

Office of Human Resources

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www.uams.edu/ohr



Date: November 4, 2009
To: UAMS Employees

This is your chance to change your benefits for 2010

Please review the enclosed *Open Enrollment for 2010 Benefits* information carefully. It details each of your benefits and describes the changes you can make. December 18, 2009 is the deadline to make benefit changes that would take effect on January 1, 2010. Of particular note:

We are having open enrollment for our Medical and Dental plans this year. Also open enrollment for the Vision plan and Flexible Spending Accounts.

Flexible Spending Accounts are the only benefit you have to renew each year. Unless you make changes to your other benefits, your current insurance coverage will automatically carry over into 2010.

You will receive more detailed information about the Medical and Dental open enrollment in your campus mail box. Benefits information will also be posted on our website, www.uams.edu/ohr -- click on *Benefit Open Enrollment*.

Did you receive your Benefits Statement that shows your benefit elections as of October 1? We suggest you have this on hand so you can compare your current benefits with the new options.

If you have questions or need help with your benefit changes, please contact Human Resources-Employee Services at (501) 686-5650.



Mark your calendar!

The Employee Benefits fair is Wednesday, Nov 18, 9-3:30, ground floor Ed II.

4:30 pm, Friday, Dec 18 is the deadline for Human Resources to receive your 2010 benefit change forms. This is also the last day you can enroll in a 2010 flexible spending account.