock and central Arkansas. Located in the heart of Little Rock's River Market District, the Clinton Library houses the largest presidential archive and 20,000 square feet of exhibit space. The Clinton Library and museum provide an exciting and educational experience for visitors of all ages. The Arkansas Symphony Orchestra River Rhapsodies Concert Series is held in the Great

Hall (www.arkansassymphony.org).

The adjacent Clinton School of Public Service offers a Master's Degree in Public Service to prepare individuals who are captivated and energized by understanding and delivering public service of the highest order. Both the Library and the School have special events, guest speakers and celebrations.

The Little Rock Rail System sports five bright yellow vintage trolleys on a 3.5 mile route linking some of the most vibrant destinations in the River Cities of Little Rock and North Little Rock. The three street cars are powered by overhead electric wires and cost 50 cents to ride (www.cat.org/rrail/).



Car Registration

Cars **MUST** be registered in person no later than 30 days after moving to Arkansas. When you buy a car after arriving in Arkansas, you must also register in person. Renew your tags by mail or by Web after the initial registration: www.accessarkansas.org/dfa/star_intro.html.

**More listings including detailed addresses at: www.arlansas.gov/dfa/motor_vehicle/mv_revenue.php*

First-time registrants must bring the following when registering a car:

- Current registration certificate
- Personal property assessment/proof of payment of taxes
- Proof of liability insurance
- Form of payment (license fees are based on weight)
- Certificate of Title or lien papers

You may register at one of the Department of Motor Vehicles offices:

Little Rock:	
801 Barrow Road, Suites 13-15	M-F 7a-6p (501)324-9243
1900 West 7th St., Room 1040	M-F 8a-4:30p (501)682-4663
#3 State Police Plaza Drive, Suite 300	M-F 7a-6p (501)682-0410
Maumelle: 550 Edgewood, Suite 580	M-F 8a-4:30p (501)851-7688
North Little Rock: 2655A Pike Ave. Pike Plaza Shopping Center	M-F 8a-4:30p (501)324-9246
Sherwood: 6969 JFK, Space 22 Indian Hills Shopping Center	M-F 7a-6p (501)835-6904

For information: www.arkansas.gov/dfa/motor_vehicle/mv_index.html

It is important to note that when buying a new or used car, you must pay special attention to whether or not the sales tax is included in the purchase price or if you will be paying sales tax upon registration. You could be in for a surprise otherwise!

For questions, contact:

Department of Motor Vehicles
P.O. Box 1272
Little Rock, AR 72203
Phone: (501) 682-4692

Driver's License

An out-of-state driver with a valid license **MUST** obtain an Arkansas driver's license within 30 days of relocating to Arkansas. A valid out-of-state license may be surrendered in exchange for an Arkansas drivers license. You must visit the Department of Motor Vehicles (the same place you register your car; see the previous page) and take the following with you:

- Two forms of identification
- Preparation for a written driving test or vision test if out-of-state driver's license is expired
- Your old license or proof that your license is not revoked
- Proof of new address (e.g., checkbook, utility bill, etc.)
- Form of payment

Licenses are good for four years and cost \$20 to renew.

See web site for details:

www.arkansas.gov/dfa/driver_services/ds_faqs.html

Tax Information

Income Taxes

State and federal income taxes are due **April 15** every year. You may download business and personal income tax forms for the state from the Arkansas Department of Finance and Administration at www.state.ar.us/dfa/ and download federal income tax forms at www.irs.gov.

Personal Property Taxes

Counties, cities and school districts can impose taxes on houses, land, cars, trucks, RVs, boats, motorcycles, etc. The legal ratio of the assessment is 20 percent applied to the true market value of the property and multiplying it by the local tax rate. Personal property assessments must be done between January 1 and May 31 of each year. Leased vehicles require separate assessment. To assess your personal property online: www.pulaskicountyassessor.net/ or call (501) 340-6181. To find and/or pay current personal property, business and real estate taxes: <http://public.pulaskicountytreasurer.net/> and questions about real estate appraisals: www.pulaskicountyassessor.net/Appraisal.html

Voter Registration

To vote in Arkansas, you **MUST** be a United States citizen over the age of 18, must have no felony convictions without the sentence having been discharged or pardoned, must not be judged mentally incompetent, and must not claim the right to vote in another state. To vote, you must register 30 days before the election. When you get your Arkansas driver's license, you may register at: county clerk's office in your home county, state revenue office, driver services, public library, public assistance agency, disability agency, military recruitment office and with the Arkansas National Guard voter registration drive or visit **www.pulaskiclerk.com/RTV.html**.

For more information about absentee ballots or early voting (up to 15 days before the election), call the Pulaski County Clerk's Office between 8 a.m. and 4:30 p.m. at (501) 340-8446 or visit: **www.co.pulaski.ar.us/circuitcountyclerk.html**

Medical License

To obtain an Arkansas State Medical License, please contact the Arkansas State Medical Board at **(501) 296-1802** or visit the Web site at **www.armedicalboard.org/index.asp**.

IF YOU ARE AN INTERNATIONAL MEDICAL GRADUATE, YOU MUST ALSO PROVIDE:

- Verification of Clinical Clerkship
- Certification by ECFMG and demonstrate in a personal interview the ability to read, write and speak English fluently and also demonstrate adequate training and ability sufficient to permit the practice of medicine in accordance with accepted medical practice in the state of Arkansas.
- Completion of at least **THREE (3)** years of internship or residency in an ACGME approved program in the United States – **OR** – completion of at least **ONE (1)** year of internship or residency in an ACGME approved program in the United States **AND** be currently enrolled in a training program with the University of Arkansas for Medical Sciences

DEA numbers are given after you have obtained a permanent Arkansas license by calling **(504) 840-1063**, (Federal DEA) or going to **www.dea.gov**.

Utilities

Little Rock

• Electricity	(Entergy)	(800) 368-3749
• Gas	(Center Point)	(800) 992-7552
• Water	(Central AR Water)	(501) 372-5161
• Cable	(Comcast)	(501) 375-5755

North Little Rock

• Electricity	(NLR Electric)	(501) 975-8888
• Gas	(Center Point)	(800) 992-7552
• Water	(Central AR Water)	(501) 377-1200
• Cable	(Comcast)	(501) 375-5755

Sherwood

• Electricity	(NLR Electric) (First Electric Co-Op)	(501) 975-8888 (501) 982-4545
• Gas	(Center Point)	(800) 992-7552
• Water	(Central AR Water)	(501) 377-1200
• Cable	(Comcast)	(501) 375-5755

Jacksonville

• Electricity	(First AR Electric Co-Op)	(501) 982-4545
• Gas	(Center Point)	(800) 992-7552
• Water	(Jacksonville Water)	(501) 982-0581
• Cable	(Comcast)	(501) 375-5755

Maumelle

• Electricity	(Entergy)	(800) 368-3749
• Gas	(Center Point)	(800) 992-7552
• Water	(Maumelle Water)	(501) 851-3070
• Cable	(Charter)	(888) 871-4485

For a complete listing of all telephone providers, please refer to the SBC yellow pages under “Telephone Companies.”

A complete listing of all Internet providers may be found under “Internet Access Providers.”

Citizen Services

Arkansas Department of Vital Statistics	(501) 661-2336
Federal Office's Information	(800) 366-2998
Housing and Urban Development.....	(501) 324-5931
Immigration.....	(800) 375-5283
Marriage License	(501) 340-8330
North Little Rock City Hall	(501) 340-5330
Permits:	
Building	(501) 371-4827
Business.....	(501) 371-4500
Construction (New)	(501) 371-4832
Parade	(501) 340-4856
Picketing	(501) 371-4527
Privilege.....	(501) 371-4500
Personal Property Tax	(501) 340-6040
Prosecuting Attorney.....	(501) 340-8000
Real Estate Documents	(501) 340-8433
Real Estate Deeds	(501) 340-8433
Pulaski County Courthouse.....	(501) 340-8605
Pulaski County Information.....	(501) 340-8300
Pulaski County Judge.....	(501) 340-8305
Pulaski County Tax Assessor's Office	(501) 340-6170
Voter Registration	(501) 340-8683



Real Estate

The Chamber of Commerce publishes a Newcomer's Guide that contains specific neighborhood information and maps. We recommend that you check out this guide, as well as the monthly real estate guides located by elevators at UAMS or various other public places, including your local grocery store, if you are considering buying a new home.

If you are new to Little Rock, get recommendations from others before selecting a real estate agent, some agents prefer to sell in selected areas. We use **Janet Jones Co.** or **McKay & Co.** for recruitment and newcomer assistance and consider them reputable. They have professionals who can help with your relocation needs.

Newcomer's Information

The Central Arkansas Newcomer's Guide, provided by the Little Rock Chamber of Commerce, is a great resource for newcomers or those planning to relocate. In Little Rock, call (501) 374-2001 or order a newcomer's packet online at **www.littlerockchamber.com**. For North Little Rock, call (501) 753-5699 or go to **www.nlrchamber.org**. Or, try the Arkansas Relocation site: **www.relocatetoarkansas.com**.

For a better understanding of Little Rock neighborhoods, use the interactive Explore Little Rock map at **www.littlerock.com/info-maps/neighborhoods.asp**. The Little Rock Convention Center is a good source of concert/cultural information and may be reached at (501) 376-4781. The North Little Rock Web site is helpful for those who wish to live north of the river: **www.northlittlerock.org**. For the Maumelle area, go to **www.maumelle.dina.org**. For Cammack Village in the Heights area, please visit its Web site at **www.cammack.net**.

Newcomer's packets with maps, cultural, education, health care and quality-of-life information are provided by the **Janet Jones Co. and McKay & Co.** Newcomer packets and other valuable information are available from Office of Faculty Affairs (501) 526-4661. The Arkansas Times publishes an annual Natives Guide to Pulaski County in January; call (501) 375-2985 for a copy. For relocation and employment information for partners, try this site: **www.arkansasjobs.net**.

For Parents



Childcare

Refer to <http://littlerockkids.com/parents/index.html> for information on childcare, schools and activities for your kids. Many public schools have after-school care and preschool programs. Day care, preschool and Mother's Day Out listings can also be found at this site:

www.littlerockkids.com/parents/services/childcare/lr-ad.html

ACH Child Enrichment Center

If you work at Arkansas Children's Hospital, you may be eligible to enroll your children in the Child Enrichment Center, located at 1621 W. 10th St., across from ACH. Call (501) 364-3566 for more information.

Tuition Rates (biweekly, as of 7-1-06): www.archildrens.org

# of Hours in Childcare	<3 yrs	>3 yrs	
	0-30	\$69	\$62
	30-50	\$103	\$91
	50-60	\$10/hr	\$10/hr
	Overtime	\$15/hr	\$15/hr

Hours

Monday-Friday, 6:15 a.m. to 7:30 p.m.

(Open all holidays except Thanksgiving and Christmas)

For additional part-time or 10- to 12-hour day rates, please call the Child Enrichment Center.

DHS Child Care Referral Line

The Arkansas Department of Human Services Division of Child Care and Early Childhood Education offers a Child Care Referral Line at (800) 445-3316 or (501) 682-4891 to help you find a service. You can also visit its Web site at www.state.ar.us/childcare.

The office of Faculty Affairs (526-4661) will assist you if you have additional questions or requests.

Nanny Information

We do not endorse a nanny service, but can provide you the following information that may assist you in your search for in-home childcare.

- St. Edward's Catholic Church: (501) 374-5767
- Nanny Solutions, owned by Amy Kelly, finds nannies from both coasts. Background checks and references are provided. Phone: (501) 803-0088. Web site: www.nannysolutions.net.
- Look in the UAMS global e-mail directory for WFDC-COM. You can direct e-mail inquires to all women faculty for advice about nannies.

Schools

Public Schools

Always ask about magnet schools!!!

Little Rock School District (501) 324-2000

www.lrsd.org/default.cfm

Laidlaw Bus Transportation (501) 447-4130

North Little Rock School District (501) 771-8000

www.nlrkd.k12.ar.us/

Bus Transportation (501) 340-5151

Pulaski County Special School District (501) 490-2000

www.pcssdweb.k12.ar.us/

Bus Transportation (501) 982-9416

K-12 Parent's Guide to Schools: www.greatschools.net

Private Schools

Little Rock Private and Parochial Schools:

www.littlerockkids.com/education/schools/index.html

North Little Rock Private and Parochial Schools:

www.littlerockkids.com/education/schools/private/nlr.html

The **SBC Yellow Pages** lists all schools (private, public, parochial and after school programs) individually, and the Arkansas Democrat Gazette issues a Private Schools Directory supplement in the fall. Realty relocation specialists can help you find the right school for you in relation to neighborhoods.

Tutoring

Apt Educational Services	(501) 660-4333
Comprehensive Tutoring and Language Services	(501) 225-0051
Sylvan Learning Center	
• North Little Rock	(501) 791-9200
• West Little Rock	(501) 868-7068

For a more complete listing, look in the SBC Yellow Pages under “Tutoring.”

After School Activities

Art

Arkansas Art Center Museum School	(501) 396-0353
www.arkarts.com	
UALR Community School for the Arts	(501) 569-3480

Baseball

Arkansas Amateur Baseball Association	
http://aramba.tripod.com	
Burns Park Athletic Association	(501) 753-0012

Basketball

Little Rock Boys and Girls Clubs	(501) 666-8816
www.lrbgc.org/progs.htm	
Amateur Athletic Union	(501) 340-8987

Boxing

Junior Deputy Sheriffs of Pulaski County	(501) 372-7640
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Dance

Arkansas Festival Ballet	(501) 227-5320
Shuffles and Ballet II	(501) 223-9224
McAfee School of Dance & Yoga	(501) 666-9538
Little Rock School of Dance	(501) 225-6232
Joel’s House of Dance	(501) 663-8090

NLR School of Dance	(501) 753-5039
Arkansas School of Middle Eastern Dance	(501) 455-1229
Irby's Studio of Dance	(501) 664-2800
Tommie's Dance Academy	(501) 225-6601
Performing Arts Conservatory	(501) 448-0087

Football

YMCA of NLR	(501) 758-3170
YMCA of LR	(501) 376-0458

Foreign Language Study

Arkansas Language	(501) 225-0051
Arkansas Institute of Languages	(501) 312-2220

Golf

Rebsamen Golf Course	(501) 666-7965
First Tee of Arkansas	(501) 562-4652
Maumelle Golf Driving Range	(501) 771-1460

Gymnastics

River City Gymnastics	(501) 407-8000
YMCA	(501) 227-8343
The Little Gym	(501) 225-5437

Horseback Riding

www.polocenter.com/stable/stableusar.htm	
Carma Farm	(501) 315-1250
Maumelle Equestrian Center	(501) 851-7504
McAdam's Family Stables	(501) 835-2205
Spring Valley Equestrian Center	(501) 821-3312
Meadow Creek Farm	(501) 224-7318
Twelve Oaks Stables	(501) 868-4812

Ice Hockey

Arkansas Ice Hockey Association	(501) 666-4625
Arkansas Skatium	(501) 227-4333

Martial Arts

American Taekwondo	(501) 568-2821
Anderson's Taekwondo Center	(501) 375-5507
Champions Martial Arts Academy	(501) 296-9676
ATA Karate for Kids	(501) 868-1122
LR Taekwondo Academy-Chenal	(501) 224-1222
House of Kodenkan Jujitsu	(501) 663-9200
Tammy Harvey-Lamberson's USTaeKwonDo	(501) 227-6100
Karate for Kids	(501) 753-6100

Music

Music Teachers Association of Central AR	(501) 658-9697
Suzanne Mitchell's Music Studio	(501) 664-1613
UALR Community School of the Arts	(501) 569-3480
Wyatt Margaret E Vocal & Piano Studio	(501) 372-3372

Rock Climbing

Little Rock Climbing Center - indoor climbing gym - www.littlerockclimbingcenter.com	(501) 227-9500
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Sailing

Grande Maumelle Sailing Club	(501) 868-5725
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Scouting

Boy Scouts	(501) 664-4780
Girl Scouts	(501) 758-1020

Skating

Arkansas Skatium	(501) 227-4333
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Soccer

Riverdale Soccer Club	(501) 663-2112
Westside Y - www.westsidefa.com	(501) 227-8343
Arkansas Futbol Club - www.lrfc.us	(501) 663-2112
Arkansas State Soccer Association	(501) 833-0550
Maumelle Soccer Club	(501) 803-3999
Soccer Mania	(501) 312-9944

Softball and T-Ball

Hillcrest Softball League	(501) 954-6057
Junior Deputy Sheriffs	(501) 372-7640
James Penick Boys & Girls Club	(501) 666-5494

Swimming

LR Arkansas Dolphins	(501) 221-1783
LR Athletic Club Laser Swim Team	(501) 225-3600
LR Racquet Club	(501) 225-5711
War Memorial Fitness Center	(501) 664-6976
YMCA	(501) 227-8343

Tennis

Burns Park Tennis Center	(501) 791-8585
LR Athletic Club	(501) 225-3600
LR Racquet Club	(501) 225-5711
Otter Creek Racket Club	(501) 455-2500
Rebsamen Park Tennis Center	(501) 664-0736

Theater

Children's Theatre of Arkansas	(501) 372-4000
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Volunteer Teens at UAMS

(501) 686-5657

Summer Activities

Most summer activities are listed in the April issue of LR Family Magazine, the May issue of Kid's Directory, and at www.littlerockkids.com/home.html. Many of these programs require registration by March or April.

The **UAMS M*A*S*H** Program is a two-week Health Careers Enrichment Program for high school students in the Pulaski County School District who meet the application criteria. Biology is a prerequisite. Call Andrea Stokes at (501) 686-5657 for more information.

The **UAMS Summer Science Discovery Program (SSDP)** is a non-profit science enrichment program for students 6 to 12 years old. SSDP is a collaborative outreach effort between UAMS and the Museum of Discovery. The SSDP program is designed to entice and encourage students to study math and sciences in high school and college through hands-on activities, small group presentations and team-building exercises. Contact Kim Blann-Anderson, program director for the Center of Diversity Affairs at (501) 526-7047.

The **UALR Community School of the Arts** is a summer program for kids of all ages and encompasses a broad range of interests. For more information, visit www.ualr.edu/csa.

Arkansas Children's Hospital Center for Effective Parenting

This center offers the following classes: Parenting for Expectant Parents, Effective Parenting, Toddlers and Preschoolers, The 6-12-Year-Old Child, The Chronically Ill Child, Divorced Parenting, Anger Management, Stress Management, Preparing Students for School Pre K-12 and Parent Leadership Development in Education.

Nicholas Long, Director

800 Marshall St., Slot 512-4, Little Rock, AR 72202

Contact **Pam Kahler** at **(501) 364-6911** for more information

To reach a parent educator, call **(501)364-3692**

A fantastic web site for parenting resources: **www.parenting-ed.org**



Interesting Facts About Arkansas

- Arkansas is the only diamond-producing state in the nation and has the world's only diamond mine open to the public.
- There are 47 hot springs in Hot Springs National Park where the waters flow at about 143 degrees. The Indians referred to this land as the Valley of Peace.
- Little Rock's Memorial Day Riverfest is one of the top 100 events in North America.
- In 1931, Hattie Caraway, of Jonesboro, became the first woman ever elected to the U.S. Senate.
- The city of Hope is famous for world class sized watermelons.
- The Ozark Folk Center in Mountain View is the nation's only facility that works to preserve the Ozark heritage.
- Hot Springs has the nation's oldest and largest dedicated documentary film festival, held annually in October.
- Petit Jean State Park has one of the largest bluff shelters in the state. It was home to Native Americans more than 1,000 years ago.
- The Buffalo River is one of the few remaining unpolluted, free-flowing rivers in the lower 48 states with both swift-running and placid stretches.
- May is Arkansas Heritage Month. Each year the Arkansas Heritage Commission features a different theme and a cool poster. The theme for 2007 is "Our Business is Heritage: Preserving, Protecting, Promoting." www.arkansasheritage.com
- Blues music, which comes from the Delta regions of Arkansas and Mississippi, is one of the most influential forms of American song during the 20th century. It is largely responsible for shaping much of America's popular music, including contemporary rock, jazz, rap, and pop. While people of many backgrounds have contributed to the development of blues music, most historians agree that its origins are found in the struggles by African-Americans for freedom during slavery and the forced segregation of the 1800s and 1900s. For more information, visit the Delta Cultural Center (www.deltaculturalcenter.com) in Helena, Arkansas.

For more interesting facts about Arkansas history, visit
www.anythingarkansas.com/arkapedia
www.encyclopediaofarkansas.net



Sports, Health, Culture, Festivals and Dancing



Working Out

UAMS Fitness Center

UAMS has a state-of-the-art fitness center for faculty, staff and students as part of the Get Healthy UAMS employee wellness program. Located on the eighth floor of the College of Public Health building, the center is open 24 hours a day, seven days a week, through key card access. Membership fees are based on employee salary on a sliding scale. Membership includes a Cardio Theater with five big flat screens, StairMasters, treadmills, elliptical trainers, recumbent and upright bicycles, group fitness classes, water wellness classes, locker rooms with showers, and programs for nutrition and diet.

For information and enrollment application, call Leah Welker, membership coordinator, at (501) 526-2222 or visit the Web at www.uams.edu/gethealthy

Ottenheimer Rehabilitation and Fitness Center

The Ottenheimer Fitness Center in the Donald W. Reynolds Institute on Aging is available to people age 50 and older who want to use the center's exercise equipment for a small monthly fee. Access to this fitness center is also included in the UAMS Fitness Center membership. www.uams.edu/gethealthy/facility/center_aging.asp

Jackson T. Stephens Spine and Neurosciences Institute Therapy and Fitness Pool

The Stephens Institute pool is open to UAMS employees, as well as the community. A variety of structured aquatic exercise classes are provided for varying levels of ability. Access to the pool is included in the UAMS Fitness Center membership and is also available separately for a monthly fee. For updated schedule: www.uams.edu/ohr/Watersport.html



UAMS Employee Rate Specials

UAMS Fitness Center (501) 526-2222

Salary	Monthly Deduction
Up to \$30,000	\$15.00/month
\$30,001-\$60,000	\$30.00/month
\$60,001-\$100,000	\$40.00/month
\$100,000 and over	\$50.00/month

War Memorial Fitness Center (501) 664-6976

www.littlerock.org/parksrecreation/warmemorial

Med Student	\$14.75/month
Individual	\$317/year
Family of 2	\$452/year
Family of 3+	\$478/year

UALR Fitness Center (no payroll deductions) (501) 569-8284

Med Student	\$12.50/month
Student (non-medical)	\$15.00/month
UAMS Employees	\$25.00/month

ACH Fitness Center - East Campus (501) 364-3656

Individual	\$29.25/month
Couple	\$44/month
Family	\$55/month

Other Little Rock Health Clubs

Downtown Athletic Club	(501) 374-1005
Little Rock Athletic Club	(501) 225-3600
Little Rock Racquet Club	(501) 225-5711
Jazzercise	(501) 225-8222
NLR Athletic Club	(501) 812-5555
YMCA	(501) 227-8343

Yoga

Barefoot Studio	(501) 661-8005
Yoga Studio of LR	(501) 372-1780

eDocAmerica

eDocAmerica is available to all UAMS employees enrolled in our medical plan. The main feature of eDocAmerica is free access to a doctor via the Internet. You and your family may ask medical questions about any topic, and you will receive a response from a highly qualified physician, along with Web sites for additional information, within 24 hours. To access eDocAmerica, visit the Web site at www.qark.com and log in. Click on the link "Medical Learning Center."

Elder Care

Arkansas Elder Choices: www.arkansas.gov/dhhs/aging/elch01.html

Arkansas Resources: <http://web.carescout.com/carescoutsite/>

LifeQuest of Arkansas has Adventures in Learning classes that provide intellectual and social stimulation for active adults of all ages. The Civic Services Program, geared for adults over 55, helps older adults remain independent and in their own homes.

(501) 225-6073 - www.lifequestofarkansas.org

The UAMS Donald W. Reynolds Institute on Aging is an excellent recourse for patients and caregivers.

(501) 526-6800 - <http://instituteonaging.uams.edu>

Home Health Care Programs - Delbra Caradine, M.D., director:

(501) 526-6387

Palliative Care and Hospice Services

Arkansas Hospice

5600 W. 12th St.

Little Rock, AR 72204

(501) 748-3333

dcarr@arkansashospice.org

Baptist Hospice

11900 Colonel Glenn Rd., Suite 2000

Little Rock, AR 72210

(501) 202-7474

Janice Rogers at

jr Rogers@baptist-health.org

Hospice Home Care

1501 N. University Ave., Suite 340

Little Rock, AR 72207

(501) 296-9043

Odyssey Healthcare

333 Executive Court, Suite 205

Little Rock, AR 72205

(501) 407-9132

www.odysseyhealthcare.com

Reed Thompson, M.D.

Director of Palliative Care

Department of Geriatrics

College of Medicine

University of Arkansas

for Medical Sciences

4301 W. Markham St., #603

Little Rock, AR 72205

(501) 526-5744

Dining

When deciding where to eat tonight, check out one of the great dining guides offered by the Arkansas Newcomer's Guide or the Arkansas Democrat Gazette (first Friday of every month) or visit the Arkansas Times online at www.arktimes.com/dining.aspx or go to www.littlerock.com/dining.

Sports

For a great directory to all sports activities in Arkansas, go to www.directoryarkansas.com/recreation_sports

Arkansas Travelers Baseball www.travs.com	(501) 664-1555
Arkansas Twisters (Arena Football) www.arkansas-twisters.com	(501) 975-5425
Arkansas Razorbacks (College Football) www.hogwired.com	(800) 982-4647
University of Arkansas at Little Rock Sports www.ualrtrojans.com	(501) 565-8257
Oaklawn Park (Horse Racing) www.oaklawn.com	(800) 625-5296
Southland Greyhound Park (Dog Racing) www.southlandgreyhound.com	(800) 467-6182

Adult Dancing

Arkansas Performing Arts Conservatory 17200 Chenal Parkway, Ste. 420, Little Rock www.arkansascommunities.com/LittleRock/businesses/performingartsconservatory.asp	(501) 448-0087
Arkansas Dance Connection Ballroom, Latin, Swing, C & W, Social	(501) 749-9293

Arkansas Studio of Middle Eastern Dance and Performance	(501) 455-1229
Arthur Murray Dance Studio Ballroom, Social, Latin, C & W, Tango, Salsa www.irdance.com	(501) 753-1050
The Ballroom Company Ballroom, Latin, Swing, Tango, Wedding Dances All ages, couples or singles	(501) 663-7724
After Thought Dancing and Jazz 2721 Kavanaugh, Little Rock	(501) 661-1196
The Electric Cowboy Country Dancing 9515 Interstate I-30, Little Rock	(501) 526-6000
Bogies Swing Dancing 3605 MacAuthur, N. Little Rock	(501) 771-5515
Jose's Night Club Latino 308 S. Broadway, Little Rock	(501) 960-1334
Cajun's Wharf Rock & Roll 2400 Cantrell Road, Little Rock	(501) 375-5351

Cultural Attractions

Arkansas Arts Center www.arkarts.com	(501) 372-4000
Arkansas Chamber Singers www.ar-chambersingers.org	(501) 377-1121
Arkansas Repertory Theatre www.therep.org	(501) 378-0405
Arkansas Symphony Orchestra www.arkansassymphony.org	(501) 666-1761
Chamber Music Society of Little Rock Wolfeslear@gmail.com	(501) 686-6498
Celebrity Attractions www.celebrityattractions.com	(501) 244-8800

Community Theater of Little Rock	(501) 663-9494
Little Rock Wind Symphony	(501) 666-0777
Murry's Dinner Playhouse www.murrysdinnerplayhouse.com	(501) 562-3131
Weekend Theater	(501) 374-3761
Wildwood Park for the Performing Arts www.wildwoodpark.org	(501) 821-7275
UALR Artsprece	(501) 569-3288

Outdoor Attractions

Arkansas has much to offer for outdoor enthusiasts, from golf, bird watching, floating, fishing and rock climbing to searching for diamonds. Visit www.arkansas.com/outdoors to discover the possibilities!

Note: Like most states, Arkansas has specific seasons and requirements for game hunting and fishing. Before doing either, contact the Arkansas Game and Fish Commission at (501) 223-6300 or visit www.agfc.com. For more information on all other activities, contact the Arkansas Department of Parks and Tourism at (501) 682-7777 or visit www.arkansas.com.

Places to Visit

Aerospace Education Center and IMAX Theater - Little Rock
(501) 376-IMAX - www.aerospaced.org

Arkansas Artists Gallery and Showcase - Little Rock
(501) 376-1979 - www.cals.lib.ar.us/events/exhibits.html

Arkansas Arts Center at MacArthur Park - Little Rock
(501) 372-4000 - www.arkarts.com

Arkansas Inland Maritime Museum - North Little Rock
(501) 371-8320 - www.aimm.museum

Arkansas River Trails

Roll and stroll from Little Rock to Pinnacle Mountain
www.rivertrail.org

Arkansas State Capitol - Little Rock

(501) 682-5080 - **www.sosweb.state.ar.us/tours.html**

Arkansas State Fairgrounds - Little Rock

(501) 372-8341 - **www.arkansasstatefair.com**

Blanchard Springs Caverns - Blanchard Springs

(870) 757-2211

www.fs.fed.us/oof/ozark/recreation/caverns.html

Buffalo National River National Park Service - Harrison

(870) 741-5443 - **www.nps.gov/buff**

Burns Park - North Little Rock

(501) 791-8537

Central Arkansas Library System - 1 main and 10 branches

(501) 918-3000 - **www.cals.lib.ar.us**

For a book club list: **www.cals.lib.ar.us/events/bookclubs.html**

Central High Museum and Visitor Center - Little Rock

(501) 374-1957 - **www.centralhigh57.org/visitors.htm**

Clinton Presidential Center - Little Rock

(501) 370-8000 - **www.clintonfoundation.org/cpc-index.htm**

Clinton School of Public Service - Little Rock

(501) 683-5228 - **www.clintonschool.uasys.edu**

Crater of Diamonds State Park - Murfreesboro

(870) 285-3113 - **www.craterofdiamondsstatepark.com**

Diamond Bear Brewing Company - Little Rock

(501) 708-2739 - **www.diamondbear.com**

EMOBA: The Museum of Black Arkansans - Little Rock

(501) 661-9903 - **www.onlinelittlerock.com/emoba.htm**

Eureka Springs Historic District - Eureka Springs

(479) 253-8737 - **www.eukasprings.org**

Garvan Woodland Gardens - Hot Springs - April 1 - Oct. 31

(800) 366-4664 - **www.garvangardens.org**

Greers Ferry Lake - Heber Springs
(501) 362-2416 - www.swl.usace.army.mil/parks/greersferry

Historic Arkansas Museum - Little Rock
(501) 324-9351 - www.historicarkansas.org/

Hot Springs National Park - Hot Springs
(501) 624-2701 - www.nps.gov/hosp

Lake Maumelle - Maumelle (10 miles west of Little Rock)
(501) 376-4781 - <http://fishing-arkansas.com/byregion/central.asp> fishing, sailing, no swimming

Little Rock River Market - Downtown Little Rock Farmers Market
(501) 375-2552 - www.rivermarket.info

Little Rock Zoo - Boo at the Zoo, Gorilla Days (close to UAMS)
(501) 666-2406 - www.littlerockzoo.com

Mount Magazine - Paris - Highest Mountain in the State
(479) 963-8502 - www.mountmagazinestatepark.com

Museum of Discovery - Little Rock River Market District
(501) 396-7050 - www.amod.org

Oaklawn Park Horse Racing - Hot Springs
(800) 625-5296 - www.oaklawn.com

Old Mill - North Little Rock (Seen in “Gone with the Wind”)
(501) 791-8537
<http://northlr.org/attractions/old-mill>

Old State House Museum
Former Territorial Capitol, Medical School - Little Rock
(501) 324-9685 - www.oldstatehouse.com

Old Washington Historic State Park - Hope
(870) 983-2684 - www.oldwashingtonstatepark.com/

Ozark Folk Center - Mountain View
(870) 269-3851 - www.ozarkfolkcenter.com

Peabody Ducks, Peabody Hotel - Little Rock
(501) 906-4000
www.peabodylittlerock.com
<http://littlerock.about.com/cs/littlerockhotels/a/aapeabody.htm>

Petit Jean State Park - Morrilton/Oppelo
(501) 727-5441 - www.petitjeanstatepark.com

Pickles Gap Village - Conway (crafts and gifts)
(501) 327-8049 - www.picklesgap.com

Pinnacle Mountain State Park - Roland

(501) 868-5806

www.ArkansasStateParks.com/parks/park.asp?id=3

Quapaw Quarter - Historic Downtown Little Rock

(501) 371-0075 - www.quapaw.com

Queen Wilhelmina State Park - Mena

(800) 264-2477 - www.queenwilhelmina.com

Riverfront Parks -

www.littlerock.com/outdoors/category.asp?category=Parks

Little Rock - (501) 371-4470

North Little Rock - (501) 791-8538

Scott Plantation Agriculture Museum - Scott

(501) 961-1409 -

www.arkansasstateparks.com/plantationagriculturemuseum

Toltec Mounds Archeological State Park - Scott

(501) 961-9442 - www.arkansasstateparks.com/toltecmounds

Wild River Country - Little Rock (water-based fun-park)

(501) 753-8600

www.wildrivercountry.com/main.asp?i=wrc_general_info.html

Seasonal Events

This is an incomplete listing of a variety of seasonal events in Arkansas. Visit two Web sites for events by week and month: www.arkansas.com and <http://littlerock.about.com/>

January

Martin Luther King Jr. Holiday Events - Little Rock

www.state.ar.us/mlk or call (501) 683-1300

Eagle Awareness Days at Petit Jean State Park

www.petitjeanstatepark.com or call (501) 727-5441

Eagle Watch - many parks offer tours and viewing events

www.arkansas.com/group-travel/media-room/display.asp?id=797

Oaklawn Live Thoroughbred Racing - Jan. 31 - April 16

Oaklawn Jockey Club - Hot Springs

www.oaklawn.com

February

Black History Month

Historic Arkansas Museum

(501) 324-9351

EMOBA Museum

(501) 661-9903

Annual White Rock Classic 25K and 50K - Turner Bend - Ozark
(479) 444-8955

Hikes, Hearts, and Hugs - Petit Jean State Park

petitjean@arkansas.com

Annual Toys Designed by Artists - Arkansas Arts Center

www.arkarts.com

Daffodil Days, Garvan Woodland Gardens - Hot Springs

www.garvangardens.org

U.S. Team Tennis for Youth - Burns Park

www.arktennis.com

March

Arkansas March Flower and Garden Show - Little Rock

Statehouse Convention Center - (501) 376-4781

St. Patrick's Day Festival and Parade - Little Rock

River Market District - (501) 375-2552

Spring Canoe Float - Pinnacle Mountain State Park - Little Rock

(501) 868-5806

Annual Little Rock Marathon

Arkansas Parks and Recreation - (501) 371-4770

Wye Mountain Daffodil Festival

(501) 330-2268

Ozark Foothills FilmFest - Heber Springs

www.ozarkfoothillsfilmfest.org

April

Jewish Food Festival

www.jewisharkansas.org

Arkansas Literary Festival

www.arkansasliteraryfestival.org

Arkansas Travelers Baseball Season begins - North Little Rock
Dickey-Stephens Park - (501) 664-1555
www.travs.com

Blues on the River Arkansas
www.littlerockinfo.com

Mardi Gras - Little Rock
River Market - (501) 375-2552
Heights - (501) 372-3290

Arkansas Youth Home Eggshibition
www.youthhome.org

River Market Farmers Market opens - River Market Pavillion
(501) 375-2552 - www.rivermarket.info

May

Mother's Day Cruise - Pinnacle Mountain State Park
(501) 868-5806 - www.pinnaclemountain@arkansas.com

Big Downtown Thursdays begins - River Market - Little Rock
(501) 733-4801

Cinco de Mayo, River Market - Little Rock
(501) 219-2460

Greek Food Festival - Little Rock
www.greekfoodfest.com

Riverfest - Little Rock River Market
(501) 255-3378 - www.riverfestarkansas.com

Arkansas Heritage Month
(501) 324-9150 - www.arkansasheritage.com

Annual Big Woods Birding Festival - Clarendon
(870) 747-3802 - www.clarendon-ar.com

Quapaw Quarter Spring Tour of Homes - Little Rock
(501) 371-0075 - historic homes in downtown Little Rock
www.quapaw.com

Toad Suck Daze - Conway
(501) 327-7788 - www.toadsuck.org

Little Rock Film Festival
littlerockfilmfestival.org/Main_Page.html

June

Father's Day Cruise - Pinnacle Mountain State Park
(501) 868-5806 - www.pinnaclemountain@arkansas.com

International Butterfly Festival - Mount Magazine
www.butterflyfestival.com

Hot Springs Music Festival - Hot Springs
(501) 623-4763 - www.hotmusic.org

Movies in the Park - Little Rock - moviesintheparklr.net

Zoo Days - Little Rock Zoo
(501) 666-2406 - www.littlerockzoo.com

July

Annual Youth Fishing Derby - MacArthur Park - Little Rock
(501) 371-6858

Pops on the River - Riverfront Park - Little Rock
(501) 918-4576

Annual Opera in the Ozarks - Walton Arts Center - Fayetteville
(479) 443-5600

Annual Mt. Nebo Square Dance - Mt. Nebo State Park - Dardenelle
(479) 229-3655

Annual Johnson County Peach Festival - Clarksville
<http://jocopeachfestival.8m.com>

Annual Altus Grape Festival - Altus
www.altusgrapefest.com

Sunset River Cruises - Pinnacle Mountain State Park
(501) 868-5806

August

Hope Watermelon Festival - Hope
www.hopemelonfest.com

Annual White River Carnival - Batesville
(870) 793-2378

Annual Bluegrass Eureka Springs Festival - Eureka Springs
www.eurekasprings.org

September

Annual State Champion Hot Air Balloon Races - Harrison
www.harrison-chamber.com

Wild Cave Tour - Blanchard Springs Caverns
www.fs.fed.us/oonf/ozark/recreation/caverns.html

Hot Springs Blues Festival - Hot Springs
www.spacityblues.com

WorldFest - McArthur Park, Little Rock
(501) 918-5210 - www.rcdcworldfest.org/

October

Arkansas State Fair - State Fairgrounds - Little Rock
(501) 372-8341 - www.arkansasstatefair.com

Boo at the Zoo - Little Rock Zoo
(501) 666-2406 - www.littlerockzoo.com

Arkansas Blues and Heritage Festival - Helena
www.bluesandheritage.com

Hot Springs Documentary Film Festival - Hot Springs
(501) 321-4747 - www.hsdfi.org

Race for the Cure - Little Rock
(501) 664-3480 - www.arkansasrunner.com

Fall Equinox Celebration - Toltec Mounds Archeological State Park
www.arkansasstateparks.com/toltecmounds

Oktoberfest - Little Rock at Lutheran High
www.oktoberfestLR.org

Rendezvous at Pinnacle Mountain
(501) 868-5806 - partnersforpinnacle.org

Little Rock Air Force Base Air Show
(501) 987-3353 - www.littlerock.af.mil

November

Festival of Trees - Central Arkansas Radiation Therapy Institute
(501) 372-3290 - www.carti.com

Holiday House Fund-Raiser - Junior League of Little Rock
(501) 375-5557 -
www.jllr.org/littlerock/npo.jsp?pg=fundraiser&article=1

Robinson Center Music Hall - Little Rock
www.arkansassymphony.org

Artament Bash - Arkansas Arts Center
www.arkarts.com

December

Christmas Parade
Little Rock - (501) 376-4781
North Little Rock - (501) 758-1424

Ice Skating Rink and Lights Display - Little Rock River Market
(501) 375-2552

Lighting of the Capitol Holiday Lights - Little Rock
(501) 682-5080 - www.sosweb.state.ar.us

Christmas Showcase Arts and Crafts - Statehouse Convention Center
<http://arkansascraftguild.org>

Enchanted Land of Lights and Legends - Regional Park, Pine Bluff
(870) 536-7600

Philanthropic and Social Opportunities

An incomplete but interesting list of miscellaneous examples of fun, organizations and clubs found in central Arkansas:

Arkansas Bar Association (Find a Lawyer)
www.arkbar.com

Arkansas Bicycle Club
www.arkansasbicycleclub.org

Arkansas Bow Hunters Association
www.arkansasbowhunters.org/index2.htm.com

Arkansas Canoe Club
www.arkansascanooclub.com

Arkansas Chapter of The Nature Conservancy
(501) 663-6699 - www.nature.org/states/arkansas

Arkansas Country Dance Society

www.arkansascountrydance.org

Arkansas Fly Fishers

www.affonline.com

Arkansas Historical Association

www.uark.edu/depts/arkhist/home/

Arkansas Master Gardener Program

**[www.arhomeandgarden.org/mastergardener/
who_are_mastergardeners.htm](http://www.arhomeandgarden.org/mastergardener/who_are_mastergardeners.htm)**

Arkansas Medical Society

(501) 224-8967 - **www.arkmed.org**

Arkansas Orchid Society (Meets 3rd Sunday of each month at Christ Episcopal Church - Sixth and Scott streets)

(501) 868-6666

Arkansas Table Tennis Club

Open Play MWF 7-9:30 p.m. - Sherwood Recreation Center
and TTh 4-7 p.m. - St. Luke's Methodist Church
(6401 W. 32nd St. - Little Rock)

Arkansas Young Professionals Network

www.aypn.org/index.asp

Audubon Society of Central Arkansas

www.ascabird.org/

Ballroom, Latin, and Swing Social Dance Association

www.blstdance.org

Big Brothers and Big Sisters

(501) 374-6661 - **www.bbbsca.org**

Boy Scouts of America

(501) 664-4780 - **www.quapawbsa.org**

Central Arkansas Astronomical Society

(501) 664-2662 -

**[www.caasastro.org/welcome-to-the-central-arkansas
-astronomical-society](http://www.caasastro.org/welcome-to-the-central-arkansas-astronomical-society)**

Central Arkansas Recreational Pedalers

www.carpclub.com

Girl Scouts of America
(501) 758-1020 - www.gsocar.org

Habitat for Humanity
(501) 3791580 -
www.habitat.org/cd/frame/frameset.aspx?url=www.habitatpulaski.org

Junior League of Little Rock
(501) 375-5557 - www.jllr.org

Kiwanis Club of West Little Rock
www.kiwaniswlr.org

League of United Latin American Citizens (LULAC 750)
Charles Cervantes, (501) 219-2460
P.O. Box 55103, Little Rock, AR 72215
www.lulacarkansas.com

Little Rock Athletic City Leagues
(501) 371-6855

Little Rock Dog Training Club
(501) 562-3100 - www.littlerockdogtrainingclub.com

Little Rock Folk Club
www.lrfolkclub.org

Little Rock Road Runners
P.O. Box 250229, Hillcrest Station, Little Rock, AR 72225
www.arkrrca.com/LRRRindex.php

Little Rock Rotary Club
www.littlerockrotary.org

Little Rock Science Fiction Society
www.lrsfs.org

Humane Society of Pulaski County
(501) 227-6166 - www.warmhearts.org

Lions Club
www.arkansaslions.com

Mothers of Preschoolers
www.littlerockkids.com/parents/hobbies/mops.html

Parents without Partners
(501) 568-4476

Sierra Club of Arkansas
(501) 301-8280 - <http://arkansas.sierraclub.org>

Southwest Writers Group
(501) 565-3075

Twins Plus Club
(501) 407-0898

UAMS Housestaff Spouses' Auxiliary
www.uams.edu/gme/support_groups.htm

International Resources

Please call the Office of Faculty Affairs at **(501) 526-4685** if you need additional information from what is listed below.

If you want to meet people from your country who have lived in Little Rock for some time, get in touch with the Arkansas Council for International Visitors, which is part of the University of Arkansas. They will be able to give you names of individuals and organized groups from your country. This organization can also connect you with a volunteer who would be glad to give you a tour of Little Rock.

The Arkansas Council for International Visitors
University of Arkansas at Little Rock
Telephone: (501) 569-3282

UAMS Immigration Office: www.uams.edu/ohr/imm.asp

For general immigration information, go to
www.immigration.com/linkstosites.html

Ethnic Medical Information and Cross Cultural Health:
<http://ethnomed.org>

UAMS Medical Interpreters Program:
Angelina Levitskaya (501) 686-6556

UAMS Diversity Manager
Carmelita Smith - (501) 603-1316
www.uams.edu/ohr/dvrsty.asp

Markets - Food and Shopping

African

Miles African Caribbean Food Store
8211 Geyer Springs Road, Suite P2
Little Rock, AR 72209
(501) 562-7211 or (501) 590-1534

Asian

Asian Foods & Gift Shop
3002 S. University Ave.
Little Rock, AR 72204
(501) 562-4087

Asian Groceries
9100 Rodney Parham Road
Little Rock, AR
(501) 221-9977

Oriental Food Store
408 W. Main St.
Jacksonville, AR
(501) 982-9102

Sam's Oriental Store
3704 S. University Ave.
Little Rock, AR 72204
(501) 562-2720

Vietnam Market
8521 Geyer Springs Road
Little Rock, AR 72209
(501) 565-4577

European

Silvek's European Bakery
1900 Polk (inside Kroger in the Heights)
Little Rock, AR 72207
(501) 661-9699

Indian

Indian Grocers

11121 N. Rodney Parham Road, Suite 3-4a
Little Rock, AR 72212
(501) 227-8203

Hispanic

San Jose Grocery Store and Bakery

7411 Geyer Springs Rd.
Little Rock, AR 72209
(501) 565-4246

Taqueria Karina Restaurant & Tortilla Factory

5309 W. 65th St.
Little Rock, AR 72209
(501) 562-3957

La Potosina

5412 Baseline Road
Little Rock, AR 72209
(501) 565-1238

La Regional

7414 Baseline Road
Little Rock, AR 72209
(501) 565-4440

International

Ten Thousand Villages International Free Trade Market

President Clinton Ave.
Little Rock, AR

Russian

International Food Bazaar

Russian grocery store in Memphis (Owners - Zoya and Oleg)
8046 Willow Tree Lane
Cordova, TN 38018
(901) 737-6511 (phone)
(901) 737-1388 (fax)

Fresh & Organic (local)

Farmer's Market

2nd Presbyterian Church
8700 N. Rodney Parham
Little Rock, AR 72206
(501) 227-6034

Farmer's Market (downtown river market)

www.rivermarket.info

Fresh Market

www.freshmarket.com

Wild Oats

10700 N Rodney Parham
Little Rock, AR
501-221-2331

International Organizations

Baha'I

Baha'I Faith

511 N. Pine St.
Little Rock, AR 72205
(501) 666-7867
www.bci.org/littlerock

Buddhism

Ecumenical Buddhist Society of Little Rock

1015 Second St.
Little Rock, AR 72201
(501) 376-7056
www.ebslr.org
e-mail: ebs@aristotle.net

Zen Center of Hot Springs

Hot Springs National Park
207 Ledgerock Road
Hot Springs, AR 71913
(501) 767-6096
Contact: Howard Lee Kilby

Chinese

Little Rock Chinese Immanuel Baptist Church

501 N. Shackleford Road
Little Rock, AR 72211
(501) 376-3071
www.lribcc.org
e-mail: contact@lribcc.org
or contact Vivian at pspann@swbell.net

French

French Club of Little Rock
Contact: Robert Reis
Office (501) 257-5560
Cell (501) 960-3031
rjsr@uams.edu

German

German-American Club of Little Rock
Leon Bartlett, President
5813 Alta Vista Drive
North Little Rock, AR 72118
www.oktoberfestlr.org

Greek and Middle Eastern

Annunciation Greek Orthodox Church
(501) 221-5300
www.orthodoxchurch.com

Greek Food Fest
1100 Napa Valley Drive
Little Rock, AR 72211
www.littlerock.about.com/cs/festivals/aagreek.htm

Hinduism

Sri Sathya Sai Baba Center of Little Rock
4119 Longview Road
Little Rock, AR 72207
(501) 960-0958

Vedanta Society of Arkansas
Little Rock, AR - vendantasocietyofarkansas@yahoo.com

Hispanic

El Latino (Hispanic newspaper)
201 E. Markham St.
Little Rock, AR 72201
(501) 374-0853

Inglesia deCristo en Levy - Jose Martinez
5124 Camp Robinson
North Little Rock, AR 72118
(501) 753-4860

Inglesia deCristo en Mabelvale - Wayne Brewer
10820 Mabelvale West Road
Mabelvale, AR 72103
(501) 455-2548

Saint Edward Catholic Church
Masses in Spanish
801 Sherman St.
Little Rock, AR 72202
(501) 374-5767

Parish of St. Theresa, Church of the White Flower
Masses in Spanish
www.sttheresaschurch.org

La Casa Outreach - Little Rock
(501) 664-3500

Indian

Friends of India
P.O. Box 23115
Little Rock, AR 72221-3115
www.friendsofindialr.org/
UAMS contact: Varisha Kaushal

Interfaith

Arkansas Interfaith
P.O. Box 151
Scott, AR 72142
(501) 961-2626

Mosaic Church of Central Arkansas
6420 Colonel Glenn Road
Little Rock AR 72204
(501) 562-3336
www.mosaicchurch.net

International

Little Rock International Church Outreach Community Center
Kelly Ward, director and pastor
Spanish-speaking services
620 E. 15th
North Little Rock, AR 72114
(501) 537-1270

International Radio

KABF 88.3 FM - (501) 372-6119

For schedule - www.kabf.org

Islamic

Islamic Center for Human Excellence

1717 Wright Ave.

Little Rock, AR

(501) 372-1942

Islamic Center of Little Rock

3224 Anna Road

Little Rock, AR 72205

(501) 565-4930

Sr. Clara Muhammad School

1219 W. Charles Bussey Ave.

Little Rock, AR 72206

(501) 374-1541

Japanese

Japan-American Society of Arkansas

Arkansas International Center - UALR

2801 S. University Ave.

Little Rock, AR 72204

(501) 569-3282

Whnunn@ualr.edu

Judaism

Ati Day School

3700 N. Rodney Parham Road

Little Rock, AR 72212

(501) 221-1614

Jewish Federation of Arkansas

1501 N. Pierce St.

Little Rock, AR 72205

(501) 663-3571

Jewish War Veterans (Arkansas Division)

J.W.V. Post 436 QMSTR

1504 Kavanaugh Blvd.

Little Rock, AR 72205-4326

(501) 663-3571

Lubavitch of Arkansas
11905 Fairview Rd.
Little Rock, AR 72227
(501) 217-0053

Synagogue Agudath Achim
7901 W. Fifth St.
Little Rock, AR
(501) 225-1683

Temple B' Nai Israel
3700 N. Rodney Parham Road
Little Rock, AR
(501) 225-9700

Korean

Korean Disciple Church
600 Kirby Road
Little Rock, AR 72211
(501) 228-1077

Korean First Baptist
323 West Main
Jacksonville, AR 72076
(501) 982-2782

First Korean Presbyterian
4821 S. University Ave.
Little Rock, AR
(501) 562-4959

Hope Korean United Methodist
9000 S. Hwy. 161
Jacksonville, AR 72076
(501) 985-3180

Native American

Trail of Tears Association
1100 N. University, Suite 143
Little Rock, AR 72207
(800) 441-4513
(501) 666-9032

Native American Radio
KABF 88.3 FM - Schedule: www.kabf.org

Nigerian

Arkansas Association of Nigerians

P.O. Box 1925

Little Rock, AR 72203

www.nigeriamasterweb.com/ArkNigAssoc.html

Philippine

Arkansas Philippine Association

P.O. Box 2217

Little Rock, AR 72203

Elsa Bayani at (501) 758-8998 or (501) 681-9441



Getting to Know UAMS



UAMS
MEDICAL
CENTER

UNIVERSITY OF ARKANSAS
FOR MEDICAL SCIENCES

The University of Arkansas for Medical Sciences



The University of Arkansas for Medical Sciences (UAMS) is the

state's only comprehensive academic health center, with five colleges, a graduate school, a comprehensive medical center and a statewide network of regional health centers.

UAMS was founded in 1879 as a proprietary medical school and is now a part of the University of Arkansas System. It has about 2,430 students in six academic units:

- College of Medicine: www.uams.edu/com
- College of Health Related Professions: www.uams.edu/chrp/default.asp
- College of Nursing: www.nursing.uams.edu
- College of Pharmacy: www.uams.edu/cop
- College of Public Health: www.uams.edu/coph
- Graduate School: www.uams.edu/gradschool

UAMS is one of the state's largest public employers with more than 9,400 employees. UAMS and its affiliates have an annual economic impact in Arkansas of \$5 billion.

Based in Little Rock, UAMS Medical Center combines the resources of a state-of-the-art hospital and outpatient center with the clinics of the Arkansas Cancer Research

Center, Harvey and Bernice Jones Eye Institute, Donald W. Reynolds Institute on Aging, Psychiatric Research Institute, Myeloma Institute for Research and Therapy, and Jackson T. Stephens Spine & Neurosciences Institute.

Because of its role in education and research, UAMS Medical Center provides many services not typically found at a community-based hospital. And because UAMS physicians are members of the faculty of the UAMS College of Medicine, they are on the forefront of new procedures and treatments. There are nearly 1,000 UAMS physicians who provide medical care to patients at UAMS, Arkansas Children's Hospital and the Central Arkansas Veterans Healthcare System.

UAMS is a state assisted institution but received only 10 percent of its funding from the state of Arkansas in 2006. The other 90 percent was raised through payments for clinical services, philanthropy, sponsored research support and tuition and fees. The majority of the 10 percent of funding UAMS received in its state appropriation was used to educate students.

UAMS Affiliates

1. Arkansas Children's Hospital (ACH)

ACH is one of the 10 largest pediatric hospitals in the United States, with a facility that boasts an internationally renowned reputation for intensive treatments, unique procedures and forward-thinking research.

The Arkansas Children's Heart Center pediatric heart transplant program was named one of the 10 best in the nation by the U.S. Department of Health and Human Services in the vital areas of one-year survival rate and speed of transplant receipt. ACH is the only hospital in the state that performs pediatric heart transplants.

ACH offers a state-of-the-art, intensive-care transport system for bringing critically ill newborns and children from their referring hospitals. Angel One Transport consists of three ground ambulances, two twin-engine Sikorsky helicopters and a medically equipped fixed-wing aircraft. ACH is one of only a handful of centers in the United States that can perform mobile ECMO. ECMO is a treatment that uses mechanical devices to supply oxygenated blood to the body when it is incapable of performing the task. ACH is one of a select few USDA-funded human nutrition research centers and houses one of only two pediatric nutrition centers in the United States. It is

the only center in the nation that conducts research on the effects of early dietary intervention on the prevention of chronic illnesses. It is also one of only a few fully accredited pediatric sleep disorder centers in the United States.

ACH has a medical staff of approximately 500 and is the comprehensive clinical, research and teaching affiliate of UAMS. Through this partnership with UAMS, ACH is the site of pediatric training for medical and nursing students, postdoctoral residents and paramedical professionals. More than 11,440 patients are admitted each year. There are almost 40,000 visits to the Emergency Department and more than 250,000 outpatient visits made to the hospital's 70+ specialty clinics annually. For more information, visit the Web site at www.archildren.org.

2. Central Arkansas Veterans Healthcare System (CAVHS)

The Central Arkansas Veterans Healthcare System (CAVHS), a flagship Department of Veterans Affairs (VA) healthcare provider, is one of the largest and busiest VA medical centers in the country. Its two hospitals, located in Little Rock and North Little Rock, anchor a broad spectrum of inpatient and outpatient healthcare services, ranging from disease prevention through primary care, to complex surgical procedures, to extended

rehabilitative care. This System serves as a teaching facility for more than 1,500 students and residents enrolled in more than 65 educational programs; its principal affiliate is the University of Arkansas for Medical Sciences. CAVHS is reaching out to veterans through its Community-Based Outpatient Clinics in Mountain Home, El Dorado, Hot Springs, and Mena, its Home Health Care Service Center in Hot Springs, and a VA Drop-In Day Treatment Center for homeless veterans in downtown Little Rock. Throughout its rich 84 year history, CAVHS has been widely recognized for excellence in education, research, and emergency preparedness, and -first and foremost -for a tradition of quality

and caring for Arkansas veterans. For more information, visit www1.va.gov/directory/guide/facility.asp?ID=74&divisionId=ALL

3. Area Health Education Centers (AHECs)

Charles Cranford, D.D.S., M.P.A. (501) 686-526
Vice Chancellor for Regional Programs www.uams.edu/ahec

The AHECs, established in Fayetteville, Fort Smith, El Dorado, Jonesboro, Helena, Pine Bluff and Texarkana, are a vital part of the UAMS system. They provide a rural health care aspect to university education, and all but Helena offer their own family practice residency programs.

General Information

ID Badges and Parking Cards

ID badges are required and must be returned upon leaving UAMS. For access to secure areas, call or e-mail Michael Grimes, Security Division head, (UAMS Police Department), at (501) 686-7777.

Institution	ID Badge Information	Parking Cards
UAMS	Photos Mon. 3 p.m. - 4p.m. Tues 8:00 – 8:30 a.m. Thurs. 8:30 a.m. - 9 a.m. ED II, G102 (501) 686-5570	Covered Reserve - \$656 Call or visit Web site for other rates. (501) 686-7275 www.uams.edu/parking
ACH	Call Human Resources at (501) 364-1167	Call (501) 320-3747
VA	Call Human Services Monday or Thursday at (501) 257-6289	Call Security Services at (501) 257-6550

UAMS Tools and Forms: <http://intranet.uams.edu/tools.htm>

UARK Federal Credit Union

Ground floor of the hospital, G112 (near the cafeteria)
Monday - Friday 8:30 a.m. - 4:30 p.m.
For more information, call (501) 686-6419 or go to:
www.uarkfcu.com

UAMS Bookstore

200 Hooper Dr., west of the College of Public Health
Judy R. Smith, Director
Hours are Mon.-Fri., 8 a.m. to 4:30 p.m.
10 percent discount for students with ID
Call (501) 686-6160 or (877) 266-5550, go to:
www.uamsbookstore.com

UAMS Mail Room

Shorey Building, Ground Floor, Room G900
James L. Jones, General Manager - (501) 686-6122
www.uams.edu/mailcntr/UAMSMPC.html

For all mail processing information: **www.uams.edu/mailcntr/Mailpr.Htm**
To find mail slot numbers: **www.uams.edu/mailcntr/Alpha-Table.Doc**

The UAMS Mail Room sells stamps and takes personal mail. It handles and processes all incoming mail, prepares outgoing mail for the U.S. Postal Service, provides mail services within the campus, and supports the hospital and campus for all mailing needs.

UAMS Department of Telecommunications

Holly Naramore, Director
(501) 686-6420

Telecommunications provides service in the areas of telephones, cabling, and paging. Research products, request service, get telephone, Black-berry, and voice mail instructions from your desk.

<http://intranet.uams.edu/uamsphone>

Food Vendors on Campus

Cafeteria	Hospital, Ground Floor 6 to 10 a.m.; 10:45 a.m.-3:30 p.m.; 4:30-8 p.m.
Deli Signatures	Hospital, Ground Floor 10:45 a.m. to 4:30 p.m. (Mon.-Fri.)
OPC Cart	Outpatient Center, First Floor 7 to 9:30 a.m. & 10:30 a.m. to 1:30 p.m.
Gourmet Bean	Ward Tower, First Floor 6:30 a.m. to 4 p.m. (Mon.-Fri.) 10 p.m. to midnight www.uams.edu/nutrition/hours.asp
Boulevard Bread Co.	College of Public Health building, First Floor 7 a.m. to 3 p.m. (Mon.-Fri.)
D's Catering	Institute on Aging 8 a.m. to 2 p.m. (501) 526-6441
Vending Machines	Hospital, Ground Floor Library, First Floor College of Public Health building, First Floor
Gift Shops	UAMS Ward Tower, First Floor (501) 686-5519 ACRC First Floor (501) 686-5588 ACH Front Lobby (501) 364-1209 VA First Floor (501) 257-1000

For hospital and clinical information, campus telephone numbers, campus maps, billing questions, patient education, UAMS Online and more, go to the intranet at www.uams.edu or call **(501) 686-7000**.

UAMS Emergency Phone Numbers and Codes Resources

<http://www.uams.edu/safety/Safety-EmergencyContact.aspx>

Biohazard Waster Team, Infection Control, Chemical Spill, Police, Fire, Emergency Response Team, Code Blue, Poison Control, Radiation Safety

The Office of Communications & Marketing

Pat Torvestad, Vice Chancellor
Leslie Taylor, Associate Vice Chancellor
Tim Irby, Assistant Vice Chancellor

This office is responsible for all use of the UAMS name, with few exceptions. It works with faculty and staff of all colleges, departments and divisions to develop and coordinate all communications (printed brochures, flyers, advertisements, etc.).

The office also coordinates all contact with and from the media, manages the UAMS Web site (www.uams.edu), and purchases all UAMS advertising and marketing to the public and referring physicians.

Faculty should refer all calls and requests from the media to (501) 686-8998 or to leslie@uams.edu. For more information on communications and media policies, www.uams.edu/AdminGuide/Win13101.html.

Libraries

UAMS Library

Education Building II
Mary Ryan, M.L.S., M.P.H., Director
www.library.uams.edu

Departments	Phone	Specialty
Circulation	(501) 686-5980	Copy cards, check-out materials, laptop checkout
Reference Desk	(501) 686-6734	Ask a reference question, library education, literature searching requests
Interlibrary Loan	(501) 686-6742	Request articles from other libraries
Learning Resource Center	(501) 686-6752	Student testing, computer aided instruction, 24-hour computer lab, PDA services, audiovisuals
Historical Research Center	(501) 686-6733	UAMS and Arkansas Medical History

Hours Monday-Thursday 7:30 a.m. - midnight
Friday 7:30 a.m. - 6 p.m.
Saturday 9 a.m. - 6 p.m. Sunday 2 p.m.- midnight

Check website for holiday schedule: www.library.uams.edu/AboutLib/hour.aspx

If you have any questions about new information resources, services and training opportunities for individuals or campus groups, please consult with one of the campus Liaison Librarians. For a complete list, see the following Web page: <http://www.library.uams.edu/AboutLib/Liaison.aspx>.

UAMS Library Teaching Resource Center

Sponsored by the Teaching and Technology Committee and supported by the UAMS Library Learning Resource Center (LRC), the Teaching Resource Center (TRC) allows faculty how to use current, powerful equipment and software with the guidance of skilled LRC staff. Located on the third floor of the UAMS Library, the TRC has five different workstations, each dedicated to different functions including digital video editing, scanning, and digital image editing. Impatica for PowerPoint, Impatica OnCue, Adobe Creative Suite, and Remark are also available. No appointments are necessary. Call Heather Smith (501) 686-8116 or Fred Bassett (501) 686-5428 for more information.

IOA Re-Center <http://centeronaging.uams.edu/recenter/default.asp>

UAMS Library inSORS Access Grid Video Conference Center

The inSORS Access Grid Video Conference Center is available for faculty use with a reservation. The inSORS Access Grid uses a suite of hardware, software and audiovisual tools to facilitate collaborative group experiences over Internet 2. The UAMS Library inSORS Access Grid Video Conference Center allows for participation in video conference events (general meetings, lectures, seminars, tutorials and conferences) worldwide. Call Heather Smith (501) 686-8116 or Fred Bassett (501) 686-5428 for more information or to reserve the facility.

Arkansas Children's Hospital (ACH) Library

http://www.archildrens.org/resources/medical_library.asp

Location	Phone
Sturgis Bldg., First Floor (S126)	(501) 364-1801
Hours Monday - Friday	8 a.m. - 4:30 p.m.

The collection consists of journals and monographs with a major focus on pediatrics. The library also houses a family resource collection containing pediatric consumer health information for patients and families, as well as recreational reading for children. For more information, contact Lily Liu at (501) 364-1801.

VA Libraries

Location	Phone
LR - Room 7D120	(501) 257-5620
Hours Monday - Friday	7 a.m. - 4:00 p.m.
NLR - Room GH103	(501) 257-2550
Hours Monday - Thursday	7:30 a.m. - 11:30 a.m.
Friday	8 a.m. - noon

The Arts of UAMS Committee

This committee works to see that the faculty, staff, students and others associated with UAMS have another fringe benefit: the ability to exhibit their works of art and have them viewed and appreciated. The works can be photography, oil, water color, fiber art, etc. They are exhibited in the Arts of UAMS exhibit area on the second floor of the UAMS Library. Exhibits change every two months. For more information, call Connie Wilson at 686-6735.

Office of Academic Services

Kenneth Wagner, Ph.D.

Associate Vice Chancellor - (501) 686-5575

The Office of Academic Services (**OAS**) (ED II Bldg., Room 8/145) coordinates support services to faculty, staff and students in the five colleges, the graduate school and the hospital. The OAS support units are Teaching Lab Support, Instrumentation Lab Repair, Telemedical Communications (Interactive Video), Room Scheduling and Audiovisual Services. All support unit information is available by contacting Dr. Wagner or visiting the OAS home page at www.uams.edu/oas/

NOTE: The UAMS campus calendar is available on the UAMS home page at www.uams.edu/news/calendar.asp. Please use and consult this calendar before scheduling an event that might conflict with other colleges.

Viewing of daily room schedules in ED II, COPH, IOA, ACRC and BRC are available on the Web at rooms.uams.edu.

Room Scheduling	686-5575
Audiovisual Support	686-5555
Telemedical Comm.	686-7292
Instrumentation Repair	686-5062
Teaching Lab Support	686-5064

Information Technology/ Computing Services

Kari Cassel, Chief Information Officer - (501) 686-7609
<http://intranet.uams.edu/IT/>

Information Technology - (501) 686-8555

- 24-Hour Technical Support Center (help desk)
- Desktop computer support
- IT Security support (for Viruses, Spyware, Security Incidents, etc.)
- E-mail and network administration and management
- Web/client-server programming services
- Technical server support (mainframe, Unix, Linux, Mac, Windows)
- Clinical/patient information system support
- Support for UAMS business information systems
- Web-casting support
- Telemedicine/video-conferencing support

Telecommunications - (501) 686-6420

- UAMS telephones, cell phones, fax lines, pagers, cables

Academic Computing - (501) 686-5477

- Computer lab support
- Support for academic information systems
- Exam scoring and services
- Assistance with computer-based learning and testing resources

The UAMS Technical Support Center is the most useful resource for computers and related services. For hardware and software assistance, visit the UAMS Intranet at <http://Intranet.uams.edu>, select “Help” and fill out a Web request for service. You may also e-mail the center at tech-supportcenter@uams.edu or call (501) 686-8555.

At ACH, call (501) 364-111 to reach the ACH Help Desk, which provides support and technical assistance for desktop computers, printers and software applications.

How to Obtain:

More Information

Go to the UAMS Intranet and select IT or type in <http://Intranet.uams.edu/IT/>, then click on the “IT Policies” link under “About Us” for important instructions about information confidentiality, security and other IT-related policies.

Hardware and/or Software

Purchase through IT Client Services (ITCS). Call or e-mail the Tech Support Center. IT MUST be included in all software system evaluations and purchases and provides contracting, purchasing, implementation and integration assistance.

Standard microsoft software, anti-spyware and anti-virus software is available for download from ITCS, and other software may be bought at greatly reduced prices. Contact the Tech Support Center or the UAMS Bookstore for academic discount prices.

Computer Training

Contact the Clinical Computer Training Center at (501) 686-8966, e-mail at cctc@uams.edu or visit the Web site at www.uams.edu/cctc.

E-mail/Calendar

E-mail/calendar accounts are automatically created for all staff contingent upon being entered into the Human Resources system and signing a confidentiality agreement. The e-mail system can be used remotely through “RAS” or “VPN.” Instructions are available on the Intranet under “Help” or IT, or by using the e-mail Web access system (select “E-mail Login” from the UAMS Intranet or “For Faculty and Staff” and “E-mail” from the UAMS Internet page). For more information, contact the Tech Support Center or select “Help” from the UAMS Intranet.

Office of Educational Development

Diane Heestand, Ed.D., Director

The Office of Educational Development (OED) helps faculty and students with their educational programs. OED oversees the Learner Assistance Program (LAP) for students who are “at risk” in any of the UAMS programs. LAP includes individual counseling, peer tutoring and Web-based tutorials. OED also provides the following consultation to teaching faculty:

- Teaching methods
- Curriculum and course development, including Web-based learning
- Educational program evaluation
- Student assessment
- Survey design
- Use and interpretation of statistics in education

-
- Educational research
 - Web-based learning program design
 - Educational technology integration and evaluation
 - Technology-based data collection methods
 - Design of course and instructor rating systems

To contact the OED, call (501) 686-5720, visit the office on the ground floor of the Shorey Building, Room G305, or visit the Web site at www.uams.edu/oed/oed.htm.

Creative Services

Education Building II Basement Level- (501) 686-5570
www.creativeservices.uams.edu

UAMS Creative Services is your resource for all your communications needs and offers the following services:

- **Graphic Design** – classroom materials, announcements, invitations, brochures, booklets, business cards, stationery, calligraphy, certificates, logos, seals, forms, newsletters, special reports, scientific posters and presentations.
- **Photographic Services** – medical photography, event photography, executive portraiture and public relations photography.
- **Printing Services** – booklets, brochures, forms, newsletters, stationery, business cards, catalogs and high-speed digital printing.
- **Television and Audio Services** – classroom and event videography, audio narration and recording, videos, interactive multimedia production, CD and DVD duplication and video tape format conversion.
- **Web Design** – design, construction and maintenance of Web sites, Flash animation, database design and programming.
- **Media Productions** – PowerPoint presentations; writing, editing and proofreading; trade show display design, production and rental.
- **Document Management** – high-speed scanning to PDF or Word formats.

Employee Services

Office of Human Resources

Hosea Long, Assistant Vice Chancellor - (501) 686-7085

www.uams.edu/ohr - Main number - (501) 686-5670

Comprehensive information for managers:

www.uams.edu/ohr/Manager's_Information.asp

Information regarding UAMS policies, procedures, events, job openings, training opportunities, and all benefits and discounts can be found on the Web site and at the office, which is located in the Barton Research Building room 1R/08. To request a UAMS Staff Handbook, which contains all the terms of your employment, call the main number.

Faculty Assistance Through the Arkansas Employee Assistance Program (AEAP)

The Arkansas Employee Assistance Program (AEAP) provides counseling, information and referral (if indicated) for faculty, staff, and their spouses and dependents who experience some form of personal distress. This service is free (pre-paid by UAMS, no co-pay, not connected with insurance) and confidential (AEAP records are self-contained and are not part of the hospital charts or HR records) and provides brief solution-focused interventions for a variety of personal concerns. AEAP also has a management consultation component that addresses workplace wellness, consultation over workplace issues and training. For more information, call (501) 686-2588 or visit the Web site at www.uams.edu/eap.

UAMS Diversity Committee

Carmelita Smith, Diversity Manager - (501) 603-1316

The chancellor's Diversity Committee members represent UAMS. They are charged with the responsibility of developing, implementing and evaluating a strategic diversity process for the institution. The UAMS diversity process is committed to nurturing a community that incorporates the values and contributions of multiculturalism into all aspects of UAMS life. The goals are to:

- Recognize and cultivate diversity by implementing cultural awareness and educational programs.
- Promote valuing and managing diversity to advance the success of every employee, student and patient, as well as UAMS.
- Establish accountability for diversity at each level of management for the incorporation of diversity objectives into the daily operation.

Diversity training for senior administrators, supervisors, faculty, staff and students is available. Special programs and activities to celebrate the myriad dimensions of diversity on this campus are scheduled throughout the year.

For information, visit the Web site www.uams.edu/ohr/rsty.asp
For fun, check your cultural adroitness with “Addressing People from
Different Cultures” at www.uams.edu/ohr/dvrsty7.asp

UAMS Quick Emergency Guide and campus safety manuals:
www.uams.edu/safety/default.asp

Family Medicine Services

(same day service)

Special primary care services for UAMS Employees and their families

UAMS Family Medical Center (on the corner of 6th and Elm streets)
Monday - Friday: 8:00 am to 4:30 pm. (501) 686-6560

UAMS College Of Medicine Student Wellness Program

Medical Director: Linda Worley, MD
Lead Therapist: Barbara Baldwin, LCSW
Clinical Staff: Dayna Hughes, MD, Robert Jarvis, MD
and Janice Summerhill, LPC
Program Manager: Ms. Meshelle Helms

Introduction: The UAMS Student Wellness Program (student mental health program) is a preventative service created to provide short term, confidential assistance for students who are actively enrolled at UAMS (Little Rock Campus). The purpose of this service is to provide the necessary tools for students to achieve their fullest potential.

Students seek help for depression, anxiety, grief, relationship conflicts, academic difficulties and numerous other issues interfering with their maximal functioning. Seeking care through the service is absolutely confidential. The only exceptions to the strict code of confidentiality (as required by law) include homicidality (planning to kill someone else, or being so severely impaired that patients in your care are in jeopardy), suicidality (planning to kill self) and child abuse. Record keeping is also strictly confidential within the student wellness program and does not go into the campus wide UAMS medical record.

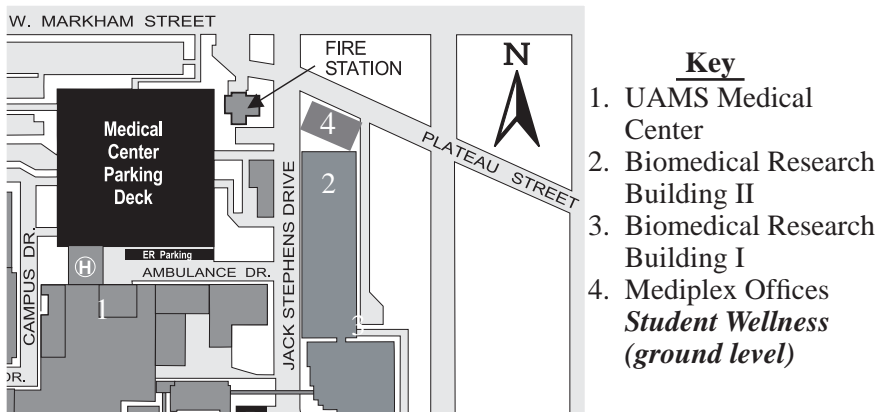
For short term treatment, there is no financial cost to students seeking care. The service is made possible through the support of the Dean of the College of Medicine, the Chancellor of UAMS, and a portion of the student health fee. A utilization report is generated annually to justify continued funding

for the service. This report may contain the number of students utilizing the service and describe the types of problems students seek help for. Specific identifying information about students is not released. Due to the high volume of utilization, students are urged to keep an appointment once it is made or cancel as far as possible in advance to allow other students timely access to services.

Hours: The Student Wellness Program can be reached by telephone at (501) 686-8408 between 7:45 AM to 4:15 PM Monday through Friday. Students are seen by appointment only. To schedule a confidential appointment, telephone the program manager, Ms. Meshelle Helms at (501) 686-8408. Inform her of the type of problem you are having and how urgently you feel the need to be seen. This will allow Meshelle to triage urgent situations immediately and/or schedule you with the most skilled clinician for your particular problem. For an after hour emergency, telephone the UAMS operator at (501) 686-7000 identify yourself as a UAMS student with an emergency and request the operator to page the UAMS Department of Psychiatry resident on call.

Location: The Student Wellness Program is located at 201 Jack Stephen's Drive, in a two story grey building. The office suite is on the street level. Ring the doorbell for entry. Parking is available immediately out front in reserved parking spaces #15, 17, 19 and 20 for the duration of the appointment (only). Unauthorized vehicles are ticketed and towed to insure parking spaces for those coming for appointments.

Map to Student Wellness Program:



College of Medicine Alumni Association

Judith K. McClain, Executive Director
(501) 526-4330 www.uams.edu/com/alumni

The College of Medicine Alumni Association (formerly known as the Arkansas Caduceus Club) works with students, alumni and departments in the COM to fund equipment and programs that help to assure the best in physician education. Current support includes Alumni Weekend, student scholarships, Day with a Doctor, Match Day, Senior Week activities, Senior Award and College of Medicine Freshman Family Weekend.

UAMS Ethics Consultation Service

The UAMS Ethics Consultation Service (ECS) provides assistance for patients, families, surrogates, health care providers and other parties in addressing uncertainty or conflict regarding ethical issues that emerge in health care. The ECS can be consulted through informal conversations or with a formal consult documented in the patient's chart. The ECS follows a strict confidentiality code in its consultation process, and is available 24 hours a day, seven days a week. To access this service, page (501) 405-8134. More information is available online at www.uams.edu/humanities/ecs/.

Faculty & Staff Ethics Education

The UAMS, College of Medicine's Division of Medical Humanities (DMH) provides educational opportunities for the faculty and staff of UAMS. Along with presentations by DMH faculty at various clinical grand rounds, DMH sponsors each month the Third Wednesday Ethics Discussions (TWEDs) as well as First Tuesday Ethics Discussions (FTEDs) at Arkansas Children's Hospital. Further, DMH offers quarterly Medical Humanities Grand Rounds presented by UAMS faculty and nationally recognized experts. More information about all these educational opportunities is available by calling 501-661-7970 or www.uams.edu/humanities.

UAMS office#: 501-296-1745, x1333

ACH office#: 501-364-2136. Interested in Ethical Issues in Pediatric Medicine? Check out the Pediatric Ethics Consortium

www.pediatricethics.org

For Your Professional Development



Office of Continuing Medical Education and Faculty Affairs

Jeannette M. Shorey II, M.D., Associate Dean
Glenda J. Cooper, M.A., Director, Faculty Affairs
Linda L. Worley, M.D., Director, Faculty Wellness Program
Connie Albert, B.A., Faculty Appointments and Database Manager
(501) 526-4661 mail slot 849

Office of Faculty Affairs: The “go to” place for faculty needs

- Information and resources about how to live happily in Little Rock and UAMS
- Guidance about the application of the College of Medicine Promotion and Tenure Policy
- Faculty appointments and support for the promotion and tenure process
- The annual Professional Development Day Program (Dec. 10, 2007)
- The Absolutely Unofficial Faculty Handbook or FIGS Book (Fill in the Gaps) for new faculty, residents, post-docs, and recruits
www.uams.edu/facultyaffairs/newfaculty%20and%20orientation/default.asp
- New faculty orientation and recruitment assistance
- International Faculty Directory of Resources
- Speaker’s Bureau on topics of faculty development
- Staff work for the six committees of the Women’s Faculty Development Caucus
- Maintenance of FacFacts, the new faculty database
- Home of JFR, Justification for Recruitment database
- Faculty Satisfaction Survey with AAMC and COACHE - 2007
- Faculty Development Liaison Committee – a continuing needs assessment tool
- Faculty Welcome and Exit Meetings
- Manage the Council of Department Chairs biennial faculty meetings
- Counseling and coaching about “difficult situations” in the course of academic life
- Academic policies and grievance procedures
- New faculty retirement program

For more information, call **Glenda J. Cooper** at **(501) 526-4685** or visit www.uams.edu/facultyaffairs

The UAMS College of Medicine Faculty Wellness Program

Faculty Wellness Program was launched in March, 2006 to support the overall professional health of our faculty. Promoting the vitality and health of faculty members contributes to a thriving institution.

The service is directed by Linda Worley, M.D., a psychiatrist with a background in faculty development and the overall wellbeing of health care providers. She provides confidential wellness consultations for College of Medicine Faculty.

Available services include executive consultation / coaching, career planning, negotiation tips, relational / interpersonal consultation, organizational strategies as well as confidential mental health consultations and referrals when indicated. In addition, the service provides an emergency contact for College of Medicine Faculty.

To reach the service during business hours, telephone (501) 686-8408. For after hour emergencies page the UAMS Department of Psychiatry Faculty member on call @ (501) 686-7000 (www.uams.edu/facultyaffairs/default.asp).

Office of Continuing Medical Education (OCME)

Jeannette M. Shorey II, M.D., Associate Dean
Alicia Edmiaston, Director
(501) 661-7962, fax (501)661-7968
for questions email CME@uams.edu

- Maintains accreditation from the Accreditation Council for Continuing Medical Education (ACCME) so that the UAMS College of Medicine faculty members who wish to offer CME credits to physicians who attend continuing education activities may apply for and award those credits
- Offers full meeting planning and management services for CME conferences, workshops, or seminars.
- Tracks CME credits for College of Medicine physicians' attendance of regularly scheduled or formal conferences held on or off campus, for which AMA PRA Category 1 (tm) credits are awarded by the UAMS College of Medicine OCME ; credit history is preserved for six years
- Prepares physicians' CME "transcripts" upon request

For more information and to register in the CME database so that your CME credits will be logged, call (501) 661-7962 or visit www.uams.edu/cme for the CME calendar and forms and policy.

Women's Faculty Development Caucus

Jeannette M. Shorey II, M.D., Associate Dean - (501) 526-4685

Organized in 1989 by Debra Fiser, M.D., Dean, College of Medicine, the caucus continues work, such as mentoring and career development, to help women rise through the ranks of academic medicine. The caucus, a nationally recognized and awarded organization for leadership, provides networking, leadership and mentoring opportunities for all College of Medicine women faculty and residents.

WFDC is responsible for an annual Professional Development Day, the Multispecialty Panel for students, support of the American Medical Women's Association student group, the creation of the Graduate Career Day, informal mentoring of students and housestaff, this handbook, and the annual Outstanding Woman in Medicine Award.

All women faculty are members upon appointment and are encouraged to work with the caucus on committee functions and becoming a member of the Executive Committee.

For more information, call Glenda J. Cooper in the Office of Faculty Affairs at (501) 526-4685 or visit www.uams.edu/facultyaffairs/wfdc.asp

WFDC Officers 2007-2009

President: Mary Aitken, M.D., M.P.H.

Vice President: Dana Gaddy, Ph.D.

Secretary/Treasurer: Sara Tariq, M.D.



Center for Diversity Affairs

Billy Thomas, M.D., Associate Dean - (501) 686-7299
www.uamsoma.org

Established in 1976, this office identifies, nurtures and recruits economically and educationally disadvantaged students to all colleges on the UAMS campus, with a special focus on the College of Medicine. Through outreach programs in grades K-12, the mission of this office is the reduction of health disparities and improve equity and quality of care through the promotion and support of institutional diversity through the recruitment and retention of medical students, residents and faculty from groups underrepresented in medicine. For more information, call Bill Bauknight, M.S., director, Center for Diversity Affairs (501) 686-5358.

The Faculty Diversity and Community Outreach Committee was designed to substantially increase minority faculty recruitment and retention at UAMS through networking, mentoring and skills building. For more information, call Charlotte Williams, M.P.H., at (501) 526-6630.

Recruitment for Diversity Director, Vivian Flowers, MPS
(501) 526-7343

The Director of Recruitment for Diversity coordinates and strengthens the diversity recruitment activities for all UAMS colleges – Medicine, Health Related Profession, Pharmacy, Nursing, Public Health, and the Graduate School. She directs the activities of the staff in the participating colleges already devoted to diversity affairs, and concentrates the resources of those colleges to focus efforts at both student and faculty recruitment.

Teaching Scholars Program

The Teaching Scholars Program is a faculty development program administered by the Office of Educational Development. The program seeks to improve UAMS educational programs by improving the educational skills of its faculty. This program provides education and skills about adult learning, principles of teaching and learning, development of curricula and instructional materials, and educational research.

For more information, call **Diane Heestand, Ed.D.** or **Anna Moses, M.Ed.** at (501) 686-5720 or visit the Web site at www.uams.edu/teachingscholars

Promotion and Tenure

At the start of your academic career, you must act knowledgeably and intentionally if you want to be promoted and granted tenure. Pay attention to your environment and remember that it is your career to protect and foster. Upon appointment, you will receive a letter telling you how to find the current promotion and tenure document, the explanatory cover page and other tracking forms. Begin recording your academic activities immediately. Upon arrival at UAMS, call (501) 526-4661 to make an appointment for a welcome session in the Office of Faculty Affairs. Attend promotion and tenure workshops, faculty meetings and guest lectures, and network inside and outside your department as much as possible.

Promotion and tenure information is located here:

www.uams.edu/facultyaffairs/promotionandtenure/default.asp

What You Need to Know

1. Your Appointment Track. The tenure choices are Basic Scientist, Clinical Scientist and Clinical Educator. The non-tenured tracks are Research Scientist and Clinical Attending. Appointments are made on an annual basis. If you are not clear about your track, find your letter of appointment, call your department administrator or call Connie Albert in the Office of Faculty Affairs at **(501) 526-4684**.

2. Can I Change Tracks? If you believe you are in the wrong track, you have a one-time option to request an evaluation of your track before the end of 36 months. If your chairman and the dean approve, you may be reassigned to another track. Once this change is made, it is final. Promotion and tenure and appointment procedures information, links to faculty handbooks, and guides to policy information is located here:

www.uams.edu/facultyaffairs/promotionandtenure/default.asp

3. Who Determines How My Time is Allocated? Your chairman should meet with you before your initial appointment to outline your responsibilities and expectations. You must understand what percentage of your time should be devoted to research, teaching, clinical activities and service, so you can plan accordingly. In some of the larger departments, the division director may make these determinations. Be sure you know and document your time accordingly. If, for example, your agreement with your chairman states that 50 percent of your time shall be committed to research, your productivity should reflect that.

4. What is Tenure, and What is the “Tenure Clock”? Tenure grants a faculty member the right of continuous appointment and is discussed in the Faculty Handbook, which can be reviewed at www.uams.edu/academicaffairs/facultyresources/. You must be a full-time employee on a tenure track to be eligible for tenure. You might say that the years prior to tenure are your probationary period and that the granting of tenure marks the end of probation. You must gain tenure within seven years of your initial appointment. If you have not been granted tenure by the beginning of your sixth year, the seventh year is considered a terminal year.

The tenure clock begins with your initial appointment, which must be at the level of assistant professor or above to trigger the clock. The academic year begins July 1. As of 1997, if you were appointed between July 1 and Dec. 31, that period of time counts as a year. If you were appointed between Jan. 1 and June 30, it is not counted as a year. Prior to this change, any appointment before July 1 counts as a full year on the tenure clock, and you are under that rule if you received your initial appointment at that time.

Pearls of Wisdom

1. There are four dimensions of career development:
 - Deciding
 - Designing
 - Doing
 - Documenting
2. Put the cover sheet of the promotion and tenure document on your computer and organize your CV appropriately. Get the Educator’s Portfolio and Faculty Log from the Faculty Affairs Web site and <http://www.uams.edu/facultyaffairs/Promotionandtenure/default.asp>. Update your CV and activity records regularly. The Association of American Medical Colleges (AAMC) has a very useful Web site designed to help new faculty build a CV. Please visit: <http://www.aamc.org/members/facultydev/modules/cv/cv.htm>
3. Document the time you spend teaching, and keep your student and resident evaluations. Make sure you have student/housestaff/graduate student and postdoctoral evaluations! Ask for help from the Office of Educational Development if your evaluations don’t show how well you do in relation to other faculty in your department. This is very important!
4. Seek help from your chairman and/or the Faculty Affairs Office when the time comes to prepare your promotion and tenure packet.
5. Find people to advise and mentor you. The Office of Faculty Affairs offers advising services, and the Women’s Caucus has a mentor-

ing program for junior women faculty. Call **Glenda J. Cooper** at **(501) 526-4685** for more information. **Joan Cranmer, Ph.D.**, in the Department of Pediatrics is a great mentoring resource for pediatric faculty and may be reached at **(501) 364-2986**.

6. Researchers: Connect immediately with someone who has expertise in navigating the UAMS system for hiring personnel and purchasing equipment and supplies. Connect with the dean for research, the Research Council and the Office of Research Administration for assistance.
7. Colleagues can give you good, critical feedback regarding papers and grants. Be a good academic citizen; ask questions, go to faculty meetings and NETWORK.

Research Information

Research and academic scholarship are high priorities for the College of Medicine. Within the College of Medicine, all matters related to research are handled by Drs. Lawrence Cornett and Aubrey Hough in consultation with Dean Deborah Fiser. Together they oversee and assure optimal infrastructure for the conduct and development of both basic and clinical research. For assistance in establishing your research program or navigating the various offices and support services for research contact:

Executive Associate Dean for Research, College of Medicine
Lawrence E. Cornett, Ph.D. - (501) 686-5347

Associate Dean for Translational Research, College of Medicine
Aubrey J. Hough, M.D. - (501) 686-5369

Tim Atkinson, Ed.D., Director & Research Privacy Officer
(501) 686-8845

Intramural Funding Sources

The College of Medicine offers grant support in five categories, with applications due April 1 and Oct. 1, except for bridging grants, which are accepted on a rolling basis:

- Pilot Study Grant
- Equipment Grant
- Hornick Grant (Stroke-Related)
- Bridging Grant

For more information, contact the associate dean for research administrator, **Linda Laney Rogers**, Research Council Biomedical Research Center, Room 105 - **(501) 686-5347**.

Biostatistics

UAMS Biostatistics is jointly administered by the Colleges of Medicine and Public Health. While administered by two colleges, the unit functions as one Department with Paula K. Roberson, Ph.D. serving as the Chair. Members of the

Biostatistics faculty and research staff collaborate with investigators and research programs across the UAMS campus, and the VA. They assist investigators with varied research interests, including cancer, neurosciences, psychiatry, aging, ophthalmology, pharmacology and various public health disciplines.

UAMS Biostatistics offices are located on the 3rd floor of the College of Public Health building in Suite 3215. You may call 296-1556 to schedule an appointment with one of our faculty or staff members. For more information, visit:

<http://www.uams.edu/biostat/>

Vice Chancellor for Academic Affairs and Research Administration

L.D. Milne, Ph.D., coordinates the Medical Research Endowment Awards, which are due June 30. Funding priorities are requests for seed funding, multiple-user equipment, and interdepartmental and intercollegiate programs.

Regulatory Review Committees and Contacts

Institutional Review Board - (501) 686-5667

<http://www.uams.edu/irb/IRB.asp>

(forms, tutorials, guidebooks)

Jennifer Sharp, J.D. - (501) 686-5502

or Tim Atkinson, Ed.D. - (501) 686-5502

Office of Research Compliance - (501) 526-8062 Jennifer Sarp, J.D.

Institutional Animal Care and Use - (501) 686-5347 Linda Laney-Rogers

Radiation Safety - (501) 686-5299 Carol Price

Biohazards and rDNA - (501) 686-6368 Lee Soderberg, Ph.D.

- Arkansas Children's Hospital Research Institute
(501) 364-1100

Thomas Wells, M.D. - <http://achri.archchildrens.org>

- VA - (501) 257-4857

Diane Earnest

Useful Research Web Sites:

- **Directory of research services**

www.uams.edu/research/services.asp

- **Forms, tutorials, guidebooks, etc.**

www.uams.edu/irb/IRB.asp

- **Intranet for researchers**

www.research.uams.edu

- **The latest in research at UAMS**

www.uams.edu/research/

- **Office of Research Compliance**

www.uams.edu/orc/

- **Biomedical Biotechnology Center**

www.uamsbiotech.com/

- **Research Core Facilities**

www.research.uams.edu/research/facilities.asp

Arkansas Science and Technology Authority

ASTA offers grant support for basic and applied research and technology development and also makes seed capital investments in new technology companies. For the applied grants, the principal investigator must identify an industry sponsor to provide matching funds in exchange for state income tax credits. Application deadlines are Feb. 1, June 1 and Oct. 15 for basic research grants; there are and no deadlines for applied grants.

Visit www.accessarkansasscience.org or call (501) 324-9006 for more information.

Office of Grants and Scientific Publications

Jan Wojcik, M.Ed., Director

ACRC, Trailer # 4 - (501) 686-6004

www.acrc.uams.edu/cancer_research/ogsp_services.asp

The Office of Grants and Scientific Publications (OGSP) works with UAMS faculty investigators to help them obtain extramural grant funding, to increase their chances of publishing research results in peer-reviewed journals, and to prepare documents that can increase grant funding and/or improve the health of Arkansans. OGSP provides its editorial and grant/manuscript preparation services as an administrative unit of the Arkansas Cancer Research Center (ACRC). The OGSP staff also support faculty by offering workshops on grant writing and current grant related topics.

UAMS BioVentures

Michael G. Douglas, Ph.D., Director, - (501) 686-6696

The UAMS Biomedical Biotechnology Center established UAMS BioVentures to facilitate the startup of new technology-based business enterprises and to enhance the growth of job opportunities in Arkansas. UAMS BioVentures is the technology licensing office of UAMS and provides a university-hosted business incubator program to benefit the State's economy.

For more information, visit: <http://www.uams.edu/bioventures/>

Research Collaboration

College of Medicine - Dean's Research Liaison

Linda D. Williams, M.S.- (501-686-7418) facilitates connections between clinical and academic research faculty members by developing/investigating

potential collaborative relationships where desirable and of mutual interest. By considering Arkansas researchers as members of a statewide consortium (think tank) that share strengths (e.g. methods, equipment, samples, etc.), the likelihood of obtaining multi-disciplinary federal/foundation funding is much improved. To achieve this goal, the following activities are underway:

- Augment UAMS mission via increased communication between UA campuses and outreach sites/programs
- Create a research environment without communication barriers to facilitate the study/work of UAMS graduate students, residents, postdoctoral fellows, clinicians, and scientists;
- Coordinate principal investigators at UAMS and other Arkansas institutions, and facilitate research connections, training programs, and clinical trials;
- Update the statewide Research Communities funding/collaboration website (<https://secureresearchlink.uams.edu>).

Clinical Information

**Charles W. Smith, M.D., Executive Associate Dean for Clinical Affairs
College of Medicine Dean's Office (501) 686-7360**

Clinical Policies and Procedures

A listing of clinical program policies and procedures can be found at www.uams.edu/UH/policy/pp-toc.htm.

Hospital Formulary - <http://pharmacy.uams.edu/formulary>

Physician Relations

Physician Relations was established as a liaison service between UAMS physicians and referring physicians. In 2006, Physician Relations visited 440 Arkansas referring physicians. MDLink, providing referring physicians internet access to their patients' medical records, went live and has enrolled 450 physicians. Physician Relations coordinates the following projects: UAMS Consult – publication for referring physicians, faculty & residents; new faculty announcement card; Directory for Referring Physicians; The Clinical Update – electronic clinical newsletter to faculty and residents; Quick Reference for Referring Physicians; and other special projects for the COM. Please call: Melanie Meyer, Director, UAMS Physician Relations - 686-8206

Hospital Credentialing - This is where you may obtain forms for hospital credentialing. Contact Sandra Hatley - (501) 686-8977

Office for Clinical Trials

OCT represents a joint effort by UAMS, the VA and ACH to create an optimal environment in which industry-supported clinical trials involving new drugs, devices and biologics will be conducted by highly trained, qualified investigators in accordance with appropriate federal, state and local laws, regulations and guidelines. Emphasis will be placed on improving work processes, developing tools to assist investigators and coordinators, and providing training and support for less-experienced investigators. Contact **Julia Washam** at (501) 686-8572.

Center for Clinical Skills Education (CCSE)

The UAMS Standardized Patient Program was established in 1993 to train lay people to portray patients with various medical problems. The CCSE provides medical students with the opportunity to practice communication, interviewing and diagnostic skills with the standardized patients. Faculty members offer feedback to medical students about their performance in these critical areas. The center is located on the eighth floor of the College of Public Health. For more information, visit the Web site at www.uams.edu/csc or call **Mary Cantrell, MA**, director, at (501) 686-8792.

UAMS Family Home

The mission of the UAMS Family Home is to operate a facility that will provide affordable lodging in a home-like setting for cancer patients and parents of premature infants being cared for at the UAMS Medical Center and to provide a cancer support center where education, fellowship and nurturing can take place in a supportive atmosphere.

The UAMS Family Home is located at 4300 W. Markham St., directly across the street from UAMS. It is a private, non-profit home that provides affordable lodging for parents who have babies in the UAMS neonatal intensive care unit and for cancer patients receiving outpatient treatment at the Arkansas Cancer Research Center. The neonatal wing contains five bedrooms with baths, a kitchen/TV area, and a laundry room. The cancer patient wing has ten bedrooms with baths, two kitchens, and a meditation room.

If you are interested in volunteering your time or financial support to the UAMS Family Home, please call the Coordinator at (501) 978-2900, fax (501)978-2921 You can also visit our Web site at www.uams.edu/familyhome.

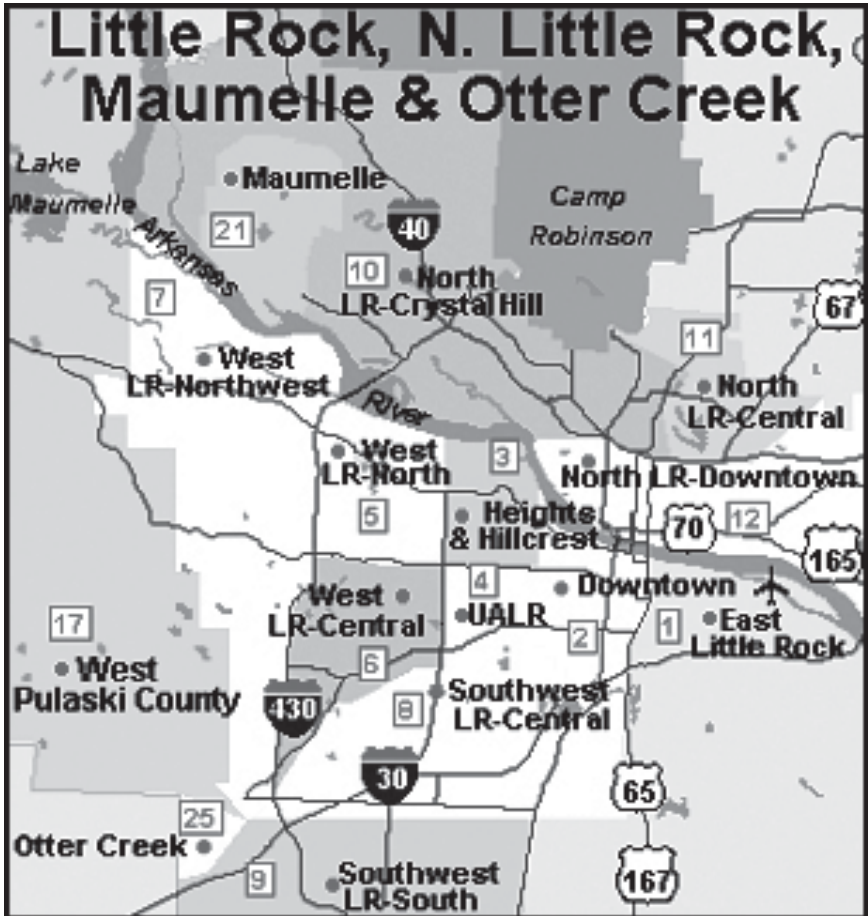
Appendix



UAMS Publications

ACH Content for Physicians http://www.archildrens.org/medical_services/content_physicians.asp	(501) 364-1100
College of Medicine Buzz www.uams.edu/update/absolutenm/templates/buzz/buzz_archive.asp	(501) 526-7414
College of Medicine Magazine www.uams.edu/COM/Mag/default.asp	(501) 526-7414
Housecall: A Chancellor's Publication http://www.uams.edu/news/housecall_mag/	
In the News: UAMS news features http://www.uams.edu/in_the_news/	
Office of Educational Development Notes www.uams.edu/oed/oed.htm	(501) 686-5720
Office of Research and Sponsored Programs: Funding Reports http://www.uams.edu/orsp/index.shtm	(501) 686-5502
Directory for Referring Physicians www.uams.edu/today/021501/directory.htm	(800) 942-8267
Research Administration Guide	(501) 686-8845
Resident Handbook www.uams.edu/gme/toc.htm#TableofContents	(501) 296-1159
Student Handbook www.uams.edu/com/students/STDMAN06.pdf	(501) 686-6680
Campus Calendar http://calendar.uams.edu/day.php	(501) 686-5686
UAMS Faculty Handbook www.uams.edu/academicaffairs/facultyresources/UA-responsibilities.asp	(501) 686-8185
UAMS Library News www.library.uams.edu	(501) 686-5980
UAMS Today www.uams.edu/today	(501) 686-8995
UAMS Update www.uams.edu/info/update.htm	(501) 686-8993

Map of Little Rock and North Little Rock Neighborhoods



UAMS Campus

Patient Care Buildings

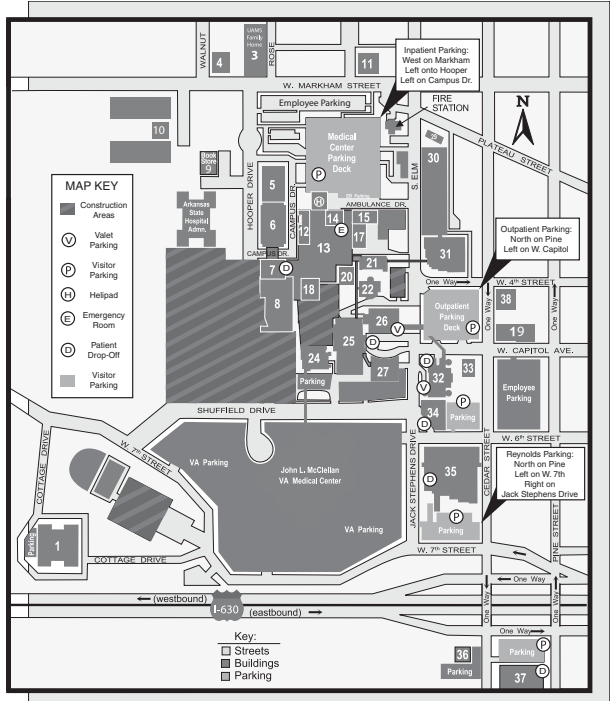
- 8. Harry P. Ward Tower
- 13. UAMS Medical Center
- 14. Emergency Room
- 19. Psychiatric Research Institute (PRI) Temporary Location
- 20. PET Scanner
- 22. MRI, Gamma Knife
- 24. UAMS/CARTI
- 25. Outpatient Center (OPC)
- 26. Arkansas Cancer Research Center (ACRC)
- 27. Harvey & Bernice Jones Eye Inst.
- 32. Jackson T. Stephens Spine & Neurosciences Inst.
- 34. Family and Preventive Medicine
- 35. Donald W. Reynolds Institute on Aging
- 37. UAMS Women's Clinic & Pulaski County Community Health Unit

Education Buildings

- 5. College of Public Health (COPH)
- 6. ED II (Library, Colleges of Nursing & Pharmacy)
- 7. Shorey Building (Colleges of Medicine & HRP)
- 9. Bookstore
- 10. Residence Hall
- 36. ED South (CHRP Departments)

Research Buildings

- 21. Barton Research Building
- 30. Arkansas Biosciences
- 31. Biomedical Research Building I
- 38. BioVentures



Administration & Support Services

- 1. Distribution Center, UAMS Police
- 2. Fullerton Center
- 3. Family Home
- 4. Human Resources Office
- 11. Westmark Building (Patient Accounts, Procurement)
- 12. Chancellor & AHEC Administration
- 15. Computing Building
- 16. Boiler House
- 17. Physical Plant Office
- 18. Cafeteria
- 28. Paint Shop
- 29. Mediplex Offices
- 33. Outpatient Center Administration

For more UAMS maps go to www.uams.edu/maps.htm

Sponsors

Advisor Alliance

Private Money Management

Jim Edmiaston

Toll Free: (800) 985-4385

Cell: (479) 283-6515

jedmiaston@advisoralliance.us

Arvest Bank

Chad Oglesby

Vice President/Private Banking

Office: (501) 379-7948

coglesby@arvest.com

The Janet Jones Company Realtors

Susan Marlowe, Relocation Director

Office: (501) 224-3201

Toll Free: (800) 775-4687

www.janetjones.com

susanm@janetjones.com

McKay and Company

Nancy Dutton, Relocation Director

Office: (501) 225-0010

Toll Free: (800) 666-2212

www.mckayandcompany.com

ndutton@mckayandcompany.com

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Office of Faculty Affairs

Women's Faculty Development Caucus

Glenda J. Cooper, MA,

Director and Editor

(501) 526-4685

www.uams.edu/facultyaffairs